MANITOBA 2000 FOOD PRODUCTS DIRECTORY











PARTICIPATING COMPANIES

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Legislative Building Winnipeg, Manitoba, CANADA R3C 0V8

The 2000 Manitoba Food Products Directory brings together the very best products from Manitoba's food sector. The directory is designed to help members of the food industry make the contacts that are key to their success, and to capitalize on Manitoba's advantages and reputation.

The *Directory* features comprehensive listings of Manitoba food products, processors, manufacturers, wholesalers, brokers, marketing boards and producer associations. Inside, you will find information on a vast selection of high-quality processed foods and commodities with a reputation for excellence in the international food marketplace.

It is our sincere hope that the information in this edition will be helpful and valuable for your enterprise. Manitoba's reputation for high-quality, our strategic location and the wealth of products the agri-food industry generates have opened up the world marketplace to our province.



Mary Ann Mihychuk Minister

Manitoba Industry, Trade and Mines

Russ Wawchik

Rosann Wowchuk Minister Manitoba Agriculture and Food



2000 MANITOBA FOOD PRODUCTS DIRECTORY

This directory provides a comprehensive list of Manitoba food suppliers, brokers, wholesalers and distributors, producer associations and marketing boards, plus research resources.

Listings contain addresses, telephones numbers, fax numbers, company contacts and product lists.

Using the Directory

A Commodity Index and an Index of Suppliers and Brokers have been provided. See Table of Contents for the page numbers of these and other listings.

Current marketing areas are coded after the company name:

R - regional; P - provincial; N - national; I - international.



Codes

- (A) indicates grown and processed in Manitoba.
- (B) indicates processed in Manitoba.
- fi indicates federally inspected meat or poultry plant; approved for international and interprovincial export.
- lists quantities or descriptions in italics after specific item(s).
- indicates Kosher product or Kosher version available.

For information of Kosher authenticity, please contact:

Gabe Brojges
Kashruth Co-ordinator
Vaad Ha'Ir of Winnipeg Inc.
C306-123 Doncaster Street
Winnipeg, Manitoba R3N 2B2
Telephone: 1-(204) 487-9571
Fax: 1-(204) 477-7405
E-mail:
gbrojges@aspercampus.mb.ca

Companies or associations wishing to be included in future editions of this booklet should contact the Market Development and Promotion Section, Manitoba Agriculture and Food, at: 1-(204) 945-5928.

Manitoba's Agricultural



INDUSTRY DEVELOPMENT DIVISION
AND MANITOBA TRADE
(An Agency of Manitoba Industry, Trade and Mines)

If you wish to invest in or expand a Manitoba food processing company, or pursue export food markets, we can help you:

- find information on regulatory and production issues, and strategic export markets
- develop or purchase new technology
- develop business plans and assess your level of export readiness
- meet key overseas contacts, with support of Manitoba's trade agents, to gain access to export markets
- take part in trade shows and missions to targeted regions
- identify and form strategic alliances, at home and abroad.

For more information, please contact:

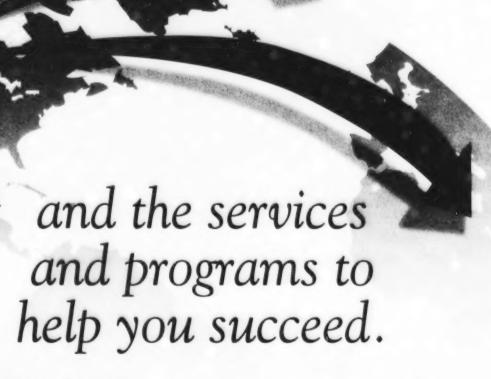
Manitoba Industry, Trade and Mines Industry Development Division 500 - 155 Carlton Street Winnipeg, Manitoba, Canada R3C 3H8 Telephone: (204) 945-5913 Fax: (204) 945-3977



An Agency of Manitoba Industry, Trade and Mines Manitoba Industry, Trade



FOOD PROCESSING INDUSTRIES



MARKET DEVELOPMENT & PROMOTION SECTION Manitoba Agriculture & Food

If you wish to start exporting, or increase sales, to a target agri-food market, our programs can help you:

- · identify promising new markets
- establish a presence in target markets through trade missions and personal contacts
- understand and meet regulatory and trade issues related to target markets
- develop export marketing plans with your company or the Manitoba industry

For more information, please contact:

Manitoba Agriculture and Food Market Development and Promotion Section 903 - 401 York Avenue Winnipeg, Manitoba, Canada R3C 0P8 Telephone: (204) 945-4529 Fax: (204) 945-6134

> Manitoba Agriculture and Food





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This information is available in large print, audiotape or braille upon request.



COMMODITY INDEX

Bakery Products and Supplies

Baba's Joy of Soy

667 Ellice Avenue Winnipeg, Manitoba R3G 0A8 Telephone: 1-(204) 788-1642 Fax: 1-(204) 775-1055 E-mail: ipldesig@escape

Bread & Circuses Bakery Cafe

238 Lilac Street Winnipeg, Manitoba R3M 2T3 Telephone: 1-(204) 477-4555 Fax: 1-(204) 477-2349 E-mail: praroven@escape

Canada Bread Company Limited

820 Berry Street, Suite A Winnipeg, Manitoba R3H 1H2 Telephone: 1-(204) 786-7611 Toll-Free: 1-(800) 665-4849 Fax: 1-(204) 783-8074

City Bread

232 Jarvis Avenue Winnipeg, Manitoba R2W 3A1 Telephone: 1-(204) 586-8409 Fax: 1-(204) 582-2175 E-mail: wsaxler@sonsbakery.ca

Del's Specialty Meats

P.O. Box 209 Letellier, Manitoba ROG 1C0 Telephone: 1-(204) 737-2231 Fax: 1-(204) 737-2080 Toll-Free: 1-(888) 285-3357

Donut House/Cedar Bread Factory

500 Selkirk Avenue Winnipeg, Manitoba R2W 2M7 Telephone: 1-(204) 589-8397 Fax: 1-(204) 582-3606

Du Bois Wild Rice Ltd.

P.O. Box 1762 Winnipeg, Manitoba R3C 2Z9 Telephone: 1-(204) 255-0434 Fax: 1-(204) 255-0434 E-mail: skrzenta@pangea.ca

Empire Spice Mills

908 William Avenue Winnipeg, Manitoba R3E 0Z8 Telephone: 1-(204) 786-1594 Fax: 1-(204) 783-2847

Gourmet Baker Inc.

1535 Inkster Boulevard Winnipeg, Manitoba R2X 1R2 Telephone: 1-(604) 296-1003 Fax: 1-(604) 296-1001

Graham's Groves

Box 6000 Carman, Manitoba ROG 0J0 Telephone: 1-(204) 745-6000 Fax: 1-(204) 745-3177 E-mail: graham_groves@cici.mb.ca

Gunn's Homemade Cakes and Pastry Ltd.

247 Selkirk Avenue Winnipeg, Manitoba R2W 2L5 Telephone: 1-(204) 582-2364 Fax: 1-(204) 582-2546 E-mail: bagelman@escape.ca

Harvest Bakery & Deli

1857A Grant Avenue Winnipeg, Manitoba R2K 1Z2 Telephone: 1-(204) 489-1568 Fax: 1-(204) 489-1381 E-mail: harvest@central.mts.net

J.G. Penner Bakery Ltd.

Box 238 Steinbach, Manitoba R0A 2A0 Telephone: 1-(204) 326-3430 Fax: 1-(204) 326-4607

Jeanne's Bakery Ltd.

931 Notre Dame Avenue Winnipeg, Manitoba R3E 0M8 Telephone: 1-(204) 783-5443 Fax: 1-(204) 772-6862

KUB Bread

626 Stella Avenue Winnipeg, Manitoba R2W 2V6 Telephone: 1-(204) 586-7440 Fax: 1-(204) 586-4848

Mr. D's Tart-n-Pie

1850 Ness Avenue Winnipeg, Manitoba R3J 0Y5 Telephone: 1-(204) 831-9619

My Three Sons Limited

1647 St. James Street Winnipeg, Manitoba R3H 0X1 Telephone: 1-(204) 772-7777 Fax: 1-(204) 772-8500

NP Foods Ltd.

44 Higgins Avenue Winnipeg, Manitoba R3B 0A5 Telephone: 1-(204) 982-4700 Fax: 1-(204) 943-8624



Naleway Foods Ltd.

233 Hutchings Street Winnipeg, Manitoba R2X 2R4 Telephone: 1-(204) 633-6535 Toll-Free: 1-(800) 665-7448 Fax: 1-(204) 694-4310 Web: http://www.naleway.com

Pizzey's Milling & Baking Company

Box 132 Angusville, Manitoba R0J 0A0 Telephone: 1-(204) 773-2575 Toll-Free: 1-(800) 804-6433 Fax: 1-(204) 773-2317 E-mail: linda@pizzeys.com Web: www.pizzeys.com

Prairie Flour Mills Ltd.

Box 301 Elie, Manitoba R0H 0H0 Telephone: 1-(204) 353-2895 Fax: 1-(204) 353-2943 E-mail: flour@whpcn.net

Scott Bathgate Ltd.

P.O. Box 765 149 Pioneer Avenue Winnipeg, Manitoba R3C 2M8 Telephone: 1-(204) 943-8525 Fax: 1-(204) 957-5902 E-mail: scotgate@canpay.com

Stone-Ground Daily Bread

1399 Pembina Highway Winnipeg, Manitoba R3T 2B8 Telephone: 1-(204) 474-5900

Weston Bakeries Ltd.

P.O. Box 831 666 Elgin Avenue Winnipeg, Manitoba R3C 2P7 Telephone: 1-(204) 789-2200

Beverages

Aboriginal Beverage Company Ltd.

70 Arthur Street, Room 480 Winnipeg, Manitoba R3B 1G7 Telephone: 1-(204) 987-2652 Fax: 1-(204) 987-2659

Bridge Brand Food Services Ltd.

2 Hoka Street Winnipeg, Manitoba R2C 3N2 Telephone: 1-(204) 224-0134 Fax: 1-(204) 222-0935

Dada Panir

Volga Enterprises Ltd. P.O. Box 71 1631 St. Mary's Road Winnipeg, Manitoba R2N 3X9 Telephone: 1-(204) 257-3185 1-(204) 256-4559

Fax: 1-(204) 257-3185 E-mail: dadafood@mb.sympatico.ca

Dairyworld Foods

202-1460 Chevrier Boulevard Winnipeg, Manitoba R3T 1Y6 Telephone: 1-(204) 987-6450 Fax: 1-(204) 452-3476

Dominion Malting Limited

953 - 167 Lombard Avenue Winnipeg, Manitoba R3B 0V3 Telephone: 1-(204) 943-0741 Fax: 1-(204) 947-6791 E-mail: malt@dominionmalt.mb.ca Web: www.dominionmalt.mb.ca

Fort Garry Brewing Co. Ltd.

130 Lowson Crescent Winnipeg, Manitoba R3P 2H8 Telephone: 1-(204) 487-3678 Fax: 1-9204) 487-0839

Graham's Groves

Box 6000 Carman, Manitoba R0G 0J0 Telephone: 1-(204) 745-6000 Fax: 1-(204) 745-3177 E-mail: graham_groves@cici.mb.ca

Hanover Springs Ltd.

P.O. Box 20159 Steinbach, Manitoba R0A 2T1 Telephone: 1-(204) 424-5479 Fax: 1-(204) 424-5012

Hendricks Beverage Company, Ltd.

(The HBC Ltd.) Unit 23 1500 Regent Avenue West Winnipeg, Manitoba R2C 3A8 Telephone: 1-(204) 661-5808 Fax: 1-(204) 661-2738

Maple Leaf Distillers

235 McPhillips Street
Winnipeg, Manitoba R3E 2K3
Telephone: 1-(204) 940-7000
Fax: 1-(204) 772-5900
E-mail: protos@autobahn.mb.ca

Pepsi-Cola Canada Beverages

1850 Ellice Avenue Winnipeg, Manitoba R3H 0B8 Telephone: 1-(204) 784-0600 Fax: 1-(204) 783-2173

Rigby Orchards Ltd.

P.O. Box 163

Killarney, Manitoba ROK 1G0 Telephone: 1-(204) 269-6842 Winnipeg Cellular: 1-(204) 781-5638 Winnipeg Fax: 1-(204) 269-6842 Winnipeg



Cereals, Grains and Flours

A.D.M. Milling Co.

7 Higgins Avenue Winnipeg, Manitoba R3B 0A1 Telephone: 1-(204) 925-2100 Fax: 1-(204) 947-1788

Agricore East Special Crops

P.O. Box 488 Carman, Manitoba ROG 0J0 Telephone: 1-(204) 745-6711 Fax: 1-(204) 745-6608 Web: www.agricore.com

Associated Brands

905 Berry Road Winnipeg, Manitoba R3H 0S7 Telephone: 1-(204) 783-1363 Fax: 1-(204) 783-5902

Canadian Wheat Board

423 Main Street

P.O. Box 816 Station Main Winnipeg, Manitoba R3C 2P5 Telephone: 1-(204) 983-3421 Fax: 1-(204) 983-3841 E-mail: cwb@cwb.ca Web: http://www.cwb.ca

Can-Oat Milling Products Inc.

P.O. Box 520 Portage la Prairie, Manitoba R1N 3W1 Telephone: 1-(204) 857-9700 Fax: 1-(204) 857-9500

Catellier Seed Service Inc.

Box 25 Dufrost, Manitoba R0A 0K0 Telephone: 1-(204) 347-5588 Fax: 1-(204) 347-5890 E-mail: pc@mb.sympatico.ca

D & H Thiessen Farms

Box 149 Lowe Farm, Manitoba R0G 1E0 Telephone: 1-(204) 746-8526

Dominion Malting Limited

953 - 167 Lombard Avenue

Winnipeg, Manitoba R3B 0V3
Telephone: 1-(204) 943-0741
Fax: 1-(204) 947-6791
E-mail: malt@dominionmalt.mb.ca
Web: www.dominionmalt.mb.ca

Eidse Family Farms

P.O. Box 607 Morris, Manitoba R0G 1K0 Telephone: 1-(204) 746-8070 Fax: 1-(204) 746-8069 E-mail: dbeidse@mb.sympatico.ca

Emerson Milling Inc.

P.O. Box 424 Emerson, Manitoba ROA 0L0 Telephone: 1-(204) 373-2328 Fax: 1-(204) 373-2537

Escott W. H. Company Ltd.

95 Alexander Avenue Winnipeg, Manitoba R3B 2Y8 Telephone: 1-(204) 942-5127 Fax: 1-(204) 943-5320 E-mail: whescott@escape.ca

Fibrotein Cereal Products

Box 335, 5th Avenue NW Minnedora, Manitoba ROJ 1E0 Telephone: 1-(800) 539-5009 Fax: 1-(204) 867-5257 Web site: www.fibrotein.com

Fresh Hemp Foods Ltd.

Box 2311 Winnipeg, Manitoba R3C 4A6 Telephone: 1-(204) 942-1185 Fax: 1-(204) 956-5984 E-mail: info@hemperor.com Web: www.hemperor.com

Hemp Oil Canada Inc.

P.O. Box 188
Ste. Agathe, Manitoba R0G 1Y0
Telephone: 1-(204) 275-7616
Fax: 1-(204) 261-7270
E-mail: hempoilcan@techplus.com
Web: www.hempoilcan.com

Interlake Forage Seeds

Box 190 Fisher Branch, Manitoba ROC 0Z0 Telephone: 1-(204) 372-6920 Fax: 1-(204) 372-6635 E-mail: kwest@lakeshore.mb.ca

Mondo Foods Company Ltd.

40 Otter Street Winnipeg, Manitoba R3T 4J7 Telephone: 1-(204) 453-7722 Fax: 1-(204) 453-3256

My Three Sons Limited

1647 St. James Street Winnipeg, Manitoba R3H 0X1 Telephone: 1-(204) 772-7777 Fax: 1-(204) 772-8500

Northern Sales Co. Ltd.

135 Lombard Avenue Winnipeg, Manitoba R3B 0T4 Telephone: 1-(204) 949-1456 Fax: 1-(204) 957-0350

Pitura Seed Service*

Box 2 Domain, Manitoba ROG 0M0 Telephone: 1-(204) 736-2849 Fax: 1-(204) 736-2838

Pizzey's Milling & Baking Company

Box 132 Angusville, Manitoba ROJ 0A0 Telephone: 1-(204) 773-2575 Toll-Free: 1-(800) 804-6433 Fax: 1-(204) 773-2317 E-mail: linda@pizzeys.com Web: www.pizzeys.com

Polar Foods Inc.

P.O. Box 293 Fisher Branch, Manitoba ROC 0Z0 Telephone: 1-(204) 372-6132 Fax: 1-(204) 372-6132



Prairie Flour Mills Ltd.

Box 301

Elie, Manitoba R0H 0H0 Telephone: 1-(204) 353-2895 Fax: 1-(204) 353-2943

E-mail: flour@whpcn.net

Roy Legumex Inc.

P.O. Box 40 250 rue Caron

St. Jean Baptiste, Manitoba R0G 2B0

Telephone: 1-(204) 758-3597 Toll-Free: 1-(800) 785-7857 Fax: 1-(204) 758-3260

E-mail: legumex@mb.sympatico.ca Web: http://www.legumex.com

Sabourin Seed Service Ltd.

Box 340

St. Jean Baptiste, Manitoba R0G 2B0

Telephone: 1-(204) 758-3595 Fax: 1-(204) 758-3059 E-mail:sabseeds@mts.net Web: www.mts.net/~sabseeds

United Grain Growers Limited

Forage & Special Crop Services

101 De Vos Road

Winnipeg, Manitoba R3T 5X9 Telephone: 1-(204) 989-5470

Fax: 1-(204) 275-1541

Vita Health Co. (1985) Ltd.

150 Beghin Avenue

Winnipeg, Manitoba R2J 3W2 Telephone: 1-(204) 661-8386

Fax: 1-(204) 663-8386

XCAN Grain Pool Ltd.

1200 - 201 Portage Avenue Winnipeg, Manitoba R3B 3K6 Telephone: 1-(204) 954-1500

Fax: 1-(204) 949-1057

Cheese

Armstrong Cheese Company

Division of Dairyworld Foods

Box 1180

235 Manitoba Road

Winkler, Manitoba R6W 4B2 Telephone: 1-(204) 325-4321

Fax: 1-(204) 325-5739

Bothwell Co-operative Dairy Society Ltd.

Box 119, 61 Main Street N.

New Bothwell, Manitoba R0A 1C0

Telephone: 1-(204) 388-4666 or 1-(204) 388-4906

Fax: 1-(204) 388-4172

E-mail: cheese01@mb.aibn.com

Dada Panir

Volga Enterprises Ltd.

P.O. Box 71

1631 St. Mary's Road

Winnipeg, Manitoba R2N 3X9

Telephone: 1-(204) 257-3185

1-(204) 256-4559

Fax: 1-(204) 257-3185

E-mail: dadafood@mb.sympatico.ca

Dairyworld Foods

202-1460 Chevrier Boulevard Winnipeg, Manitoba R3T 1Y6 Telephone: 1-(204) 987-6450

Fax: 1-(204) 452-3476

Lucerne Foods

A Division of Canada Safeway Limited Cheese Plant

1000 King Edward Street Winnipeg, Manitoba R3H 0R2

Telephone: 1-(204) 631-4440

Fax: 1-(204) 631-4444

Medo-Land Dairy Products

Division of Parmalat

26 Elm Avenue North

Grunthal, Manitoba R0A 0R0 Telephone: 1-(204) 434-6408

Fax: 1-(204) 434-6790

Mondo Foods Company Ltd.

40 Otter Street

Winnipeg, Manitoba R3T 4J7

Telephone: 1-(204) 453-7722 Fax: 1-(204) 453-3256

Oak Island Acres Goat Dairy

P.O. Box 449

Ile des Chênes, Manitoba R0A 0T0

Telephone: 1-(204) 878-2498

Fax: 1-(204) 878-4618

Saputo Foods Ltd.

P.O. Box 127

Souris, Manitoba R0K 2C0 Telephone: 1-(204) 483-3001

Fax: 1-(204) 483-2015

Web: www.saputo.com

To-Le-Do Food Service

143 Henry Avenue

Winnipeg, Manitoba R3B 3G9

Telephone: 1-(204) 956-4177

Fax: 1-(204) 957-1728

Trappist Cistercian Abbey

Box 310

Holland, Manitoba ROG 0X0

Telephone: 1-(204) 526-2000

Coffee

Fresh Hemp Foods Ltd.

Box 2311

Winnipeg, Manitoba R3C 4A6

Telephone: 1-(204) 942-1185

Fax: 1-(204) 956-5984

E-mail: info@hemperor.com

Web: www.hemperor.com

Kraft Canada Inc.

Melrose Coffee Company

2 Scurfield Boulevard

Winnipeg, Manitoba R3Y 1G4

Telephone: 1-(204) 488-3434 Toll-Free: 1-(800) 665-0017

Fax: 1-(204) 488-2964



Sunstone Coffee Roastery

2037 Portage Avenue Winnipeg, Manitoba R3J 0K6 Telephone: 1-(204) 837-1381 Fax: 1-(204) 837-3281

Condiments/Conserves

Aurora Pepper Products Ltd.

92 St. Alphonse Avenue Ste. Anne, Manitoba R5H 1H1 Telephone: 1-(204) 422-9856 Fax: 1-(204) 422-5325

Crampton's Manitoba Maid

Box 173 Starbuck, Manitoba R0G 2P0 Telephone: 1-(204) 735-2479

Elman's Food Products

647 Jarvis Avenue Winnipeg, Manitoba R2W 3B3 Telephone: 1-(204) 586-8485 Fax: 1-(204) 586-7713

Fresh Hemp Foods Ltd.

Box 2311 Winnipeg, Manitoba R3C 4A6 Telephone: 1-(204) 942-1185 Fax: 1-(204) 956-5984 E-mail: info@hemperor.com Web: www.hemperor.com

Miinan Incorporated

250 Rodney Street Headingley, Manitoba R4J 1A8 Telephone: 1-(204) 888-8839

Scott Bathgate Ltd.

P.O. Box 765 149 Pioneer Avenue Winnipeg, Manitoba R3C 2M8 Telephone: 1-(204) 943-8525 Fax: 1-(204) 957-5902 E-mail: scotgate@canpay.com

To-Le-Do Food Service

143 Henry Avenue Winnipeg, Manitoba R3B 3G9 Telephone: 1-(204) 956-4177 Fax: 1-(204) 957-1728

Simple Abundance

Box 45 Gardenton, Manitoba ROA 0M0 Telephone: 1-(204) 425-3627 Fax: 1-(204) 425-3241

Wild West Marketing

Box 22093 B.D.P.O. Brandon, Manitoba R7A 6Y9 Telephone: 1-(204) 727-2340 Fax: 1-(204) 727-2952 E-mail: kurchaba@mb.sympatico.ca

Confectionery

Bond Foods Ltd.

185 Bannatyne Avenue E. Winnipeg, Manitoba R3B 0R4 Telephone: 1-(204) 957-1545 Fax: 1-(204) 947-2044

Krave's Candy Co.

45 Durand Road Winnipeg, Manitoba R2S 3T1 Telephone: 1-(204) 654-1361 Fax: 1-(204) 654-1376 Toll-Free: 1-(800) 357-6867 Web: www.kraves.com

Morden's of Winnipeg Candy Mfg. Ltd.

674 Sargent Avenue Winnipeg, Manitoba R3E 0A6 Telephone: 1-(204) 783-4551 Fax: 1-(204) 783-4217

Progress Candy (1977) Ltd.

207 - 209 Jarvis Avenue Winnipeg, Manitoba R2W 2Z9 Telephone: 1-(204) 586-8027 Fax: 1-(204) 586-8028

Scott Bathgate Ltd.

P.O. Box 765 149 Pioneer Avenue Winnipeg, Manitoba R3C 2M8 Telephone: 1-(204) 943-8525 Fax: 1-(204) 957-5902 E-mail: scotgate@canpay.com

The Danish Mermaid Ltd.

433 Broadway Avenue P.O. Box 1089 Killarney, Manitoba R0K 1G0 Telephone: 1-(204) 523-8109 Fax: 1-(204) 523-8383

Dairy

Bridge Brand Food Services Ltd.

2 Hoka Street Winnipeg, Manitoba R2C 3N2 Telephone: 1-(204) 224-0134 Fax: 1-(204) 222-0935

Dada Panir

Volga Enterprises Ltd.
P.O. Box 71
1631 St. Mary's Road
Winnipeg, Manitoba R2N 3X9
Telephone: 1-(204) 257-3185
1-(204) 256-4559
Fax: 1-(204) 257-3185
E-mail: dadafood@mb.sympatico.ca

Dairyworld Foods

202-1460 Chevrier Boulevard Winnipeg, Manitoba R3T 1Y6 Telephone: 1-(204) 987-6450 Fax: 1-(204) 452-3476

Jackson & Son Distributors -Flin Flon, The Pas Division of Beatrice Foods Inc.

P.O. Box 68 9 Timber Lane Road Flin Flon, Manitoba R&A 1M6 Toll-Free:1-(888) 297-2172 Fax: 1-(204) 687-8223

Lucerne Foods

A Division of Canada Safeway Limited Ice Cream Plant 1000 King Edward Street

Winnipeg, Manitoba R3H 0R2 Telephone: 1-(204) 631-4440 Fax: 1-(204) 631-4444



Medo-Land Dairy Products Division of Parmalat

26 Elm Avenue North Grunthal, Manitoba R0A 0R0 Telephone: 1-(204) 434-6408

Fax: 1-(204) 434-6790

Mondo Foods Company Ltd.

40 Otter Street Winnipeg, Manitoba R3T 4J7 Telephone: 1-(204) 453-7722 Fax: 1-(204) 453-3256

Notre Dame Creamery Ltd.

Box 158 Notre Dame de Lourdes, Manitoba ROG 1M0 Telephone: 1-(204) 248-2212

Fax: 1-(204) 248-2532

Parmalat Dairy & Bakery Inc. Fluid Operations

738 St. Joseph Street Winnipeg, Manitoba R2H 3A3 Telephone: 1-(204) 233-1441 Fax: 1-(204) 231-0709

Parmalat Canada - Morden Division of Beatrice Foods Inc.

P.O. Box 547 180 - 5th Street Morden, Manitoba R6M 1A6 Telephone: 1-(204) 822-6136

Parmalat Foods Inc.

P.O. Box 238 St. Claude, Manitoba R0G 1Z0 Telephone: 1-(204) 379-2571 Fax: 1-(204) 379-2110

Parmalat Canada - Beatrice Foods - Thompson

3 Nelson Road Thompson, Manitoba R8N 0B3 Telephone: 1-(204) 677-2326

Egg Products

Ackron Egg Farms Ltd.

Box 20666 Steinbach, Manitoba ROA 2T2

Telephone: 1-(204) 326-5509 Fax: 1-(204) 326-6626

Burnbrae Farms Limited Processing Plant

1710 Wellington Avenue Winnipeg, Manitoba R3H 0E6 Telephone: 1-(204) 783-5359 Fax: 1-(204) 774-5055 Grading Plant 500 Pandora Avenue West Winnipeg, Manitoba R2C 1N1 Telephone: 1-(204) 222-2783 Fax: 1-(204) 224-0046 Web: www.bumbraefarms.com

Canadian Inovatech Inc.

70 Irene Street
Winnipeg, Manitoba R3T 4E1
Telephone: 1-(204) 477-1830
Fax: 1-(204) 475-7740
Web: http://www.inovatech.ca

Countryside Farms

Box 809 Steinbach, Manitoba R0A 2A0 Telephone: 1-(204) 284-0632 Winnipeg Direct or 1-(204) 326-4313

Grand Valley Eggs Ltd.

Fax: 1-(800) 718-EGGS (3447)

340 Park Avenue East Brandon, Manitoba R7A 7A7 Telephone: 1-(204) 727-5740 Fax: 1-(204) 726-0404

My Three Sons Limited

1647 St. James Street Winnipeg, Manitoba R3H 0X1 Telephone: 1-(204) 772-7777 Fax: 1-(204) 772-8500

Quack Farm

704 Lockport Road Lockport, Manitoba R1A 3H9 Telephone: 1-(204) 482-5342 E-mail: fbald@mb.sympatico.ca

Fats and Oils

B.D.C. Commodity Export Ltd.

45 Allenford Drive West St. Paul, Manitoba R4A 2A5 Telephone: 1-(204) 334-3921 Fax: 1-(204) 334-6182 E-mail: dcouch@wpcusrgrp.org

CanAmera Foods

406-1780 Wellington Avenue Winnipeg, Manitoba R3H 1B3 Telephone: 1-(204) 925-4500 Fax: 1-(204) 925-4503

Fresh Hemp Foods Ltd.

Box 2311 Winnipeg, Manitoba R3C 4A6 Telephone: 1-(204) 942-1185 Fax: 1-(204) 956-5984 E-mail: info@hemperor.com Web: www.hemperor.com

Hemp Oil Canada Inc.

P.O. Box 188
Ste. Agathe, Manitoba ROG 1Y0
Telephone: 1-(204) 275-7616
Fax: 1-(204) 261-7270
E-mail: hempoilcan@techplus.com
Web: www.hempoilcan.com

Maple Leaf Meats Inc.

P.O.Box 70 Winnipeg, Manitoba R3C 2G5 Telephone: 1-(204) 233-2421 Fax: 1-(204) 233-5413

Mondo Foods Company Ltd.

40 Otter Street Winnipeg, Manitoba R3T 4J7 Telephone: 1-(204) 453-7722 Fax: 1-(204) 453-3256



My Three Sons Limited

1647 St. James Street Winnipeg, Manitoba R3H 0X1 Telephone: 1-(204) 772-7777 Fax: 1-(204) 772-8500

Pitura Seed Service*

Box 2 Domain, Manitoba ROG 0M0 Telephone: 1-(204) 736-2849 Fax: 1-(204) 736-2838

To-Le-Do Food Service

143 Henry Avenue Winnipeg, Manitoba R3B 3G9 Telephone: 1-(204) 956-4177 Fax: 1-(204) 957-1728

Fish

Arctic Aquafarms

Box 51 Garson, Manitoba R0E 0R0 Telephone: 1-(204) 268-3327 Fax: 1-(204) 338-0656

Elman's Food Products

647 Jarvis Avenue Winnipeg, Manitoba R2W 3B3 Telephone: 1-(204) 586-8485 Fax: 1-(204) 586-7713

Freshwater Fish Marketing Corporation

1199 Plessis Road Winnipeg, Manitoba R2C 3L4 Telephone: 1-(204) 983-6483 Fax: 1-(204) 983-6497

Gimli Fish Market

596 Dufferin Avenue Winnipeg, Manitoba R2W 2Y9 Telephone: 1-(204) 589-3474

Independent Fish. Co. Ltd.

941 Sherbrook Street Winnipeg, Manitoba R3A 1N3 Telephone: 1-(204) 774-4547 Fax: 1-(204) 772-2717

Mariner Neptune Fish & Seafood Company Ltd.

472 Dufferin Avenue Winnipeg, Manitoba R2W 2Y6 Telephone: 1-(204) 589-5341 Fax: 1-(204) 582-8135

Mondo Foods Company Ltd.

40 Otter Street Winnipeg, Manitoba R3T 4J7 Telephone: 1-(204) 453-7722 Fax: 1-(204) 453-3256

Food Service Products

Bridge Brand Food Services Ltd.

2 Hoka Street Winnipeg, Manitoba R2C 3N2 Telephone: 1-(204) 224-0134 Fax: 1-(204) 222-0935

Frozen Foods

B.D.C. Commodity Export Ltd.

45 Allenford Drive West St. Paul, Manitoba R4A 2A5 Telephone: 1-(204) 334-3921 Fax: 1-(204) 334-6182 E-mail: dcouch@wpcusrgrp.org

Bridge Brand Food Services Ltd.

2 Hoka Street Winnipeg, Manitoba R2C 3N2 Telephone: 1-(204) 224-0134 Fax: 1-(204) 222-0935

Creative Food Products

35 Winfield Way Winnipeg, Manitoba R2R 1V8 Telephone: 1-(204) 694-9390

McCain Foods Ltd.

P.O. Box 220 Portage la Prairie, Manitoba R1N 3B5 Telephone: 1-(204) 857-9761 Fax: 1-(204) 857-9207

Midwest Food Products Inc.

P.O. Box 70 1 1/2 miles south of Carberry on Hwy #5 Carberry, Manitoba R0K 0H0 Telephone: 1-(204) 834-2136 Fax: 1-(204) 834-3400

Naleway Foods Ltd.

233 Hutchings Street Winnipeg, Manitoba R2X 2R4 Telephone: 1-(204) 633-6535 Toll-Free: 1-(800) 665-7448 Fax: 1-(204) 694-4310 Web: http://www.naleway.com

Nestle Canada Inc.

1665 Inkster Boulevard Winnipeg, Manitoba R2X 2W7 Telephone: 1-(204) 632-8025 Fax: 1-(204) 633-1636

Fruits

Graham's Groves

Box 6000 Carman, Manitoba ROG 0J0 Telephone: 1-(204) 745-6000 Fax: 1-(204) 745-3177

E-mail: graham_groves@cici.mb.ca

Klassen Berry Farm

Box 1375 Neepawa, Manitoba ROJ 1H0 Telephone: 1-(204) 476-3746 E-mail: klasenr@escape.ca

Miinan Incorporated

250 Rodney Street Headingley, Manitoba R4J 1A8 Telephone: 1-(204) 888-8839

Rigby Orchards Ltd.

P.O. Box 163 Killarney, Manitoba R0K 1G0 Telephone: 1-(204) 269-6842 Winnipeg Cellular: 1-(204) 781-5638 Winnipeg Fax: 1-(204) 269-6842 Winnipeg



To-Le-Do Food Service

143 Henry Avenue Winnipeg, Manitoba R3B 3G9 Telephone: 1-(204) 956-4177 Fax: 1-(204) 957-1728

Goat Milk/Products

Oak Island Acres Goat Dairy

P.O. Box 449 Ile des Chênes, Manitoba ROA 0T0 Telephone: 1-(204) 878-2498 Fax: 1-(204) 878-4618

Goose

Northern Goose Processors Ltd.

P.O. Box 510 Teulon, Manitoba ROC 3B0 Telephone: 1-(204) 886-2552 Fax: 1-(204) 886-2910 Toll-Free: 1-(888) 753-7846 E-mail: info@northerngoose.com Web: www.northerngoose.com

Pembina Poultry Packers Ltd.

320-2nd Street Morden, Manitoba R6M 1P3 Telephone: 1-(204) 822-4452 1-(204) 947-6911 Winnipeg Fax: 1-(204) 822-6865 1-(204) 947-1758 Winnipeg E-mail: pempoult@gatewest

Health

D & H Thiessen Farms

Box 149 Lowe Farm, Manitoba ROG 1E0 Telephone: 1-(204) 746-8526

Fresh Hemp Foods Ltd.

Box 2311 Winnipeg, Manitoba R3C 4A6 Telephone: 1-(204) 942-1185 Fax: 1-(204) 956-5984 E-mail: info@hemperor.com

Web: www.hemperor.com

Hemp Oil Canada Inc.

P.O. Box 188 Ste. Agathe, Manitoba ROG 1Y0 Telephone: 1-(204) 275-7616 Fax: 1-(204) 261-7270

E-mail: hempoilcan@techplus.com Web: www.hempoilcan.com

Interlake Forage Seeds

Box 190 Fisher Branch, Manitoba R0C 0Z0 Telephone: 1-(204) 372-6920 Fax: 1-(204) 372-6635 E-mail: kwest@lakeshore.mb.ca

Mekiwin Corporation

Gladstone, Manitoba ROJ 0T0 Telephone: 1-(204) 385-2939 Fax: 1-(204) 385-3250 E-mail: mekiwin@escape.ca Web: www.mekiwin.com

Prairieland Grain

Box 537 Hartney, Manitoba R0M 0X0 Telephone: 1-(204) 483-3636 or 1-(204) 858-2743 Fax: 1-(204) 483-3499

Vita Health Products

150 Beghin Avenue Winnipeg, Manitoba R2J 3W2 Telephone: 1-(204) 661-8386 Fax: 1-(204) 663-8386

Honey

B.D.C. Commodity Export Ltd.

45 Allenford Drive West St. Paul, Manitoba R4A 2A5 Telephone: 1-(204) 334-3921 Fax: 1-(204) 334-6182 E-mail: dcouch@wpcusrgrp.org

Bee Maid Honey Ltd.

625 Roseberry Street Winnipeg, Manitoba R3H 0T4 Telephone: 1-(204) 786-8977 Fax: 1-(204) 783-8468

Bertram Honey Company

Box 172 Birtle, Manitoba R0M 0C0 Telephone: 1-(204) 842-5189 Fax: 1-(204) 842-3287

Giguere Honey Farms

60 Paul Boulevard Winnipeg, Manitoba R2N 4C7 Mailing: P.O. Box 2 Telephone: 1-(204) 256-1644

Herb Isaac Sales

Box 45 Sinclair, Manitoba R0M 2A0 Telephone: 1-(204) 662-4401 Fax: 1-(204) 662-4547 E-mail: herbee@mb.sympatico.ca

Interlake Honey Producers

Box 190 Fisher Branch, Manitoba ROC OZO Telephone: 1-(204) 372-6920 Fax: 1-(204) 372-6635

M & M Honey Farm

P.O. Box 73 Warren, Manitoba ROC 3E0 Telephone: 1-(204) 383-5104

Mondo Foods Company Ltd.

40 Otter Street Winnipeg, Manitoba R3T 4J7 Telephone: 1-(204) 453-7722 Fax: 1-(204) 453-3256

Meat - Fresh and Processed

B.D.C. Commodity Export Ltd. 45 Allenford Drive

West St. Paul, Manitoba R4A 2A5 Telephone: 1-(204) 334-3921 Fax: 1-(204) 334-6182

E-mail: dcouch@wpcusrgrp.org



Bavarian Meat & Sausage Division of Bavarian Village Deli Ltd.

650 Golspie Street

Winnipeg, Manitoba R2K 2V1 Telephone: 1-(204) 667-6860

Fax: 1-(204) 669-0193

Bridge Brand Food Services Ltd.

2 Hoka Street

Winnipeg, Manitoba R2C 3N2 Telephone: 1-(204) 224-0134

Fax: 1-(204) 222-0935

Clandeboye Meat & Deli

8468, Highway #9

Box 237

Clandeboye, Manitoba R0C 0P0

Telephone: 1-(204) 738-2345

Del's Specialty Meats

P.O. Box 209

Letellier, Manitoba R0G 1C0

Telephone: 1-(204) 737-2231

Fax: 1-(204) 737-2080 Toll-Free: 1-(888) 285-3357

Eidse Family Farms

P.O. Box 607

Morris, Manitoba R0G 1K0 Telephone: 1-(204) 746-8070

Fax: 1-(204) 746-8069

E-mail: dbeidse@mb.sympatico.ca

Fleisher Wholesale Meats Ltd.

505 Dawson Road

Winnipeg, Manitoba R2J 0T2

Telephone: 1-(204) 237-4001

Fax: 1-(204) 231-2003

G.B. Schreyer Meats, Inc.

83 Higgins Avenue

Winnipeg, Manitoba R3B 0B3

Telephone: 1-(204) 989-2277

Fax: 1-(204) 943-7524

E-mail: gbsmeats@escape.ca

H & K Packers Co. Ltd.

420 Turenne Street

Winnipeg, Manitoba R2J 3W8

Telephone: 1-(04) 233-2354

Fax: 1-(204) 235-1258

E-mail: hkpack@mb.sympatico.ca

HMS Foods Ltd.

1316 - 1318 Clifton Street

Winnipeg, Manitoba R3E 2V2

Telephone: 1-(204) 775-0461.

1-(204) 775-0462, 1-(204) 774-1077

Fax: 1-(204) 775-3971

Interlake Packers Ltd.

Box 20

St. Laurent, Manitoba ROC 2S0

Telephone: 1-(204) 646-2172

J.C. Foods Ltd.

575 Jarvis Avenue

Winnipeg, Manitoba R2W 3B2

Telephone: 1-(204) 582-7724

Fax: 1-(204) 589-1959

E-mail: jcfoods@mb.sympatico.ca

L & S Food Distribution

55 Avril Lane

Winnipeg, Manitoba R3R 3C8

Telephone: 1-(204) 489-6939

Fax: 1-(204) 896-4723

Maple Leaf Foods (Pork)

6355 Richmond Avenue East

Brandon, Manitoba R7A 7A3

Telephone: 1-(204) 571-2500

Fax: 1-(204) 571-2570

Maple Leaf Meats Inc.

P.O. Box 70

Winnipeg, Manitoba R3C 2G5 Telephone: 1-(204) 233-2421

Fax: 1-(204) 233-5413

Pembina Valley Meats

P.O. Box 316

Plum Coulee, Manitoba R0G 1R0

Telephone: 1-(204) 829-3801

Plains Processors Ltd.

P.O. Box 1259

Carman, Manitoba ROG 0J0

Telephone: 1-(204) 745-3068

Fax: 1-(204) 745-6105

Prairie Abattoir

Box 105 Angle Road South

Portage la Prairie, Manitoba R1N 3V2

Telephone: 1-(204) 857-7120

Fax: 1-(204) 857-7100

Preferred Meats Inc.

505 Dawson Road

Winnipeg, Manitoba R2J 0T2

Telephone: 1-(204) 233-2344

Fax: 1-(204) 235-1685

Pyramid Foods Ltd.

1320 Clifton Street

Winnipeg, Manitoba R3E 2V2

Telephone: 1-(204) 783-3017

Fax: 1-(204) 783-5165

E-mail: pyramid@mb.sympatico.ca

Web site: pyramid-foods.com

Pyro Beef Jerky

79 Rutgers Bay

Winnipeg, Manitoba R3T 3C9

Telephone: 1-(204) 261-4306

Fax: 1-(204) 269-5510

E-mail: anitah@mbnet.mb.ca

Schanzenfeld Meats

Box 668

Winkler, Manitoba R6W 4A8

Telephone: 1-(204) 325-4680

Schneider J.M. Inc. Retail Sales Division

140 Panet Road

Winnipeg, Manitoba R2J 0S3

Telephone: 1-(204) 235-8100

C 1 (204) 222 4210

Fax: 1-(204) 233-4318

Shellmouth Sausage Co.

Box 1247

Roblin, Manitoba ROL 1P0

Telephone: 1-(204) 937-8322



Smith's Corned Beef & Sausage Mfg. Co. Ltd.

1434 Church Avenue Winnipeg, Manitoba R2X 1G4 Telephone: 1-(204) 633-7054 Fax: 1-(204) 694-0708

Springhill Farms

P.O. Box 10,000 Neepawa, Manitoba R0J 1H0 Telephone: 1-(204) 476-3393 Fax: 1-(204) 476-3791

To-Le-Do Food Service

143 Henry Avenue Winnipeg, Manitoba R3B 3G9 Telephone: 1-(204) 956-4177 Fax: 1-(204) 957-1728

Winkler Meats Ltd.

P.O. Box 759 270 George Street Winkler, Manitoba R6W 4A8 Telephone: 1-(204) 325-9593 Fax: 1-(204) 325-5735 Winnipeg Office: Telephone: 1-(204) 233-2344

Winnipeg Old Country Sausage Ltd.

Fax: 1-(204) 325-5735

691 Dufferin Avenue Winnipeg, Manitoba R2W 2Z3 Telephone: 1-(204) 589-8331 Fax: 1-(204) 586-5661

Meats - Game, Bison, Wild Boar, Elk

Interlake Wild Boar Co-Op Ltd.

Box 434 Riverton, Manitoba ROC 2R0 Telephone: 1-(204) 378-2389 Fax: 1-(204) 378-2910

M&S Schmulgen Ranch Western Canada's Natural Wild Meat Producer

P.O. Box 123 Poplar Point, Manitoba R0H 0Z0 Telephone: 1-(204) 243-2409 Fax: 1-(204) 243-2024

Ostrich Products & Marketing Co-Op Ltd.

305 Hampton Street Winnipeg, Manitoba R3J 1P5 Telephone: 1-(204) 837-2523 Fax: 1-(204) 837-2544

Pasak Farm Ltd.

Box 11, Group 245, R.R. #2 Winnipeg, Manitoba R3C 2E6 Telephone: 1-(204) 632-6844 Fax: 1-(204) 632-6844

Pembina Valley Meats

P.O. Box 316 Plum Coulee, Manitoba R0G 1R0 Telephone: 1-(204) 829-3801

Plains Processors Ltd.

P.O. Box 1259 Carman, Manitoba ROG 0J0 Telephone: 1-(204) 745-3068 Fax: 1-(204) 745-6105

Pyramid Foods Ltd.

1320 Clifton Street Winnipeg, Manitoba R3E 2V2 Telephone: 1-(204) 783-3017 Fax: 1-(204) 783-5165 E-mail: pyramid@mb.sympatico.ca Web site: pyramid-foods.com

Rebel Ridge Ostrich Products

R.R. #1 Alexander, Manitoba ROK 0A0 Telephone: 1-(204) 328-7142 Fax: 1-(204) 328-7142

Red River Bison

332 River Road St. Andrews, Manitoba R1A 2X2 Telephone: 1-(204) 338-0153 Fax: 1-(204) 338-9887

Mushrooms

P.O. Box 606

K & G Mushrooms

Portage la Prairie, Manitoba R1N 3B9 Telephone: 1-(204) 857-7807 or 1-(204) 857-7808 Fax: 1-(204) 239-5840 E-mail: kngmush@portage.net

Loveday Mushroom Farms Limited

556 Mission Street Winnipeg, Manitoba R2J 0A2 Telephone: 1-(204) 233-4378 Fax: 1-(204) 237-1303

Packaging/Processing

Border Chemical Company Limited

595 Gunn Street Winnipeg, Manitoba R2C 5G2 Telephone: 1-(204) 222-3276 Fax: 1-(204) 224-0562

Bridge Brand Food Services Ltd.

2 Hoka Street Winnipeg, Manitoba R2C 3N2 Telephone: 1-(204) 224-0134 Fax: 1-(204) 222-0935

Interlake Forage Seeds

Box 190

Fisher Branch, Manitoba ROC 0Z0 Telephone: 1-(204) 372-6920 Fax: 1-(204) 372-6635

E-mail: kwest@lakeshore.mb.ca



Parrheim Foods

Division of Parrish & Heimbecker

Limited

880 Phillips Street

P.O. Box 380

Portage la Prairie, Manitoba R1N 3B7

Telephone: 1-(204) 239-5995

Fax: 1-(204) 239-6007 E-mail: info@parrheim.com

Web: www.parrheim.com

Premier Packaging Services

Inc.

Unit C-1429 Mountain Avenue Winnipeg, Manitoba R2X 2Y9

Telephone: 1-(204) 694-8558

Fax: 1-(204) 694-8621

R W Packaging Ltd.

1569 Orange Street

Winnipeg, Manitoba R3E 3B5

Telephone: 1-(204) 786-6873

Toll-Free: 1-(800) 284-6338

Fax: 1-(204) 786-1927

E-mail: rwp@rwpackaging.com

Red River Packaging Products Ltd.

1750 Inkster Boulevard

Winnipeg, Manitoba R2X 1R4

Telephone: 1-(204) 633-5770

Fax: 1-(204) 632-7246

Winpak Ltd.

100 Saulteaux Crescent

Winnipeg, Manitoba R3J 3T3

Telephone: 1-(204) 889-1015

Fax: 1-(204) 832-7781

Pasta Products

Ackron Egg Farms Ltd.

Box 20666

Steinbach, Manitoba R0A 2T2

Telephone: 1-(204) 326-5509

Fax: 1-(204) 326-6626

Alfonso's Food Products Ltd.

1375 Richard Avenue

Winnipeg, Manitoba R3E 0L1

Telephone: 1-(204) 783-5164

Fax: 1-(204) 783-0106

Du Bois Wild Rice Ltd.

P.O. Box 1762

Winnipeg, Manitoba R3C 2Z9

Telephone: 1-(204) 255-0434

Fax: 1-(204) 255-0434

E-mail: skrzenta@pangea.ca

Old Fashioned Noodle Products

59 Speers Road

Winnipeg, Manitoba R2J 1M4

Telephone: 1-(204) 237-8011

Sunco Foods

405 Notre Dame Avenue

Winnipeg, Manitoba R3B 1R2

Telephone: 1-(204) 942-8643

Fax: 1-(204) 943-0388

Peas, Beans and Lentils

Agricore East Special Crops

P.O. Box 488

Carman, Manitoba ROG 0J0

Telephone: 1-(204) 745-6711

Fax: 1-(204) 745-6608

Web: www.agricore.com

B.D.C. Commodity Export Ltd.

45 Allenford Drive

West St. Paul, Manitoba R4A 2A5

Telephone: 1-(204) 334-3921

Fax: 1-(204) 334-6182

E-mail: dcouch@wpcusrgrp.org

Best Cooking Pulses, Inc.

110 - 10th Street N.E.

Portage la Prairie, Manitoba R1N 1B5

Telephone: 1-(204) 857-4451

Fax: 1-(204) 239-6885

Eidse Family Farms

P.O. Box 607

Morris, Manitoba ROG 1K0

Telephone: 1-(204) 746-8070

Fax: 1-(204) 746-8069

E-mail: dbeidse.mb.sympatico.ca

Escott W.H. Company Ltd.

95 Alexander Avenue

Winnipeg, Manitoba R3B 2Y8

Telephone: 1-(204) 942-5127

Fax: 1-(204) 943-5320

E-mail: whescott@escape.ca

Glenlochar Kitchens

Box 40

Miniota, Manitoba R0M 1M0

Telephone: 1-(204) 567-3770

Fax: 1-(204) 567-3650

Parrheim Foods

Division of Parrish & Heimbecker

Limited

880 Phillips Street

P.O. Box 380

Portage la Prairie, Manitoba R1N 3B7

Telephone: 1-(204) 239-5995

Telephone: 1 (201) 237 377

Fax: 1-(204) 239-6007

E-mail: info@parrheim.com

Web: www.parrheim.com

Pitura Seed Service*

Box 2

Domain, Manitoba R0G 0M0

Telephone: 1-(204) 736-2849

Fax: 1-(204) 736-2838

Prairieland Grain

Box 537

Hartney, Manitoba ROM 0X0

Telephone: 1-(204) 483-3636

or 1-(204) 858-2743

Fax: 1-(204) 483-3499



Roy Legumex Inc.

P.O. Box 40 250 rue Caron St. Jean Baptiste, Manitoba ROG 2B0 Telephone: 1-(204) 758-3597 Toll-Free: 1-(800) 785-7857

Fax: 1-(204) 758-3260 E-mail: legumex@mb.sympatico.ca Web: http://www.legumex.com

Sabourin Seed Service Ltd.

Box 340

St. Jean Baptiste, Manitoba ROG 2B0 Telephone: 1-(204) 758-3595 Fax: 1-(204) 758-3059 E-mail:sabseeds@mts.net Web: www.mts.net/~sabseeds

United Grain Growers Limited Forage & Special Crop Services

101 De Vos Road Winnipeg, Manitoba R3T 5X9 Telephone: 1-(204) 989-5470 Fax: 1-(204) 275-1541

Vita Health Products

150 Beghin Avenue Winnipeg, Manitoba R2J 3W2 Telephone: 1-(204) 661-8386 Fax: 1-(204) 663-8386

Pet Foods

Best Cooking Pulses, Inc.

110 - 10th Street N.E. Portage la Prairie, Manitoba R1N 1B5 Telephone: 1-(204) 857-4451 Fax: 1-(204) 239-6885

Emerson Milling Inc.

P.O. Box 424 Emerson, Manitoba R0A 0L0 Telephone: 1-(204) 373-2328 Fax: 1-(204) 373-2537

Nestibo Agra Inc.

Box 592 Deloraine, Manitoba R0M 0M0 Telephone: 1-(204) 747-2904 Fax: 1-(204) 747-3767

Roy Legumex Inc.

P.O. Box 40 250 rue Caron St. Jean Baptiste, Manitoba ROG 2B0 Telephone: 1-(204) 758-3597 Toll-Free: 1-(800) 785-7857 Fax: 1-(204) 758-3260

E-mail: legumex@mb.sympatico.ca Web: http://www.legumex.com

Sabourin Seed Service Ltd.

Box 340
St. Jean Baptiste, Manitoba R0G 2B0
Telephone: 1-(204) 758-3595
Fax: 1-(204) 758-3059
E-mail:sabseeds@mts.net
Web: www.mts.net/~sabseeds

United Grain Growers Limited

Forage & Special Crop Services 101 De Vos Road Winnipeg, Manitoba R3T 5X9 Telephone: 1-(204) 989-5470 Fax: 1-(204) 275-1541

Poultry

Dunn-Rite Food Products Ltd.

199 Hamelin Street Winnipeg, Manitoba R3T 0P2 Telephone: 1-(204) 452-8379 Fax: 1-(204) 475-1495

Granny's Poultry Co-operative (Manitoba) Ltd.

84 Scurfield Boulevard Winnipeg, Manitoba R3Y 1G4 Telephone: (Head Office) 1-(204) 488-2230 Order Line: 1-(204) 488-2130

Order Line: 1-(204) 488-2130 Hatchery: 1-(204) 488-6942 Fax: 1-(204) 488-2796

J.C. Foods Ltd.

575 Jarvis Avenue Winnipeg, Manitoba R2W 3B2 Telephone: 1-(204) 582-7724 Fax: 1-(204) 589-1959

E-mail: jcfoods@mb.sympatico.ca

L & S Food Distribution

55 Avril Lane Winnipeg, Manitoba R3R 3C8 Telephone: 1-(204) 489-6939 Fax: 1-(204) 896-4723

Pembina Poultry Packers Ltd.

320-2nd Street Morden, Manitoba R6M 1P3 Telephone: 1-(204) 822-4452 1-(204) 947-6911 Winnipeg Fax: 1-(204) 822-6865 1-(204) 947-1758 Winnipeg E-mail: pempoult@gatewest

Prairie Produce (1996) Inc.

694 Logan Avenue Winnipeg, Manitoba R3E 1M4 Telephone: 1-(204) 774-2551 Fax: 1-(204) 775-4734 E-mail: turkey@escape.ca

To-Le-Do Food Service

143 Henry Avenue Winnipeg, Manitoba R3B 3G9 Telephone: 1-(204) 956-4177 Fax: 1-(204) 957-1728

Prepared Foods

Alfonso's Food Products Ltd.

1375 Richard Avenue Winnipeg, Manitoba R3E 0L1 Telephone: 1-(204) 783-5164 Fax: 1-(204) 783-0106

Ann's Perogey Palace

413 Magnus Avenue (at Salter Street) Winnipeg, Manitoba R2W 2C2 Telephone: 1-(204) 586-7842 Fax: 1-(204) 586-0687



Binner Marketing & Sales Inc.

870 Bradford Street Winnipeg, Manitoba R3H 0N5 Telephone: 1-(204) 783-3177 Fax: 1-(204) 783-6363

Cambrian Enterprises Ltd.

7-915 McLeod Avenue Winnipeg, Manitoba R2G 0Y4 Telephone: 1-(204) 667-3434 Fax: 1-(204) 667-3937 E-mail:

cambrian@cambrianenterprises.com Web: cambrianenterprises.com

Country Club Foods Ltd.

Box 1063 460 River Road Arborg, Manitoba ROC 0A0 Telephone: 1-(204) 376-2130 Fax: 1-(204) 376-5778

Creative Food Products

35 Winfield Way Winnipeg, Manitoba R2R 1V8 Telephone: 1-(204) 694-9390

Del's Specialty Meats

P.O. Box 209 Letellier, Manitoba ROG 1C0 Telephone: 1-(204) 737-2231 Toll-Free: 1-(888) 285-3357 Fax: 1-(204) 737-2080

Desserts Plus

1595 Main Street Winnipeg, Manitoba R2V 1Y2 Telephone: 1-(204) 339-1957 Fax: 1-(204) 338-4754 E-mail: reiss@escape.ca Web: www.reiss@escape.ca

Gilbert International Inc.

P.O. Box 23068 R.P.O. McGillivray Winnipeg, Manitoba R3T 5S3 Telephone: 1-(204) 474-0686 Fax: 1-(204) 284-2557

KUB Bread

626 Stella Avenue Winnipeg, Manitoba R2W 2V6 Telephone: 1-(204) 586-7440 Fax: 1-(204) 586-4848

L & S Food Distribution

55 Avril Lane Winnipeg, Manitoba R3R 3C8 Telephone: 1-(204) 489-6939 Fax: 1-(204) 896-4723

Lester Premium Foods Inc.

1190 St. James Street Winnipeg, Manitoba R3H 0K7 Telephone: 1-(204) 697-9000 Fax: 1-(204) 694-9291

Mr. D's Tart-n-Pie

1850 Ness Avenue Winnipeg, Manitoba R3J 0Y5 Telephone: 1-(204) 831-9619

Naleway Foods Ltd.

233 Hutchings Street Winnipeg, Manitoba R2X 2R4 Telephone: 1-(204) 633-6535 Toll-Free: 1-(800) 665-7448 Fax: 1-(204) 694-4310 Web: http://www.naleway.com

Pizza Pops

A Division of Pilisbury Canada Limited

1555-B Chevrier Boulevard Winnipeg, Manitoba R3T 1Y7 Telephone: 1-(204) 477-8338 Fax: 1-(204) 477-8347

Sunco Foods

405 Notre Dame Avenue Winnipeg, Manitoba R3B 1R2 Telephone: 1-(204) 942-8643 Fax: 1-(204) 943-0388

To-Le-Do Food Service

143 Henry Avenue Winnipeg, Manitoba R3B 3G9 Telephone: 1-(204) 956-4177 Fax: 1-(204) 957-1728

Westwind Brokers

178 Wyatt Road Winnipeg, Manitoba R2X 2X6 Telephone: 1-(204) 632-8995 Fax: 1-(204) 632-9027

Snack Foods

La Cocina Foods

P.O. Box 121 Ste. Anne, Manitoba R5H 1M5 Telephone: 1-(204) 355-4743 Fax: 1-(204) 355-4088

Old Dutch Foods Limited

100 Bentall Street Winnipeg, Manitoba R2X 2Y5 Telephone: 1-(204) 632-0249 Fax: 1-(204) 697-2181

Prairieland Grain

Box 537 Hartney, Manitoba R0M 0X0 Telephone: 1-(204) 483-3636 or 1-(204) 858-2743 Fax: 1-(204) 483-3499

Scott Bathgate Ltd.

P.O. Box 765 149 Pioneer Avenue Winnipeg, Manitoba R3C 2M8 Telephone: 1-(204) 943-8525 Fax: 1-(204) 957-5902 E-mail: scotgate@canpay.com

Sunny Day Products Ltd.

Box 2080 349 Manitoba Road Winkler, Manitoba R6W 4B8 Telephone: 1-(204) 325-8910 Fax: 1-(204) 325-6328

Soy

Baba's Joy of Soy

667 Ellice Avenue Winnipeg, Manitoba R3G 0A8 Telephone: 1-(204) 788-1642 Fax: 1-(204) 775-1055 E-mail: ipldesig@escape



Spices

Empire Spice Mills

908 William Avenue Winnipeg, Manitoba R3E 0Z8 Telephone: 1-(204) 786-1594 Fax: 1-(204) 783-2847

My Three Sons Limited

1647 St. James Street Winnipeg, Manitoba R3H 0X1 Telephone: 1-(204) 772-7777 Fax: 1-(204) 772-8500

Wild West Seasonings

144 Seekings Street Headingley, Manitoba R4J 1A9 Telephone: 1-(204) 992-2104 Toll-Free: 1-(800) 493-3993 Fax: 1-(204) 992-2104

Sprouts

Sprout World

1119 Empress Street Winnipeg, Manitoba R3E 3H1 Telephone: 1-(204) 772-3771

Sunflower Seeds

Nestibo Agra Inc.

Box 592 Deloraine, Manitoba R0M 0M0 Telephone: 1-(204) 747-2904 Fax: 1-(204) 747-3767

Scott Bathgate Ltd.

P.O. Box 765 149 Pioneer Avenue Winnipeg, Manitoba R3C 2M8 Telephone: 1-(204) 943-8525 Fax: 1-(204) 957-5902 E-mail: scotgate@canpay.com

Snow Fire Seeds Inc.

Box 57 Domain, Manitoba R0G 2M0 Telephone: 1-(204) 736-2699 Fax: 1-(204) 736-4305

Sunny Day Products Ltd.

Box 2080 349 Manitoba Road Winkler, Manitoba R6W 4B8 Telephone: 1-(204) 325-8910 Fax: 1-(204) 325-6328

Superior Harvest Foods Inc.

Box 196 Winkler, Manitoba R6W 4A5 Telephone: 1-(204) 325-7336 Fax: 1-(204) 325-7346

Tasty Seeds Ltd.

144 Plymouth Street Winnipeg, Manitoba R2X 2Z1 Telephone: 1-(204) 632-6906 Fax: 1-(204) 694-9328 E-mail: info@tastyseeds.com

United Grain Growers Limited Forage & Special Crop Services

101 De Vos Road Winnipeg, Manitoba R3T 5X9 Telephone: 1-(204) 989-5470 Fax: 1-(204) 275-1541

Vegetables

Bridge Brand Food Services Ltd.

2 Hoka Street Winnipeg, Manitoba R2C 3N2 Telephone: 1-(204) 224-0134 Fax: 1-(204) 222-0935

Crocus Foods (1996) Limited

Box 144 Southport, Manitoba R0H 1N0 Telephone: 1-(204) 428-5422 Fax: 1-(204) 428-5424

Itzke River Farm Ltd.

P.O. Box 77 Marquette, Manitoba R0H 0V0 Telephone: 1-(204) 353-2316 Fax: 1-(204) 353-2136

McCain Foods Ltd.

P.O. Box 220 Portage la Prairie, Manitoba R1N 3B5 Telephone: 1-(204) 857-9761 Fax: 1-(204) 857-9207

Midwest Food Products Inc.

P.O. Box 70 Carberry, Manitoba R0K 0H0 1-1/2 miles south of Carberry on Hwy #5 Telephone: 1-(204) 834-2136

Telephone: 1-(204) 834-2136 Fax: 1-(204) 834-3400

Nestle Canada Inc.

1665 Inkster Boulevard Winnipeg, Manitoba R2X 2W7 Telephone: 1-(204) 632-8025 Fax: 1-(204) 633-1636

Peak of the Market

1200 King Edward Street
Winnipeg, Manitoba R3H 0R5
Telephone: 1-(204) 633-PEAK (7325)
Fax: 1-(204) 694-PEAK (7325)
E-mail: peak@peakmarket.com

Web: www.peakmarket.com Simple Abundance

Box 45 Gardenton, Manitoba R0A 0M0 Telephone: 1-(204) 425-3627 Fax: 1-(204) 425-3241

Sprout World

1119 Empress Street Winnipeg, Manitoba R3E 3H1 Telephone: 1-(204) 772-3771

To-Le-Do Food Service

143 Henry Avenue Winnipeg, Manitoba R3B 3G9 Telephone: 1-(204) 956-4177 Fax: 1-(204) 957-1728

Wild West Marketing

Box 22093 B.D.P.O. Brandon, Manitoba R7A 6Y9 Telephone: 1-(204) 727-2340 Fax: 1-(204) 727-2952

E-mail: Kurchaba@mb.sympatico.ca



Water

Hanover Springs Ltd.

Telephone: 1-(204) 424-5479

P.O. Box 20159 Steinbach, Manitoba R0A 2T1

Fax: 1-(204) 424-5012

Hendricks Beverage Company, Ltd. (The HBC Ltd.)

Unit 23

1500 Regent Avenue West Winnipeg, Manitoba R2C 3A8

Telephone: 1-(204) 661-5808 Fax: 1-(204) 661-2738

Middlebro Premium Spring Canadian Spring Water Corporation

251 Saulteaux Crescent Winnipeg, Manitoba R3J 3C7 Telephone: 1-(204) 633-2098 Fax: 1-(204) 885-5588

Cell: 1-(204) 268-5649

Trainor Artesian Water Co. Ltd.

General Delivery Victoria Beach, Manitoba R0E 2C0 Telephone: 1-(204) 697-1456

(Winnipeg)

Fax: 1-(204) 694-7005 (Winnipeg)

Wild Rice

Arseniuk Wild Rice

P.Ò. Box 356 Lac du Bonnet, Manitoba R0E 1A0 Telephone: 1-(204) 345-2277

B.D.C. Commodity Export Ltd.

45 Allenford Drive West St. Paul, Manitoba R4A 2A5 Telephone: 1-(204) 334-3921

Fax: 1-(204) 334-6182

E-mail: dcouch@wpcusrgrp.org

Cambrian Wild Rice Inc.

P.O. Box 175 St. Georges, Manitoba R0E 1V0 Telephone: 1-(204) 367-8451 Fax: 1-(204) 367-2178

Du Bois Wild Rice Ltd.

P.O. Box 1762

Winnipeg, Manitoba R3C 2Z9 Telephone: 1-(204) 255-0434

Fax: 1-(204) 255-0434 E-mail: skrzenta@pangea.ca

Great Northern Wild Rice

P.O. Box 20 Pine Falls, Manitoba R0E 1M0 Telephone: 1-(204) 367-2017 Fax: 1-(204) 367-2157

Indian Head Wild Rice

P.O. Box 1083 Lac du Bonnet, Manitoba R0E 1A0 Telephone: 1-(204) 345-8002 Fax: 1-(204) 345-8674 E-mail: arseniuk@granite.mb.ca

Northern Manitoba's Wild Rice Inc.

Box 8 Pine River, Manitoba R0L 1M0 Telephone: 1-(204) 263-2197 Fax: 1-(204) 263-5519

Tundra Wild Rice Inc.

P.O. Box 263 Pine Falls, Manitoba R0E 1M0 Telephone: 1-(204) 367-8651 Fax: 1-(204) 367-8309

Wild Harvest Rice Co.

2079 Sinclair Street Winnipeg, Manitoba R2V 3K2 Telephone: 1-(204) 334-1534 E-mail: scohen@wildharvestrice.com Web: www.wildharvestrice.com

Whey

Armstrong Cheese Company Ltd.

(Division of Dairyworld Foods) Box 1180 235 Manitoba Road Winkler, Manitoba R6W 4B2 Telephone: 1-(204) 325-4321

B.D.C. Commodity Export Ltd.

Fax: 1-(204) 325-739

45 Allenford Drive West St. Paul, Manitoba R4A 2A5 Telephone: 1-(204) 334-3921 Fax: 1-(204) 334-6182

E-mail: dcouch@wpcusrgrp.org



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A.D.M. Milling Co.* (P)

7 Higgins Avenue
Winnipeg, Manitoba R3B 0A1
Telephone: 1-(204) 925-2100
Fax: 1-(204) 947-1788
Contact: Brian Guyda
General Manager

(A)

Manufacturers and suppliers of bulk white and whole wheat flours, bleached and unbleached:

Bagged flour - 40, 20, and 10 kg

- -Standard Bakers
- -Hi Protein
- -No Time
- -Strong Bakers
- -Top Patent
- -Whole Wheat
- -Stone Ground
- -Organic

Bulk pelleted mill feeds

Aboriginal Beverage Company Ltd. (R.P.N,I)

70 Arthur Street, Room 480 Winnipeg, Manitoba R3B 1G7 Telephone: 1-(204) 987-2652 Fax: 1-(204) 987-2659 Contact: Barry Gibson, Sales Manager

(A)

Flavours - Cola, Diet Cola, Orange, Lemon-Lime-Up, Grape

New Flavours - Root Beer, Black Cherry, Cola

Cans - 355 ml

Plastic Bottles - 2 L, 600 ml, 355 ml and Bag in Box (Fountain Mix)



Ackron Egg Farms Ltd.* (R,P,N,I)

Box 20666

Steinbach, Manitoba R0A 2T2 Telephone: 1-(204) 326-5509

Fax: 1-(204) 326-6626 Contact: Hermann or Sheryl

Grauer

(A)

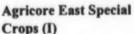
"Vita-Eggs" 8 pack, 12 pack, 18 pack for retail*

"Vita-Eggs" 15 dz or 30 dz loose for food service*

"Nature's Pasta" 250 g or 500 g egg varieties for retail*

"Nature's Pasta" 400 g whole wheat or vegetable varieties for retail*

"Nature's Pasta" 3 kg or 10 kg bulk pack for food service*



P.O. Box 488 Carman, Manitoba ROG 0J0 Telephone: 1-(204) 745-6711 Fax: 1-(204) 745-6608 Web: www.agricore.com Contact: François Labelle or Don Melvin, Carman office (A) Yellow Split Peas Yellow Whole Peas Green Split Peas Green Whole Peas Green Lentils Whole Buckwheat 40 kg, 100 lb. Bird Feed Chickpeas

Edible Beans



Alfonso's Food Products Ltd. (R.P.N)

1375 Richard Avenue Winnipeg, Manitoba R3E 0L1 Telephone: 1-(204) 783-5164 Fax: 1-(204) 783-0106 Contact: Richard Scerbo,

President

Aurora Scerbo, General Manager Available fresh, frozen or dry Extruded Pasta - 4.54 kg (10 lb.) Fettuccine - plain, spinach, tomato, carrot, porcini mushroom, garlic, herbs &

mushroom, garlic, herbs & spices, beet, squid, smoked salmon

Fusilli (spirals) - plain, spinach, tomato, 3-colour mix, oat bran

Lumache (shells) - plain, tomato, spinach, 3-colour mix Spaghetti - plain

Jumbo Shells - plain, tomato, spinach, 3-colour mix

spinach, 3-colour mix Lasagna Noodles - plain, spinach, tomato

Rigatoni - regular, short Sheeted Pasta - 30 lb. minimum

Dutch Noodles Spaghetti

Linguini

Vermicelli Lasagna Sheets

Cannelloni Sheets

Ravioli Regular 4.54 kg, 10 lb. beef, cheese, veal & prosciutto, chicken, tofu, porcini mushroom, seafood,

vegetable

Ravioli Jumbo 4.54 kg, 10 lb. beef, cheese, tofu, seafood

Tortellini - 4.54 kg, 10 lb. beef, cheese, veal & prosciutto, mushroom, spinach, cheese, tomato beef



Stuffed, Pre-cooked Jumbo Shells - 100 Pieces beef, cheese, tofu, florentine, seafood

Pre-cooked Cannelloni - 100 pieces

beef, seafood, tofu
Pre-cooked Manicotti - 100
pieces
cheese

Gnocchi - 4.54 kg, 10 lb. (mini potato dumplings) plain, spinach

Cavatelli - 4.54 kg, 10 lb.

Sauces - sealed in 1.98 kg heavy poly bags Bolganese, homestyle spaghetti, tomato, pizza, cooked meatballs

Alfredo, red clam, white clam and pesto (1 lb.)

Deli Entrees - 1.98 kg Cannelloni Beef in Sauce

Manicotti Cheese in Sauce Ravioli Beef in Sauce

Tortellini Beef in Sauce

Tortellini Salad Meatballs in Sauce

Stuffed Shells, Beef in Sauce

Stuffed Shells, Cheese in Sauce

Pasta & Fagiola Cavatelli Salad

Cabbage Rolls

Lasagna

Lasagna Vegetable Spaghetti Sauce with Meat

Spaghetti Sauce, Meatless Tortellini Salad (3-colour)

Fusilli (spiral) pasta salad (3-colour)

Gnocchi - mini potato dumplings 4.54 kg (10 lb.)

plain, spinach

Cavatelli, plain 4.54 kg (10 lb.) Retail Pack - 12 x 350 g

Ravioli - meat, cheese, tofu,

jumbo beef Tortellini - beef, spinach & cheese, tofu

Cavatelli

Meat Cannelloni - 6 piece pack

Cheese Manicotti - 6 piece pack Tofu Cannelloni - 6 piece pack

Jumbo Shells - 6 piece pack beef, cheese, tofu

Fresh Pasta 250 g

Fettuccine 350 g

Spaghetti 350 g

Rigatoni, Rotini (spiral, 3-colour

mix),

Fettuccine (spinach, wild rice)

Lasagna shell (3-colour)

Jumbo shells (3-colour)

Retail - Microwaveable Dinner for Two 6 x 600 g

Lasagna 6 x 750 g

Stuffed Jumbo Shells (beef,

cheese)

Cannelloni - beef,

Manicotti-cheese, meatballs in

sauce Beef Ravioli

Beef Tortellini

Retail - Microwave Snack Pack

Lasagna Rolls 12 x 350 g

Stuffed Jumbo Shells

beef, cheese 12 x 300 g Cannelloni - beef 12 x 300 g

Manicotti - cheese 12 x 300 g Meatballs in Sauce 12 x 300 g

Beef Ravioli 12 x 300 g

Beef Tortellini 12 x 300 g

Rigatoni 12 x 200 g

Tortellini Salad 10 x 200 g Spiral Pasta Salad 10 x 200 g

Sauces, Retail Pack

Spaghetti Sauce 12 x 454 g

Alfredo Sauce 12 x 454 g White Clam Sauce 12 x 454 g

Red Clam Sauce 12 x 454 g

Pesto Sauce 12 x 200 g

Hot Pepper Sauce 12 x 454 g Vegetable Sauce 12 x 454 g

Pizza Topping and Sandwich

Spread Hot Pepper Blend

Pasta, Dry, Retail Pack

Fettuccine, Plain 12 x 454 g

Spinach 12 x 454 g

Wholewheat 12 x 454 g Herb & Spice 12 x 454 g

Saffron 12 x 454 g

Porcini Mushroom 12 x 250 g

Peppercorn 12 x 250 g

Piccante 12 x 250 g

Wild Rice 12 x 250 g

Chocolate 12 x 250 g

Cinnamon/Nutmeg 12 x 250 g

Sesame/Ginger 12 x 250 g

Tarragon/Mustard 12 x 250 g

Dill/Garlic 12 x 250 g

Red Bell Pepper 12 x 250 g

Rotini, Plain 12 x 454 g

Rotini, 3 colour 12 x 454 g

Linguini, Plain 12 x 454 g

Linguini, Peppercorn 12 x 250 g

Linguini, Piccante 12 x 250 g

Lumache 12 x 454 g

Manitoba Wild Rice 12 x 454 g

Broad Noodles 12 x 454 g

Jumbo Shells 12 x 250 g

Spaghettini Piccante 12 x 250 g

Pepparrelle Piccante 12 x 250 g

New - Old Fashion Pickles & Preserves

Mustard Pickles 12 x 375 ml,

12 oz

Watermelon Pickles

Green Tomato Pickles Bread & Butter Pickles

Zucchini Pickles

Giadinera

Eggplant

Sweet Pepper & Sauce Blend 12 x 375 ml, 12 oz

Jalapeno Pepper 12 x 375 ml, 12 oz

Pickled Carrots 12 x 375 ml, 12 oz

Pickled Onions 12 x 375 ml, 12 oz

Hot Beet Relish 12 x 375 ml, 12 oz

Hot Salsa 12 x 375 ml, 12 oz Mild Salsa 12 x 375 ml, 12 oz

Pickled Ginger 12 x 375 ml, 12 oz

Bread & Butter Mushroom

12 x 375 ml, 12 oz

Hot Pickled Mushroom 12 x 375 ml, 12 oz

Antipasto 12 x 375 ml, 12 oz



Ann's Perogey Palace (P,R)

413 Magnus Avenue (at Salter Street) Winnipeg, Manitoba R2W 2C2 Telephone: 1-(204) 586-7842 Fax: 1-(204) 586-0687 Contact: Carol Anne Barker *(A)

Perogies - 1 or 3 doz packs
Handmade

Potato and Cheddar Cheese
Potato and Fried Onion
Potato and Cottage Cheese
Meat and Potato
Sauerkraut
Cottage Cheese
Extra "CHEESEY" Potato and
Cheddar Cheese

Commercial Perogies Potato & Cheddar Cheese
(Only) 4 doz bags available
(fresh & frozen),12 doz cases
(frozen)

Pereshkey (baked buns) - 1, 2, 3 doz packs or larger

Sauerkraut
Potato and Fried Onion
Meat with Potato
Extra "CHEESEY" - Potato and
Cheddar Cheese

Cabbage Rolls - 1 doz tray fully cooked

2 1/2 + 4 doz roasters (frozen - some oven time required)

Rice & Bacon with Fried Onion & Tomato Sauce

4 dz Rice & Beef - Advanced Orders Required for Plain Rice

Arctic Aquafarms (N)

Box 51 Garson, Manitoba ROE 0R0 Telephone: 1-(204) 268-3327 Fax: 1-(204) 338-0656 Contact: Peter K. Palaschuk, Vice-President and General Manager

Fresh Arctic Char

Processed under the Canadian Quality Management Program Dressed (0.25 - 2.0 kg) Filleted (120 - 250 g) Boned (250 - 500 g) Fresh Rainbow Trout Processed under the Canadian Quality Management Program Dressed (0.25 - 1 kg) Filleted (120 - 250 g) Boned (250 - 500 g) Fresh Brook Trout Processed under the Canadian **Ouality Management Program** Dressed (250 - 500 g) Filleted (250 g) All above items are also available in smoked and frozen form.

Armstrong Cheese Company Ltd. (N) (Division of Dairyworld Foods) Box 1180

Winkler, Manitoba R6W 4B2

Telephone: 1-(204) 325-4321 Fax: 1-(204) 325-5739 Contact: Mark Nelson, Plant Manager (A) Bulk cheese, 640# blocks

Whey Protein Concentrate

235 Manitoba Road

Arseniuk Wild Rice (R,P,N,I)

P.O. Box 356
Lac du Bonnet, Manitoba
ROE 1A0
Telephone: 1-(204) 345-2277
Contact: Harry Arseniuk
(A)
Wild rice in bulk. Also 2 kg and
454 g
Pre-packaging upon request



Associated Brands* (I)

905 Berry Road Winnipeg, Manitoba R3H 0S7 Telephone: 1-(204) 783-1363 Fax: 1-(204) 783-5902 Contact: Martin Nolette, Plant Manager Jeffrey Player, National Sales Manager Telephone: 1-(416) 259-5658 Fax: 1-(416) 259-0851 Prairie Maid Whole Wheat Crisps 12/225 g Prairie Maid Whole Wheat Crisps 12/450 g Newport Fluffs Puffed Wheat 24/175 g Newport Fluffs Puffed Wheat 12/350 g Prairie Maid Start Right Rice 12/225 g Prairie Maid Rice Puffs 12/250 g



Aurora Pepper Products Ltd. (P)

92 St. Alphonse Avenue

Ste. Anne, Manitoba R5H 1H1
Telephone: 1-(204) 422-9856
Fax: 1-(204) 422-5325
Contact: Edward Penhall
(A)
Aurora Hot Pepper Sauce
12/150 ml
Blueberry Backbean Sauce
12/375 ml



- B -

B. D. C. Commodity Export Ltd. (I) 45 Allenford Drive West St. Paul, Manitoba **R4A 2A5** Telephone: 1-(204) 334-3921 Fax: 1-(204) 334-6182 E-mail: dcouch@wpcusrgrp.org Contact: Donald S. Couch, President (A) Honey, bulk & packed Wild Rice Frozen French Fried Potatoes Lentils Whole Yellow Peas

Manitoba Pork Products

Soaps and Detergents

Flaxseed

Lard

Lactose

Canola Oil

Whey Powder



Baba's Joy of Soy (R,P,N,I)

667 Ellice Avenue
Winnipeg, Manitoba R3G 0A8
Telephone: 1-(204) 788-1642
Fax: 1-(204) 775-1055
E-mail: ipldesig@escape
Contact: Suzette or Izabela
Roasted Soybean - 16 flavors
Soy Cookie Mix
Pizza Mix
Waffle Mix



Bavarian Meat & Sausage (P) Division of Bavarian Village Deli Ltd. 650 Golspie Street Winnipeg, Manitoba R2K 2V1 Telephone: 1-(204) 667-6860 Fax: 1-(204) 669-0193 Contact: Frank Mayer, President (A) **Back Bacon** Pizza Back Bacon Hotel Bacon #1 sliced 11 lb. box Bacon Side rind on Bacon Side rind on chunk Bologna Bung, whole Bung, chunk **Bologna Rings** Corned beef Corned Beef Round Corned Beef Brisket Pastrami Eye Montreal Smoked Beef Brisket Fresh sausage Pork Sausage Pork & Beef Sausage Bratwurst Italian Sausage Garlic sausage Fine Coil Garlic Fine Garlic Ring Kolbassa Ham Garlic Kolbassa Roll Coil Garlic Chub 10 x 500 g box Ham **Bavarian Festive Ham Black Forest** Old Fashioned Country Smoked Ham 1/2s Ham with Honey Garlic Flavour Cooked Ham Regular Breakfast Ham (tin end) Ham Sausage Cajun Ham

Headcheese Regular Headcheese Hungarian Ham Headcheese Liver sausage Liver Sausage Fine **Liver Sausage Course** Liver Sausage Herbs Liver Sausage Onions Pate with Mushrooms Pate with Cognac Pate with Herbs Pate with Onions Loaves Bayarian Meat Loaf Ham & Bacon Loaf Spiced Ham Loaf Toasted Onion Loaf Mock Chicken Loaf Veal Loaf Black Forest Ham Loaf Pepperoni Pizza Pepperoni Pepperettes 10" Salami Bayarian Lunch Salami Beef Salami German Salami Hungarian Salami Turkey Salami Tangy Summer Sausage Pepperoni Chub 12 x 350 g box Salami Chub 12 x 350 g box Specialty sausage Beerwurst **Jagdwurst** Blood & Tongue Loaf **Buckwheat Sausage** Farmer Sausage Fleishwurst (Leoner) Half & Half Mettwurst Smoked Pork Hocks Smoked Pork Loin Turkey Roll White Turkey Roast White Breast Roast Beef **Bavarian Roast Pork** Wesphalian Knackwurst Wieners **Bavarian Smokies**

Bockwurst

Headcheese



European Knackwurst Weisswurst Kubbi Dogs Wieners 8" (6 pack) Wieners 8" (20 pack) Cheddar Dogs Beer Wieners 7" (6 pack) Pork Cutlet Choice 5 kg box 5 oz each Beef Patties



Bee Maid Honey Ltd.*

(I)
625 Roseberry Street
Winnipeg, Manitoba R3H 0T4
Telephone: 1-(204) 786-8977
Fax: 1-(204) 783-8468
Contact: R.J. (Rick) Rees,
Director of Marketing

(A)

12 x 250 g Liq. Petg

12 x 500 g Liq. Petg

12 x 500 g Liq. Beehive

12 x 1 kg Liq. Beehive

12 x 250 g Crm. Plastic

12 x 500 g Crm. Squeeze

24 x 375 g Crm Plastic

24 x 500 g Crm. Plastic

12 x 500 g Crm. Plastic

12 x 1 kg Crm. Plastic

12 x 375 g Cinnamon Squeeze

12 x 500 g Buckwheat

12 x 500 g Liq. Unp. Beehive

12 x 1 kg Liq. Unp. Beehive 6 x 1.5 kg C Crm. Pl. Unp.

12 x 350 ml BarBeeQ Sauce

12 x 250 ml Honey Mustard

Bertram Honey Company

(I)

Box 172

Birtle, Manitoba R0M 0C0 Telephone: 1-(204) 842-5189

Fax: 1-(204) 842-3287

Contact: Ms. Louise Bertram,

Manager (A)

Honey and Beeswax Products

Best Cooking Pulses, Inc.* (N.I)

110 - 10th Street N.E. Portage la Prairie, Manitoba R1N 1B5 Telephone: 1-(204) 857-4451

Fax: 1-(204) 239-6885

(A)

Pea Hull Fibre, Fine and Coarse*
Flushable Cat Litter

Binner Marketing & Sales Inc. (P)

870 Bradford Street
Winnipeg, Manitoba R3H 0N5
Telephone: 1-(204) 783-3177
Fax: 1-(204) 783-6363
Contact: Murray Binner
Sales agents for Pizza Pops Ltd.
See under "P" for product listing.

Bond Foods Ltd.* (N)

185 Bannatyne Avenue E.
Winnipeg, Manitoba R3B 0R4
Telephone: 1-(204) 957-1545
Fax: 1-(204) 947-2044
Contact: Walter Fletcher,
President
Glen Nowlin, Vice President
& Sales Manager
(A)*
Individually Wrapped Jellies
(Pizazz)
Jelly Slices with Rind* - orange,
Jemon, lime, grape, raspberry,

watermelon, grapefruit
Neapolitan Jellies* - orange,
lemon, lime, raspberry, pear,
grape - 9.08 kg
Unwrapped Jellies*
Jelly Slices with Rind* - orange,
lemon, lime raspberry, grape,
watermelon, grapefruit

Plain Jelly Squares* - lemon, lime, orange, raspberry, pear, grape

Boston Jelly Squares* - lemon, lime, orange, raspberry, pear, grape - 6 boxes, 2.27 kg/case

Neapolitan Jelly Squares* lemon, lime, orange, raspberry, pear, grape

Rainbow Jelly Squares* orange, lemon, lime, raspberry, pear, grape - 6 boxes, 2.27 kg/case

Turkish Delight* - pink, green

5 kg
Peanut Brittle* 5 kg
Peanut Toasties* 8 kg
Raspberry Drops* 10 kg
Mint Humbugs* 11 kg
Toasted Marshmallows 5 kg
Assorted Jelly Trays* 12/350 g,
12/600 g, 12/900 g

Family Mix Trays* 12/300 g, 12/600 g, 12/850 g Hostess Assortment Trays

12/300 g, 12/550 g, 12/850 g Assorted Fruit Slices Tray*

Peanut Brittle Bars* 12/250 g Assorted Jelly Slices* 12/200 g Assorted Jelly Squares*

12/200 g Turkish Delight Trays* 12/300 g

12/200 g, 12/400 g

Toasted Marshmallows 12/250 g Jet-Puffed Marshmallows New Pizazz Boxed Juicy Jellies* 24/100 g, 24/200 g, 12/400 g

Fruit Snacks & Fruit Roll-Ups Specialty Candy for all seasons: Easter, Christmas, Halloween,

Valentine's Day, etc.



Border Chemical Company Limited*

595 Gunn Street Winnipeg, Manitoba R2C 5G2 Telephone: 1-(204) 222-3276 Fax: 1-(204) 224-0562 Contact: Dennis Smerchanski

Food processing chemicals*



Bothwell Co-operative Dairy Society Ltd. (N)

Box 119, 61 Main Street N. New Bothwell, Manitoba **ROA 1CO**

Telephone: 1-(204) 388-4666 or 1-(204) 388-4906

Fax: 1-(204) 388-4172 E-mail: cheese01@mb.aibn.com Contact: George Doan,

General Manager Anne Banman,

Administrative Manager (A)

40 lb blocks, 10 lb blocks, 5 lb blocks, random cuts

- mild, medium, marble, old, aged and aged white cheddar

Caraway Cheese, Garlic Cheese, Jalapeno Pepper, Farmers Cheese, Mozzarella, Part Skim Mozzarella. Nuggets (Cheddar) (no salt added), Mild Cheddar, Gouda Cheese, Sun-Dried Tomato Cheese, Colby Cheese, Bakers Cheese, Monterey Jack, Swiss Cheese, Cow Feta Cheese, Goat Feta, 50/50 Feta Cheese, Goat Cheese

Shredded Products

Mild, Medium and Old Cheddar Marble Cheese, Part Skim Mozza, Mozzarella and Pizza Mix - 454 g, or bulk

Kosher Products

Feta Cheese, Mozzarella, Cheddar, Gouda



Bread & Circuses Bakery Cafe (R,P,N)

238 Lilac Street Winnipeg, Manitoba R3M 2T3 Telephone: 1-(204) 477-4555 Fax: 1-(204) 477-2349 E-mail: praroven@escape Contact: Tom Janzen

Granola Bars - Chocolate Chip. Apricot, Dried Cranberry Whole Grain Breads - Brown, Multi-Grain, Herb, Cinnamon Raisin

Bridge Brand Food Services Ltd. (N)

2 Hoka Street Winnipeg, Manitoba R2C 3N2 Telephone: 1-(204) 224-0134 Fax: 1-(204) 222-0935 Contact: Ralf Eichstadter. General Manager Ed Thompson, Purchasing Supervisor (A) Fresh Produce (B) **Dry Groceries** Fresh Produce Frozen Foods Meat, Seafood, Poultry Full line of Beverages and Beverage Dispensing Equipment Paper Goods **Smallwares**

Dairy

Burnbrae Farms Limited (R,P,N,) fi

Processing Plant

1710 Wellington Avenue Winnipeg, Manitoba R3H 0E6 Telephone: 1-(204) 783-5359 Fax: 1-(204) 774-5055

Grading Plant

500 Pandora Avenue West Winnipeg, Manitoba R2C IN1 Telephone: 1-(204) 222-2783 Fax: 1-(204) 224-0046 Web: www.burnbraefarms.com Contact: Frank Both, Dean Reimann (A) Eggs and Egg Products



Cambrian Enterprises Ltd. (P,N,I)

7-915 McLeod Avenue Winnipeg, Manitoba R2G 0Y4 Telephone: 1-(204) 667-3434 Fax: 1-(204) 667-3937 E-mail: cambrian@cambrianenterprises. Web: cambrianenterprises.com

Contact: G.C. (Greg) Adams Readyfoods Ltd. (Wpg.) Prairie Harvest Canada Ltd. Country Club Foods



Cambrian Wild Rice Inc. (N,I)

P.O. Box 175 St. Georges, Manitoba R0E 1V0 Telephone: 1-(204) 367-8451 Fax: 1-(204) 367-2178 Contact: Lawrie Gaffray, President



(A)
Canadian Lake Wild Rice
Bulk: 80 lb. & 50 lb. bags
10 lb. boxes
Custom retail packaging
specializing in exports 250 g and
100 g retail packages
Supplier of Certified Organic
Wild Rice



Canada Bread Company, Limited (N)

820 Berry Street, Suite A Winnipeg, Manitoba R3H 1H2 Telephone: 1-(204) 786-7611 Fax: 1-(204) 783-8074 Toll-Free: 1-800-665-4849 Contact: Bruce Turner, Regional Sales Manager - Manitoba Nigel Anderson, Vice President, Retail Sales

(A) Breads

White, Brown, Cracked Wheat, 100% Whole Wheat, French, Dutch, Sandwich Breads, Dempster Hearty Grains Bread, Raisin, Rye Bread Varieties

Rolls

Hamburgers, Hot Dog Rolls, Dinner Rolls, Crusty Rolls, Submarine Rolls

Muffins

Complete line of English Muffins Brown & Serve Bread Sticks Bagels Complete line - sliced bagels

Dempster Flat Breads

Canadian Inovatech Inc.*

(1)
70 Irene Street
Winnipeg, Manitoba R3T 4E1
Telephone: 1-(204) 477-1830
Fax: 1-(204) 475-7740
Web: http://www.inovatech.ca
Contact: Brad Friesen, General
Manager
(A)
Frozen and Liquid Egg

Products*
Egg Powder Products*

Canadian Wheat Board (N,I)

423 Main Street
P.O. Box 816 Station Main
Winnipeg, Manitoba R3C 2P5
Telephone: 1-(204) 983-3421
Fax: 1-(204) 983-4678
E-mail: cwb@cwb.ca
Web: http://www.cwb.ca
Contact: Robert Roehle
Corporate Communications
(A)
Marketing agency of wheat and
barley grown in Western Canada

CanAmera Foods*

406-1780 Wellington Avenue Winnipeg, Manitoba R3H 1B3 Telephone: 1-(204) 925-4500 Fax: 1-(204)925-4503 Contact: Greg Christensen, Sales Representative (A) Canola Oil Products Canaplus 16 L Canola Oil - 3 L, 16 L, 190 kg. 1043 kg Vegetable Frying Shortening -16 L, 1043 kg liquid, 20 kg General Purpose Shortening Hi Ratio Shortening - 20 kg Creaming Base, Icing Base

Solid Margarine - 1 lb, 20 kg
No Palm, No Salt, Bakers
Tenderflake Lard - 1 lb, 20 kg
Coconut Oil - 20 kg
Whippee Whip Topping - 1 lb,
4 kg
Liquid Vanilla Icing & Filling 4 kg
Emulsifiers, Lecithin
Tank Truck and Tank Car
Capacity for Bulk Oil &
Shortening



Can-Oat Milling Products Inc.* (R.P.N.I)

Inc.* (R,P,N,I)
P.O. Box 520
Portage la Prairie, Manitoba
R1N 3W1
Telephone: 1-(204) 857-9700
Fax: 1-(204) 857-9500
Contact: Karl Gerrand
Manufacturers and suppliers of
Processed Oat Products:

Oat flour, oat bran, regular rolled oats, quick rolled oats, instant rolled oats, baby oats, crushed oats, instant oats, custom specialties.

Packaged in: 25 kg and 50 lb. - truck, rail Tote sacks - truck, rail Bulk - truck, rail

Catellier Seed Service Inc.*

Box 25
Dufrost, Manitoba R0A 0K0
Telephone: 1-(204) 347-5588
Fax: 1-(204) 347-5890
E-mail: pc@:mb.sympatico.ca
Contact: Guy/Patrick Catellier
Mustard seed*
Yellow Mustard*
Oriental mustard*

Brown mustard*

Soft Margarine - 1 lb, 20 kg



Canary seed Processed flax, wheat, barley, oats*



City Bread* (I)

232 Jarvis Avenue Winnipeg, Manitoba R2W 3A1 Telephone: 1-(204) 586-8409 Fax: 1-(204) 582-2175 Contact: Mr. Werner Saxler, Sales Manager

E-mail: wsaxler@sonsbakery.ca Mr. Vic Magda, Director of

Sales and Marketing

Clandeboye Meat & Deli

8468, Highway #9 Box 237 Clandeboye, Manitoba ROC OPO Telephone: 1-(204) 738-2345 Contact: Lee Pammer



Country Club Foods Ltd.

Box 1063 460 River Road Arborg, Manitoba ROC 0A0 Telephone: 1-(204) 376-2130 Fax: 1-(204) 376-5778 Pizza

Fresh and frozen, snack size, family size, regular size

The Ultimate Gourmet Pizza The Sundowner Pizza Take N Bake Pizza Pisa Pizza

Sandwiches Fresh modified atmosphere

packaging Real Lunch - lunch kits Quick Draw Deli Country Club

Private Label Brands Submarines, burgers, deli sandwiches, specialty subs



Countryside Farms* (R,P)

Box 809 Steinbach, Manitoba ROA 2A0 Telephone: Winnipeg Direct 1-(204) 284-0632 or 1-(204) 326-4313 Fax: 1-(800) 718-EGGS (3447)

Contact: Peter Wieler

(A)

Grade A Fresh Eggs and Processed Eggs

Crampton's Manitoba

Maid (P) Box 173 Starbuck, Manitoba R0G 2P0 Telephone: 1-(204) 735-2479 Contact: Paulette or Sam Crampton (A) Manitoba Maid @ Jams. 250 ml Pembina Plum Jam Raspberry Jam Strawberry Jam Strawberry-Apple Jam Strawberry-Rhubarb Jam Strawberry-Raspberry Jam Saskatoon Jam Manitoba Maid @ Jellies. 250 ml Crabapple Jelly Raspberry Jelly Strawberry Jelly Chokecherry Jelly Highbush Cranberry Jelly Manitoba Maid @ Marmalades, Manitoba Maid@ Pancake Syrups, 360 ml Strawberry Syrup Chokecherry Syrup Raspberry Syrup Saskatoon Syrup (B) Manitoba Maid @ Jams, 250 ml Apricot Jam Damson Plum Jam Dutch Apple Jam Peach Jam Peachy Plum Jam Blueberry Jam Manitoba Maid @ Marmalades, 250 ml Seville Orange Marmalade Three Fruit Marmalade

Creative Food Products (R,P)

35 Winfield Way Winnipeg, Manitoba R2R 1V8 Telephone: 1-(204) 694-9390 Contact: Richard Anton (A) Manufacture and sell pizza crusts, frozen croissants,

frozen turnovers, puff pastry, cinnamon buns and pizza fries under trade name "Creative".



Crocus Foods (1996) Limited (R,P,N)

Box 144 Southport, Manitoba R0H 1N0 Telephone: 1-(204) 428-5422 Fax: 1-(204) 428-5424 Contact: Carl Tillberg, General

Manager (A & B) Retail Packs

250 ml

Rhubarb Marmalade

Saskatoon Marmalade



Summer Salad 12 x 1 lb Cole Slaw Mix 18 x 1 lb Carrot Sticks 12 x 1 lb Celery Sticks 12 x 1 lb Carrot/Celery Sticks 12 x 12 oz Stir Fry Mix 12 x 1 lb Romaine Lettuce 12 x 10 oz **Food Service** Iceberg Lettuce 4 x 5 lb, 2 x 5 lb (shredded or chopped) Summer Salad 4 x 5 lb Coleslaw Mix 4 x 5 lb Cabbage, shredded 4 x 5 lb Romaine Lettuce 4 x 3 lb Carrots -sticks 4 x 5 lb, 2 x 5 lb -whole I x 20 lb -mini 4 x 5 lb, 1 x 20 lb -diced 4 x 5 lb, 2 x 5 lb, 1 x 20 lb -coins 4 x 5 lb Celery -sticks 4 x 5 lb, 2 x 5 lb -diced 4 x 5 lb, 1 x 20 lb -cleaned 4 x 5 lb, 2 x 5 lb Onions -whole peeled 1 x 20 lb -diced 4 x 5 lb, 2 x 5 lb -slivered 4 x 5 lb **Potatoes** -whole peeled 2 x 10 lb -fresh fries 2 x 10 lb -diced 2 x 10 lb -parisienne 2 x 10 lb Stir Fry 4 x 5 lb, 2 x 5 lb Green Peppers -diced 5 x 2 lb -slivered 5 x 2 lb

- D -

D & H Thiessen Farms (R,P)

Box 149
Lowe Farm, Manitoba ROG 1E0
Telephone: 1-(204) 746-8526
(A)
Golden Flaxseed
Buckwheat Hull Neckrolls,
Cushion and Pillows

Dada Panir (N,I) Volga Enterprises Ltd. Box 71, 1631 St. Mary's Road Winnipeg, Manitoba R2N 3X9 Telephone: 1-(204) 257-3185, 1-(204) 256-4559 Fax: 1-(204) 257-3185 E-mail: dadafood@mb.sympatico.ca Contact: Mrs. Jyoti Sachdev, Volga Enterprises Ltd. (A) Dada Panir tm: Specialty Cheese/Dairy Foods Fresh Natural Frozen Natural Frozen Fried (B) Cheddar Marbled Cheese Full Fat American Mozzarella Part Skim American Mozzarella Feta (Plain, Lemon Dill, Tomato Basil, Oregano) Brick Monterey Jack Colby



Dairyworld Foods* (R)

Gouda

202-1460 Chevrier Boulevard Winnipeg, Manitoba R3T 1Y6 Telephone: 1-(204) 987-6450 Fax: 1-(204) 452-3476 Contact: Guy Chartier, Regional Sales Manager (A) Milk & Cream Products* Milk Whole* 20 L, 4 L, 2 L, 1L, 1/2 L. 1/4 L Milk 2%* 20 L, 4 L, 2L, 1 L, 1/4 L Skim Milk* 20 L, 2 L, 1 L, 1/4 L Buttermilk* | L Chocolate 2% Milk* 20 L, I L, 1/2 L, 1/4 L Cereal Cream* 1 L, 1/2 L, 1/4

L, individual creamers, 1/2 oz., 160/bag Whipping Cream* 1 L, 1/4 L Sour (Salad) Cream* 4 L, 1/2 L, 1/4 L Egg Nog* 1 L Cream Spread Cheese* 250 g, 24/cs, 2 kg tub, 11.3 kg pail Cream Cheese* 250 g, 24/cs Dry Cottage Cheese* 375 g. 12/cs; 1 1/2 kg bags & bulk Creamed Cottage Cheese* 250 g, 24/cs; 500 g, 12/cs, 1 1/2 kg & bulk Butter Prints Salted* No. 1, 1 lb., (454 g), 36/cs Butter Unsalted prints* 250 g 70/cs Butter Bulk* 25 kg boxes Ice Cream Mix* (Soft Serve) Vanilla & Chocolate* 20 L, 10 L, 2 L Milkshake Mix* 1 L Ice Milk Mix* 2 L (B) Fruit Juices & Drinks* Orange Juice * 1 L, 175 ml Apple Juice* 1 L, 175 ml Coffee Pride* (artificial cream) individual 1/2 oz. cups, 125/box



Del's Specialty Meats (P)

P.O. Box 209
Letellier, Manitoba R0G 1C0
Telephone: 1-(204) 737-2231
Fax: 1-(204) 737-2080
Toll-Free: 1-(888) 285-3357
Contact: Bob, Rick and Gloria
Gallant
(B)
Pâte - Regular, Garlic, Cognac,
Pepper
Tourtière
Sugar Pie
Blood Sausage

Ci-Pâte



Cretons Homestyle Pizzas

Desserts Plus*(R)

1595 Main Street
Winnipeg, Manitoba R2V 1Y2
Telephone:1- (204) 339-1957
Fax: 1-(204) 338-4754
E-mail: reiss@escape.ca
Web: www.reiss@escape.ca
Contact: Barbara or Ed Reiss
(B)
Fancy Pastry
Tortes
Hors d'Oeuvres
Wedding Cakes
Fresh & Frozen Prepared Foods
Party Platters

Dominion Malting Limited (I)

953 - 167 Lombard Avenue
Winnipeg, Manitoba R3B 0V3
Telephone: 1-(204) 943-0741
Fax: 1-(204) 947-6791
E-mail:
malt@dominionmalt.mb.ca
Web: www.dominionmalt.mb.ca
Contact: Jim Venn, President
(A)
Barley
(B)
Barley Malt

Donut House/Cedar Bread Factory (R)

500 Selkirk Avenue
Winnipeg, Manitoba R2W 2M7
Telephone: 1-(204) 589-8397
Fax: 1-(204) 582-3606
Contact: Russ Meier
(B)
Flatbread, Variety and Flavours
Available
No preservatives or fats added

Variety of sizes available

Full line bakery
Pita Bread, Whole Wheat/
White*



Du Bois Wild Rice Ltd. (R,P,N,I)

P.O. Box 1762 Winnipeg, Manitoba R3C 2Z9 Telephone: 1-(204) 255-0434 Fax: 1-(204) 255-0434 E-mail: skrzenta@pangea.ca Contact: Judy Skrzenta, Managing Director Grower, Processor and Packager of Wild Rice Products (A) Wild Rice Bulk 2.5 kg, 10 kg, 50 lb. (22.68 kg) Retail Pkgs. 200 g, 400 g Available in Canada Grade A, X-Large, Large, Medium, Small or Broken Grades Certified Organic (OPAM) Grower and Processor Custom mixing and packaging available (B) Wild Rice Pancake Mix 300 g Wild Rice Fettuccine 3 kg



Dunn-Rite Food Products Ltd. (R,P,N,I) fi

199 Hamelin Street
Winnipeg, Manitoba R3T 0P2
Telephone: 1-(204) 452-8379
Fax: 1-(204) 475-1495
Contact: K. Cretton
R. Bertschinger
(A)
"Portion controlled poultry
products"
Fresh and frozen chicken

products for Food Service & Retail Industry Individually Quick Frozen Marinated Chicken Segments Flavoured Marinated Chicken **Products** Breaded Chicken Parts -Cooked Comish Hens Ducks Distributor of Butterball Turkeys/Processed Items Whole Fresh/Frozen Turkeys **Processed Deli Products** Chicken

- E -

Eidse Family Farms (R,P,N,I)

P.O. Box 607
Morris, Manitoba R0G 1K0
Telephone: 1-(204) 746-8070
Fax: 1-(204) 746-8069
E-mail:
dbeidse@mb.sympatico.ca
Contact: Darrell or Bonnie Eidse
(A)
Fresh smoked farmer sausage
Smoked naturally over oak

wood

Soup Mixes

Hale & Hearty Soup Mix
Variety of 6 different peas &
beans - 12 x 1 kg pkgs & 24 x
500 g pkgs with herb &
spice pack. Bulk also
available upon request.

Barley & Lentil Soup Mix
Pot barley, green & yellow
split peas, lentils, brown rice
- 12 x 1 kg pkgs & 24 x 500 g
pkgs with herb & spice
pack. Bulk also available
upon request.

Lentils

12 x 1 kg & bulk available Fabulous Lentils Lentils, green & yellow split



peas - 24 x 500 g with herb & spice pack

Black Bean'N Rye Soup Mix Black beans, lentils, green & yellow split peas, rye - 24 x 500 g with herb & spice pack

Hot Mexican Chili Mix
Red Mexican chili beans,
great white northern beans 24 x 500 g with herb & spice
pack

Stone Ground Whole Wheat Flour, 9 x 2.5 kg Custom mixing and packaging available.

Elman's Food Products* (N)

647 Jarvis Avenue
Winnipeg, Manitoba R2W 3B3
Telephone: 1-(204) 586-8485
Fax: 1-(204) 586-7713
Contact: Manny Finkleman,
General Manager
John McIntyre, Sales Manager
(A)
Horseradish White & W/Beet*
12/250 ml, 12/500 ml, 2/4 L

12/250 ml, 12/500 ml, 2/4 Hot Mustard & Honey Mustard* 12/250 ml Deli Dill Pickles Whole & Halves* 12/946 ml, 2/4 L, 20 L

Deli Dills Whole-Pickle Barrel* 6/2 L

Deli Dill Pickles Chunks* 20 L Pickled Eggs* 12/500 ml, 2/4 L Bunslappers - Sandwich Slices* 12/500 ml

Sweet Hot Bread & Butter Pickles* 12/750 ml

Sauerkraut* 12/750 ml, 2/4 L, 20 L Pails

Crushed Garlic* 12/125 ml, 12/250 ml, 2/4 L. Seafood Sauce* 12/250 ml

Tartar Sauce* 12/250 ml
Pickled Garlic Cloves Regular

& Spicy* 12/250 ml Garden In a Jar (Sweet Marinated Vegetables)* 12/750 ml

Sweet Relish* 12/1 L, 2/4 L, 20 L Pails

Baba's Old Fashioned Barrel Cured Pickles* 12/946 ml Poultry Dressing* 24/454 gram Barbecue Sauce Reg &

Hickory* 12/455 ml, 2/4 L Teriyaki Sauce* 12/455 ml Horseradish Sauce* 12/455 ml Sweet Pickled Onions *

12/375 ml Sweet Pickled Gherkins* 12/375 ml

Sweet Mixed Pickles* 12/750 ml, 2/4 L, 20 L pails

Banana Pepper Rings 12/750 ml & 2/4 L Sliced Pickled Beets*

12/750 ml, 2/4 L Bread & Butter Pickles* 2/4 L Holland Herring; Milker Herring 6/1.8 kg

Barrels of Headless Herring packed to order



Emerson Milling Inc. (I)

P.O. Box 424
Emerson, Manitoba R0A 0L0
Telephone: 1-(204) 373-2328
Fax: 1-(204) 373-2537
Contact: Mr. Real Tetrault
Bird Seed
Oat Groats
Baby Pig Starter



Empire Spice Mills* (R,P,N)

908 William Avenue
Winnipeg, Manitoba R3E 0Z8
Telephone: 1-(204) 786-1594
Fax: 1-(204) 783-2847
Contact: Don Ramage
(B)
Retall/Institutional/Bulk Sizes
Spices*
Bakery Products*
Extracts*

Escott W.H. Company Ltd.* (R,P,N,I)

95 Alexander Avenue Winnipeg, Manitoba R3B 2Y8 Telephone: 1-(204) 942-5127 Fax: 1-(204) 943-5320 E-mail: whescott@escape.ca Contact: Ray Prokopchuk, President (A)* Soup Mix with Alphabets 12/450 g, 10 kg bulk Popcom, Premium Yellow 12/450 g, 10 kg bulk Buckwheat Whole 12/450 g, 10 kg, 5 kg Buckwheat Coarse 12/450 g, 10 kg Yellow Split Peas 12/450 g. 10 kg, 5 kg, Bulk Green Split Peas 12/450 g. 10 kg, 5 kg, Bulk Pot Barley 12/450 g, 10 kg, 5 kg Pearl Barley 12/450 g, 10 kg, 5 kg Whole Green Peas 12/450 g.

Whole Yellow Peas 12/450 g, 10 kg, Bulk

10 kg, Bulk

Lentils (Green) 12/450 g, 10 kg, Bulk Black Turtle Beans 12/450 g,



10 kg, 5 kg, Bulk Black Eye Beans 12/450 g. 10 kg Chick Peas (Garbonzo) 12/450 g, 10 kg, Bulk Baby Lima Beans 12/450 g, 10 kg, 5 kg Large Lima Beans 12/450 g. 10 kg Small Red Chili Beans 12/450 g, 10 kg Red Kidney Beans 12/450 g. 10 kg, 5 kg Pinto Beans 12/450 g, 10 kg Small White Beans 12/450 g, 10 kg, 5 kg, Bulk Great Northern Beans 12/450 g. 10 kg





Fibrotein Cereal Products* (N,I)

Box 335, 5th Avenue NW
Minnedosa, Manitoba ROJ 1E0
Telephone: 1-(800) 539-5009
Fax: 1-(204) 867-5257
Web: www.fibrotein.com
Contact: Murray Dutka
(A)
Manufacturer of regular and fine

Manufacturer of regular and fine grind cereal grains in 25 kg and 15 kg bags.

Fleisher Wholesale Meats Ltd.* (R,P,N,I)

505 Dawson Road
Winnipeg, Manitoba R2J 0T2
Telephone: 1-(204) 237-4001
Fax: 1-(204) 231-2003
Contact: Corry or Mark
Berndsen
(A)
Fresh Beef Carcass and Cuts*
Fresh Boneless Beef Products

Fancy Meats Block Ready Beef Cuts



Fort Garry Brewing Co. Ltd.

130 Lowson Crescent Winnipeg, Manitoba R3P 2H8 Telephone: 1-(204) 487-3678 Fax: 1-(204) 487-0839 Contact: Richard Hoeschen, President



Fresh Hemp Foods Ltd. (I)

Box 2311
Winnipeg, Manitoba R3C 4A6
Telephone: 1-(204) 942-1185
Fax: 1-(204) 956-5984
E-mail: info@hemperor.com
Web: www.hemperor.com
Contact: Mike Fata, Sales
Manager
(A)
Roasted Hemp Seed
Cold Pressed Hemp Seed Oil
Hulled Hemp Seed (Hemp Seed
Nut)
Hemp Seed Nut Butter
Hemp Coffee



Freshwater Fish Marketing Corporation* (R.P.N.I)

1199 Plessis Road Winnipeg, Manitoba R2C 3L4 Telephone: 1-(204) 983-6483 Fax: 1-(204) 983-6497 Contact: Gerald Malone, Vice President Marketing Dennis Kork Freshwater Favourites From the North Whitefish* Carp* Lake Trout* Mullet* (White) Sturgeon Walleve/Pickerel* Golden Caviar* Tullibee* Sauger/Canadian Pike* Goldeye* Northern Pike* Product Packs* Frozen IOF portion controlled whole fish (dressed, round or headless), IOF fillets and blocks **HACCP** Certified Kosher supervision

(B)
Freshwater Favourites from the
Northwest Territories
Inconnu*
Whitefish*
Lake Trout*
Pickerel/Walleye*
Northern Pike*
Tullibee*



available.



G.B. Schreyer Meats, Inc. (P)

83 Higgins Avenue
Winnipeg, Manitoba R3B 0B3
Telephone: 1-(204) 989-2277
Fax: 1-(204) 943-7524
E-mail: gbsmeats@escape.ca
Contact: G. B. Schreyer,
President and General Manager
Greg Schreyer, Sales Manager
Side Bacon

Slab - rind on - whole, Sliced



Farmer Sausage

- 1 lb pkg, case - Sliced - 11 lb case, Bacon ends - 5 lb Canadian Back Bacon - COV whole Bologna - Bung - Whole Corned Beef Ham Garlic Sausage - rings, coil - approx 1 lb Garlic Sausage Fine - coil, rings - approx 1 lb Kolbassa Roll - COV - 6 lbs Pepperoni - Red String, Blue String - 3 lbs Red String Deli, Blue String Deli - 7 lbs Pepperettes - 1 lb Salami Regular - Whole, All Beef -Whole, 5 lbs Smokies - Regular - 5 lbs, Regular, Mexican/Jalapeno, Cheese - 6-pk Kubidogs - 5 lb & 6-pk Wieners Smoked European 8" - 5 lb pkg, Smoked European 12" - 15 lb pkg, Premium (S/ Casing) 8" - 5 lb pkg, Premium (S/Casing) 8" -8 pk Smoked Pork Hocks - 3 pk Kessler "Special Order" Whole Loin and Chops Pattles - 11 lb case Hamburger - 4/1 or 5/1 - All Beef Farmer Sausage - 4/1 - Frozen Pork Sausage - 4/1 - Frozen Black Forrest - Whole - 5 lb avg H&R (Tin End) - Whole - 7 lb Smoked Leg (R.T.S.) - "Special Order" 14 lb avg Toupee - COV - 7-10 lb avg Picnics - COV - 5-7 lb avg 4 x 4 Ham - Whole - 8 lbs Sausage - Frozen - 11 lb case Pork, Pork & Beef, Beef, Italian - Medium, Brautwurst, Honey

Sausage

Link - Frozen - 11 lb case Deli - Fully Cooked - 7 lb Loaves Onion & Garlic, Sweet Pepper & Herb. Macaroni & Cheese, Southern BBQ, Bacon & Cheese Legs - Whole, Skinless, Boneless, Boned & Rolled Roast Loins - Whole and Boneless Roast Butts - Whole, Boneless, Steaks Picnics - Hock On, Hock Off, **Boneless Roast** Pork Chops - Bulk, Center Cut Side Ribs - Standard Cut, Breast Bone Removed Back Ribs - Tail On, Tail Off Boneless Backs - Whole Fresh, Short Cut Tenderloins - Frozen Buttons Cutlets - 11 lb case - any size Diced Pork **Ground Pork** Buckeyes Bellies Riblettes - Fresh Riblettes - Frozen - limited qty Hocks Rib Tail Ends **Neck Bones** Pigs Feet **Back Fat** Beef Ground Beef - Regular, Medium & Lean Prime Rib - Block Ready & Roast Insides - Block Ready & Roast Outsides - Block Ready & Roast Sirloin Tip - Roast Sirloin Butt - Whole, Boneless, Steak Top Butt/Top Sirloin Butt Top Sirloin Steak Strip Loins - Whole New York Steak Rib Eyes - Whole & Steaks **Tenderloins**

T-Bone Steaks
Minute/Swiss Steak
Stewing Beef
Flank Steak
Short Ribs
Liver - Sliced, Plain

Giguere Honey Farms (P)
60 Paul Boulevard
Winnipeg, Manitoba R2N 4C7
Mailing: P.O. Box 2
Telephone: 1-(204) 256-1644
Contact: L.C. Giguere
(A)
Honey
Beeswax Candles



Gilbert International Inc. (I) fi P.O. Box 23068 R.P.O. McGillivray Winnipeg, Manitoba R3T 5S3 Telephone: 1-(204) 474-0686 Fax: 1-(204) 284-2557 Contact: Bob/Grant Gilbert (A & B) Mini hors d'oeuvres - Quiche Lorraine, Quiche Florentine, Pizzettas Frozen Entrees Pot Pies - Chicken, Chicken with Broccoli, Turkey, Beef, - available in 180 g to 2 kg sizes Cabbage Rolls

Gimli Fish Market*
596 Dufferin Avenue
Winnipeg, Manitoba R2W 2Y9
Telephone: 1-(204) 589-3474
(A)
Smoked Manitoba fish*





Glenlochar Kitchens (R)

Box 40 Miniota, Manitoba R0M 1M0 Telephone: 1-(204) 567-3770 Fax: 1-(204) 567-3650 Contact: Sandra Armitage (A)

Soup Mixes Stone House Soup Mix -10/425 g - variety of

legumes Lentil-Stroni Soup Mix -10/375 g - lentils, pasta (orzo). Nutrition assessment available: low fat, high fibre

Dill-Lightfully Different Pea Soup - 10/350 g - lentils, green & yellow split peas

Beef & Barley Soup Mix -10 x 225 g

Texas Tortilla Soup Mix - 10/300 g - lentils & pre-soaked red

Mexican beans - Southern flavouring

"Black Magic" Soup Mix -10/200 g - Pre-soaked black beans in a classic vegetable black bean soup

Pilaf

Lentil & Rice Pilaf 10/300 g 4 grains: lentils, barley, brown rice, white rice; curry flavour pack. Nutrition assessment available, low fat, high fibre

Casserole Spanish Beans & Rice Mix -10/250 g - pre-soaked Red Mexican beans and brown rice, with mild seasonings

All packs include spice pack and dehydrated vegetables. Soup mixes use non-MSG commercial soup base.

Gourmet Baker Inc.* (I)

1535 Inkster Boulevard

Winnipeg, Manitoba R2X 1R2 Telephone: 1-(604) 296-1003 Fax: 1-(604) 296-1001 Contact: Len McDonald, Director of Sales & Marketing (B) Croissants Tortes, Flans & Fancy Cakes **Petits Fours** Nanaimo Bars Fruit & Cream Pies Bagels Crumpets **Puff & Danish Pastry** Cheesecakes **Un-iced Cakes Sheet Cakes** Cinnamon Buns **Muffin Batters**



Graham's Groves (P)

Box 6000 Carman, Manitoba R0G 0J0 Telephone: 1-(204) 745-6000 Fax: 1-(204) 745-3177 E-mail: graham groves@cici.mb.ca

Contact: Ethel/Alan Graham (A)

Saskatoon Berries

Fresh in season (July) Frozen year round in 11b, 2 lb, 5 lb, 10 lb, 30 lb plastic heat sealed bags

Saskatoon Cocktail/Beverage 1 L, 2 L, 4 L containers (30% actual Saskatoon juice)

Saskatoon Beverage Concentrate 11 L, 20 L pails

Saskatoon Topping/Pastry Fill 1 lb, 2 lb containers, 11 kg, 20 kg pails Saskatoon Pies

8" pies either frozen unbaked or fresh baked Wholesale and retail

Grand Valley Eggs Ltd. (R.P.N)

340 Park Avenue East Brandon, Manitoba R7A 7A7 Telephone: 1-(204) 727-5740 Fax: 1-(204) 726-0404 Contact: Glen Lawson (A) **Graded Shell Eggs**



Granny's Poultry Co-operative (Manitoba) Ltd. (I) fi

84 Scurfield Boulevard Winnipeg, Manitoba R3Y 1G4

Telephone. Head Office: 1-(204) 488-2230

Order Line: 1-(204) 488-2130 Hatchery: 1-(204) 488-6942 Fax: 1-(204) 488-2796

Contact: Bruce Ward, Sales Manager

(A)

Fresh & Frozen Cuts

8, 9, 12 piece 1/4 cut chicken 1/2 cut chicken Whole cut up Fresh Chicken Grade A Fryers 1.0 - 2.0 kg ice-pack, C.O.V.,CO, Grade U Fryers 1.0 - 2.0 kg ice-pack Grade A Roasting Chicken 2.0 -

2.5 kg, 2.5 & up ice-pack, C.O.V., CO.

Grade U Rousting Chicken 2.0 -2.5 kg, 2.5 & up ice-pack, C.O.V., CO. Grade A & U Comish Gam



Hen

Fresh Chicken Tray Pack

Breast, split, back off and whole with back on

Thighs

Legs

Legs, back on

Drumsticks

Wings

Fingers

Stir Fry

Nuggets

Seasoned Breast

Fresh Chicken 4.54 kg, 23 kg

Breast, Back On, Skinless and

Boneless

Thigh, Back On, Skinless and

Boneless

Wings, and Wing Drumette

Liver/Heart/Gizzards

Whole Chicken Frozen

Fryers C.O.V. U-2 A

Fryers C.O.V. U-2 U

Roasters C.O.V. 2.0, 2.5 kg,

2.5 kg and up

Cornish Game Hens

Frozen Chicken Tray Pack &

Bulk

Whole Chicken Boneless Breast

Breast, Back off

Legs

Drumsticks

Thigh

Wings

Back & Neck

Liver/Heart/Gizzards

Frozen Fowl

Stewing Hens A 2.0 - 2.5 kg

and 2.5 kg and up

Stewing Hens U 2.0 - 2.5 kg

and 2.5 kg and up

F.F.P. Fowl U 1.0 - 1.5 kg

Fresh Turkey Parts 10 kg

Breast, Backless, Skinless, and

Boneless

Thigh, Backless, Skinless and

Boneless

Drum

Wing

Neck

Gizzards/Heart/Liver

Fillets

Stir Fry

Nuggets

Steaks

Fresh Turkey Parts, Tray Pack

Breast, Boneless, Skinless and

Whole

Thigh, Boneless, Skinless and

Whole

Breast Cutlets

Drums

Wings

Fillets

Fresh and Frozen Whole

Granny's Broiler Turkey

Grade A U-5 kg C.O.V.

Grade U U-5 kg C.O.V.

Granny's Hen Turkey

Grade A 5-7 kg C.O.V.

Grade U 5-7 kg C.O.V. Granny's Tom Turkey

Grade A 7-9 kg, 9-11 kg C.O.V.

Grade U 7-9 kg, 9-11 kg C.O.V.

Granny's Basted Recipe

Grade A U-5 kg

Grade A 5-7 kg

Grade A 7-9 kg

Granny's New Products

Lean Ground Turkey

Lean Ground Chicken

Banquet Turkey Breast



Great Northern Wild Rice (N.I)

P.O. Box 20

Pine Falls, Manitoba R0E 1M0

Telephone: 1-(204) 367-2017

Fax: 1-(204) 367-2157

Contact: Art Gaffray, National

Sales Manager

H. Boulanger, Provincial Sales

Director

(A)

Canadian Wild Rice

Bulk 50 & 100 lb. poly-lined

bags

20/1 lb. Display case "Woodsmoke" brand 20/1 lb. Display case "Great Northern" brand Custom packaging



Gunn's Homemade Cakes and Pastry Ltd.* (R,P,N)

247 Selkirk Avenue

Recipe Books

Winnipeg, Manitoba R2W 2L5

Telephone: 1-(204) 582-2364

Fax: 1-(204) 582-2546

E-mail: bagelman@escape.ca Contact: Arthur Gunn, Manager

Bernie Gunn, Manager

(A)

Bagels* Pumpernickel, Onion, Egg, Pizza,

Poppy Seed, New York,

Philadelphia, Whole Wheat,

Boston, Blueberry, Cinnamon

Raisin, Spinach & Mozzarella,

Cheese & Onion

All Butter Croissants*

Plain, Cinnamon, Poppy Seed,

Cheddar Cheese, Pizza, Almond,

Raspberry & Cream Cheese

Danish Pastries*

Fruit Filled, Cream Cheese,

Mexican, Chocolate, Almond

Old Country Style Bread*

Onion, Pumpernickel, Rye, Egg

Loaf, Harvest Grain, Sourdough,

Sourdough with Olives,

Sourdough with Sun-dried Tomato

Assorted Dinner Rolls*

French Baguettes*

Miscellaneous*

Apple Jacks* Assorted French Pastries*

Carrot Cake*

Assorted Coffee Cake*

Picture Cakes

Wedding, Birthday and Special

Occasion Cakes, made to



order*
Tortes*
Knishes*
Blintzes*
Mountain Cookies*
Diplomat Cookies*

- H -

420 Turenne Street



H&K Packers Co. Ltd. (NJ) fi

Winnipeg, Manitoba R2J 3W8

Telephone: 1-(204) 233-2354
Fax: 1-(204) 235-1258
E-mail:
hkpack@mb.sympatico.ca
Contact: Ray Stevens, President
Andy Van Patter, Plant Manager
(B)
Boneless beef
Boneless beef cuts
Boneless beef in varying lean

All products bulk packed for further processing

contents

HMS Foods Ltd. (P)

1316 - 1318 Clifton Street Winnipeg, Manitoba R3E 2V2 Telephone: 1-(204) 775-0461, 1-(204) 775-0462, 1-(204) 774-1077 Fax: 1-(204) 775-3971 Contact: Richard West, President & General Manager (A) Dents Pure Pork Sausage, **Natural Casings** Dents Pure Beef Sausage, **Natural Casings** Dents Yorkshire Pork & Beef Sausage, Natural Casings **Dents Seasoned Burger Patties**

Dents H.R.I. Bacon

Dents Cooked Roast Beef
Dents Smoked Meat Brisket
Dents Pastrami
Eye of the Round Portion
Control Meats e.g. T-bones,
New York Stripsteak, Top
Sirloin and Graded inside
and outside Round Roast,
and Barons
Full line of Manitoba pork also
available.

Distributors For: Readyfoods J. C. Foods Ltd.



Hanover Springs Ltd.* (P.I)

P.O. Box 20159
Steinbach, Manitoba R0A 2T1
Telephone: 1-(204) 424-5479
Fax: 1-(204) 424-5012
Contact: Karen Onverwagt,
General Manager
Location: Hwy. 210
Marchand, Manitoba
(A)*

Prairie Crystal Sparkling and Non-sparkling Pure Spring Water - 355 ml/12 oz., 1 L, 2 L

Non-sparkling only, 4 L, 1.5 L, 500 ml, 10 L

Prairie Crystal Sparkling Pure Spring Water with Natural Lemon Lime Flavour, 2 L

Prairie Crystal Sparkling Pure Spring Water with Natural Flavours & fructose, 355 ml/12 oz.

Custom Bottling
Tropic Chill Natural Fruit Juice
240 ml, 1.5 L, 4 L
Orange & Raspberry Juice

Harvest Bakery & Deli (P)

1857A Grant Avenue
Winnipeg, Manitoba R2K 1Z2
Telephone: 1-(204) 489-1568
Fax: 1-(204) 489-1381
E-mail: harvest@central.mts.net
Contact: Andy Kostynuik,
Commercial Sales Manager
(A)
Dinner Rolls, Rounds, Twists.

Dinner Rolls, Rounds, Twists, Whole Wheat, Mini Kaiser Large Buns, Hamburger, Kaiser, Onion, Sesame

Subs & Rolls, Hot Dog 8" and 11"

Subs, Super Breads, White, Whole Wheat,

Breads, White, Whole Wheat, Lite Rye, Cinnamon Raisin, French, Garlic, Pita, Pioneer

Bagels, Poppy, Onion, Sesame, Plain

Pizza Shells, 5", 6", 7", 9", 12", 15"

Muffins, Bran, Blueberry, Apple Cinnamon, Carrot, Chocolate Chip

Cookies, Oatmeal and Vanilla (Large), Chocolate Chip, Coconut, Peanut Butter, Oatmeal Raisin

Pastries, Turnovers, Tarts, Danish, Croissants, Cinnamon Buns

Pies - Bulk/Frozen, Apple, Blueberry, Cherry, Rhubarb/ Strawberry, Mince, Raisin, Apple Crisp, Pecan, Pumpkin, Mini Pies

Other Products, Crumbs, Coating Mix, Bread Stuffing, Cheese Stix, Bread Stix





Hemp Oil Canada Inc. (R.P.N.I) *

P.O. Box 188 Ste. Agathe, Manitoba ROG 1Y0 Telephone: 1-(204) 275-7616 Fax: 1-(204) 261-7270 E-mail:

hempoilcan@techplus.com Web: www.hempoilcan.com Contact: Shaun Crew, President (A&B)

Bulk hemp food products hemp seed oil, hemp nut oil, hulled hemp seed, roasted hemp seed, toasted hemp seed, cracked hemp seed, sterilized hemp seed, seed cake, hemp seed derivatives



Hendricks Beverage Company, Ltd. (The HBC Ltd.)

Unit 23
1500 Regent Avenue West
Winnipeg, Manitoba R2C 3A8
Telephone: 1-(204) 661-5808
Fax: 1-(204) 661-2738
Contact: Arthur Williams,
Administration Manager
Ron Desanghere, Production
Manager
(B)

Timbres Natural Spring Water
Pure Distilled Water
Reverse Osmosis Water
Commercial and Residential
Cooler Leases
Sizes of water available for
sale: 5 gallon, 20 L, 10 L, 4 L
Cooler Choices: Cold only,
Hot and Cold, Cook and

Cold

Herb Isaac Sales (I)

Box 45 Sinclair, Manitoba R0M 2A0 Telephone: 1-(204) 662-4401 Fax: 1-(204) 662-4547

E-mail:

herbee@mb.sympatico.ca Contact: Herb Isaac

441

Unprocessed bulk honey (white & darker) by the lb. or by the load

Packaged Natural Creamed Honey

(B)

Unprocessed bulk honey (white & darker)

Packaged Natural Creamed Honey: Produced in Manitoba and other provinces and packaged in Manitoba

- I -

Independent Fish Co.

941 Sherbrook Street
Winnipeg, Manitoba R3A 1N3
Telephone: 1-(204) 774-4547
Fax: 1-(204) 772-2717
Contact: Mike Dennehy
(A)
Smoked Manitoba fish*
Fresh Fish - Pickerel, Salmon,
Mussels, Ocean Fish

Indian Head Wild Rice

(N)
P.O. Box 1083
Lac du Bonnet, Manitoba
ROE 1A0
Telephone: 1-(204) 345-8002
Fax: 1-(204) 345-8674
E-mail: arseniuk@granite.mb.ca

Contact: Nick Arseniuk

(A)

Natural Canadian Lake Rice

Bulk, 10 kg, 50 lb., 100 lb. Retail Pack 200 g, 454 g Custom packages available on request.

Interlake Forage Seeds

(I)

Box 190 Fisher Branch, Manitoba ROC 0Z0 Telephone: 1-(204) 372-6920

Fax: 1-(204) 372-6635 E-mail: kwest@lakeshore.mb.ca

Contact: Paul Gregory

(A)

Forage Seed Primary Contract Multiplication Native Seed Grower and

Processor Research Nutraceuticals

Interlake Honey Producers (I)

Box 190
Fisher Branch, Manitoba
ROC OZO
Telephone: 1-(204) 372-6920
Fax: 1-(204) 372-6635
Contact: Paul Gregory
(A)
Unprocessed bulk white honey
Processed white honey
(Canola/Legume Floral Source)

Interlake Packers Ltd. (P)

Box 20 St. Laurent, Manitoba ROC 2S0 Telephone: 1-(204) 646-2172 Contact: Ed Schon (A) Beef

Quarters and Cuts

Pork

Bulk comb honey

Retail comb honey

Sides and Cuts



Sausages

Frozen Pork, Pork and Beef Sausage, and Pork Breakfast Sausage

Smoked Sausage

Garlic Ring, Kolbassa Ring, Bologna, Bung Bologna, Salami, Ham Sausage, Ham/Garlic Salami, Smokies, Headcheese, Fine Liver Sausage, Farmer Sausage

Smoked Meat

Leg Hams, bone in and boneless Picnic Hams, bone in and boneless Slab Bacon, Sliced Bacon



Interlake Wild Boar Co-Op Ltd. (R,P,N,I) fi

Box 434
Riverton, Manitoba ROC 2R0
Telephone: 1-(204) 378-2389
Fax: 1-(204) 378-2910
Contact: Phil Spring, President
(A)
Sporting Swine - Hunting
Meats - Processed and Fresh
Breeding Stock - Hybrid, Full

Itzke River Farm Ltd. (R,P,N,I)

Blood

P.O. Box 77
Marquette, Manitoba R0H 0V0
Telephone: 1-(204) 353-2316
Fax: 1-(204) 353-2136
Contact: Johannes Itzke/Astrid
Itzke-Meilleur
(A)
Vegetables
Fresh Market

-J-

J.C. Foods Ltd. (N) fi

575 Jarvis Avenue Winnipeg, Manitoba R2W 3B2 Telephone: 1-(204) 582-7724 Fax: 1-(204) 589-1959 E-mail: jcfoods@mb.sympatico.ca Contact: Joe Lehner (A & B) **Prairie Chef Chicken Products** Chicken Kiev 24/200 g.24/170 g. 30/140 g Chicken Cote de Bleu 24/200 g. 24/170 g, 30/140 g Chicken Forestiere 24/200 g Chicken Polynesian 24/200 g Breaded Chicken Breast Strips 4.08 kg **Breaded Chicken Burgers** 45/90 g Breaded Chicken Parts (no wings) 4.54 kg **Breaded Chicken Wing** Drumettes 4.54 kg **Prairie Chef Veal Products** Veal Cutlets Cote de Bleu 24/200 g, 30/140 g Veal Cutlets Cordon Rouge



J.G. Penner Bakery Ltd.

30/140g

Veal Cutlets 40/105 g

Box 238 Steinbach, Manitoba R0A 2A0 Telephone: 1-(204) 326-3430 Fax: 1-(204) 326-4607 Contact: Jim Penner

Jackson & Son Distributors - Flin Flon, The Pas Division of Beatrice Foods Inc. P.O. Box 68 9 Timber Lane Road Flin Flon, Manitoba R8A 1M6 Toll-Free: 1-(888) 297-2172 Fax: 1-(204) 687-8223



Jeanne's Bakery Ltd.

Contact: Grant Jackson.

Owner/Operator

931 Notre Dame Avenue Winnipeg, Manitoba R3E 0M8 Telephone: 1-(204) 783-5443 Fax: 1-(204) 772-6862 Contact: Alan VanLandeghem (B) Cakes

-K-



K & G Mushrooms (I)

P.O. Box 606
Portage la Prairie, Manitoba
R1N 3B9
Telephone: 1-(204) 857-7807
or 1-(204) 857-7808
Fax: 1-(204) 239-5840
E-mail: kngmush@portage.net
Contact:Bruce Cooper, Plant
Manager
Michelle Lalande, Sales;
Marketing Manager
Commodity:
Fresh mushrooms bulk &
prepackaged; white, crimini,
portabella



Klassen Berry Farm (R)

Box 1375

Neepawa, Manitoba ROJ 1H0 Telephone: 1-(204) 476-3746 E-mail: klassenr@escape.ca (A) U-Pick Fresh Strawberries

Raspberries Saskatoons

Kraft Canada Inc. (N) Melrose Coffee Company* (R)

2 Scurfield Boulevard
Winnipeg, Manitoba R3Y 1G4
Telephone: 1-(204) 488-3434
Toll-Free: 1-(800) 665-0017
Fax: 1-(204) 488-2964
Contact: Rob Del Grosso, Sales
Manager
(B)
Nabob Coffee*
Maxwell House Coffee*
Private Collection Coffee*
Regional Coffee*
Whole Roast Specialty Coffee



Beans*

Krave's Candy Co. (N,I)

45 Durand Road
Winnipeg, Manitoba R2S 3T1
Telephone: 1-(204) 654-1361
Fax: 1-(204) 654-1376
Toll-Free: 1-(800) 357-6867
Web: www.kraves.com
Contact: Chris Emery
(A)
Clodhoppers
Candy Coated Crunch with
Cashews



KUB Bread (R,P,N)

626 Stella Avenue Winnipeg, Manitoba R2W 2V6 Telephone: 1-(204) 586-7440 Fax: 1-(204) 586-4848 Contact: Jim Einfeld

Hearth Breads: Rye 16/32, Euro-Style Rye 24, Red River Multigrain 16, French 16/32, Crushed Wheat 16, Onion Rye 16, Pumpernickel Loaf

Panned Breads: White or Whole Wheat 20, White or Whole Wheat Sandwich 20, Rye Sandwich Loaf 32, White Sandwich Loaf 32, Whole Wheat Sandwich Loaf 32, Harvest Hearth 16, Egg 16, French Baguette, Raisin 16, Bread Crumbs 16

Assorted Rolls: Hamburger/Hot Dog 8/12, Dinner Buns 12, Crusty Rolls 12, 6" Kaiser Rolls Assorted 12, Varieties -White Pumpernickel, Whole Wheat and Rye

Pastry: Cinnamon Loaf 20 oz, Apple (Baskets) Cinnamon Buns 6, Poppyseed Buns 6, Poppyseed Loaf 6, Large Cinnamon Buns 6's (16 oz), Cinnamon Buns 6's (16 oz)

Muffins: Large 6, Regular 6, Varieties - Bran, Carrot, Blueberry

Blueberry
Beef Meat Pies 2
Chicken Pies 2
Vanilla/Chocolate Cupcakes 6
Butter Tart 6
*We offer a full assortment of seasonal favorites, special order items and occasional cakes.

-L-

L & S Food Distribution (P,N)

55 Avril Lane
Winnipeg, Manitoba R3R 3C8
Telephone: 1-(204) 489-6939
Fax: 1-(204) 896-4723
Contact: Lawrence Anseeuw
(A)
Distributor of J.C. Foods, P & H
Foods, Elman's, Naleway



La Cocina Foods (P,N)

P.O. Box 121
Ste. Anne, Manitoba R5H 1M5
Telephone: 1-(204) 355-4743
Fax: 1-(204) 355-4088
Contact: Peter Warkentin
(B)
Tortilla Chips plain, salted,
extra thin, 12/400 g
Tortilla Shells corn 6" round,
48/12/case
Tortilla Chips, Cheese Flavour,
12/400g
Ranch Flavour, 12/400 g
All La Cocina



Lester Premium Foods Inc. (R) fi

1190 St. James Street
Winnipeg Manitoba R3H 0K7
Telephone: 1-(204) 697-9000
Fax: 1-(204) 694-9291
Contact: Jeff Lester, President
(B)
All products packed in CO,
atmosphere:

Burgers



Sandwiches Subs Pizzas Private Labelling

Loveday Mushroom Farms Limited (P)

556 Mission Street
Winnipeg, Manitoba R2J 0A2
Telephone: 1-(204) 233-4378
Fax: 1-(204) 237-1303
Contact: Burton Loveday,
General Manager
(A)
#1 White Fresh Mushrooms,
5 lb. carton, 200 g, 8 oz.,

12 oz. tray packs
(B)
Specialty Fresh Mushrooms
Crimini, Oyster, Portabella,
Shiitake

Lucerne Foods A Division of Canada Safeway Limited Ice Cream Plant* (N) 1000 King Edward Street Winnipeg, Manitoba R3H 0R2 Telephone: 1-(204) 631-4440 Fax: 1-(204) 631-4444 Contact: Bill Chambers - Plant Manager Jim Davis (B)* Ice Cream, Ice Milk

Manufacturing*

2 L rectangular paper

4 L round plastic pails

1 L rectangular paper

Lucerne Foods A Division of Canada
Safeway Limited
Cheese Plant (N)
1000 King Edward Street
Winnipeg, Manitoba R3H 0R2
Telephone: 1-(204) 631-4440
Fax: 1-(204) 631-4444
Contact: Bill Chambers - Plant
Manager
Terry Allen
(B)
Cheese Packaging
250 g random weight

- M -

M & M Honey Farm (R,P,N,I)

Up to 4.5 kg random weight

P.O. Box 73 Warren, Manitoba ROC 3E0 Telephone: 1-(204) 383-5104 Contact: Mike Mair (A)

Pure Manitoba Honey Liquid Clover, Sunflower, Wild

Flower and Buckwheat
500 g glass jars

Creamed Clover or White 500 g glass jars, 375 g plastic tub, 500 g plastic tub, 1 kg and 2 kg plastic tub

Gourmet Clover, Sunflower, Buckwheat, Creamed 250 g hexagon glass jars

Gift Packs - variety

Gift Jars - novelty and souvenir, small suitable for gift baskets 50 g to 250 g

Custom packing and packaging

M&S Schmulgen (I) fi Western Canada's Natural Wild Meat Producer

P.O. Box 123 Poplar Point, Manitoba ROH 0Z0 Telephone: 1-(204) 243-2409

Fax: 1-(204) 243-2024 Contact: Schmulgen Family

(A)

Wild Boar (European) products are completely natural and are grown without any chemicals or artificial additives. They are raised in their natural habitat.

The product has a very low cholesterol level - loin, steaks, front and hind legs, ribs, sausages.

Sika Deer, Fallow Deer, European Red Deer products and Buffalo are grown completely natural, without any chemicals or additives in their natural habitat - loin, steaks, front and hind legs, ribs, sausages.

Smoked products also available.

Quality is guaranteed and customer service is our priority, including custom packaging (vacuum sealed, customer logo etc.) and recipes available, prompt service. We export world wide. All products are federally inspected.





Maple Leaf Distillers Inc. (R,P,N,I)

235 McPhillips Street Winnipeg, Manitoba R3E 2K3 Telephone: 1-(204) 940-7000 Fax: 1-(204) 772-5900 E-mail: protos@autobahn.mb.ca Contact: Costas Ataliotis, President Glen Sanders, Sales Manager (B) Platinum Vodka Red Platinum Vodka Blue Platinum Vodka Citron Vinco London Dry Gin Canadian Cellars Rye Saba Island White Rum Dequiero Tequila Dequiero Tequila Citron Y2K Spirit Lemoncelli Orancelli Original Maple Syrup Liqueur X.O. Original Maple Syrup Liqueur Olympia - Ouzo Grappa Crystalina Amaretto Coco Caribic Tropical Liqueur **Apricot Liqueur** Orange Liqueur

Triple Sec

Cherry Liqueur

Banana Liqueur

Cocoa Liqueur

Cremaretto

Tiara Coffee Liqueur

Peppermint Liqueur

Bali Cream Liqueur

Peppermint Schnapps

Peach Schnapps

Sambuca Etrusca Bianca

Original Maple Cream Liqueur

Kiwi Caribic Tropical Liqueur

Sambuca Etrusca Nera

Blue Curacao "Pacific" Liqueur

Melon Schnapps
Apple Schnapps
Watermelon Schnapps
Black Russian
Strawberry Colada
Pina Colada
Norm's Sour Power Raspberry
Norm's Sour Power Bitter
Grapefruit
Norm's Grape Sour Power Plus



Maple Leaf Foods (Pork) (R, P, N, I)

6355 Richmond Avenue East Brandon, Manitoba R7A 7A3 Telephone: 1-(204) 571-2500 Fax: 1-(204) 571-2570 Contact: Real Proulx, Sales & Marketing Manager (A) Pork Chilled, cryovac, fresh frozen Bone-In, Boneless Cuts, Lard, Sundries Sales, Ethnic Sales Smoked Meats Hams; Bone-In and Boneless Picnics: Bone-In and Boneless Restaurant Hams Restaurant Bacon Canadian Back Bacon Side Bacon, Sliced and Whole Sausages Fresh and Frozen Frozen Beef, Beef and Pork, Pure Pork, Flavoured and Ethnic **Smoked Sausage Products** Wieners; Regular and All Beef Campfire Garlic Sausage & Kolbassa Coil Bologna; Visking, Bung Concession Wieners Kolbassa, Dry Cured and Semi-Dry Cured Sliced Luncheon Meats Smokies; Regular and Cheese

Reduced Breakfast Grill Turkey Bacon Deli Meats Cooked Chicken Roast Maple Leaf Cooked Turkey Roast Deli Hams; Black Forest, Whole Fashion, Honey Cured; Flavoured Deli Bacon and Canadian Back **Bacon Roast Beef** Pepperoni Sausage Salami Sausage Summer Sausage Smoked Corn Beef Corned Beef Loaf Deli Bologna Old Country Style Headcheese & Specialty Flavoured Roasts Canned and Luncheon Meats



Maple Leaf Meats Inc.

(I) fi P.O. Box 70 Winnipeg, Manitoba R3C 2G5 Telephone: 1-(204) 233-2421

Fax: 1-(204) 233-5413 Contact: Réal Proulx, Sales & Marketing Manager

(A) Pork

Chilled, cryovac, fresh frozen Bone-In and Boneless Cuts

Smoked Meats

Hams; Bone-In and Boneless Picnics; Bone-In and Boneless Restaurant Hams

Restaurant Hams Restaurant Bacon Back Bacon

Side Bacon
Pork Rolls

Pizza Pork Rolls

Sausages

Frozen Beef, Beef and Pork, Pure Pork

Right Choice Salt and Fat



Smoked Sausage Products Wieners; Regular and All Beef Campfire Garlic Sausage & Kolbassa Coil Bologna; Visking, Bung Concession Wieners Kolbassa Sliced Luncheon Meats Smokies; Regular and Cheese Right Choice Salt & Fat Reduced Breakfast Grill Turkey Bacon

Dell Meats Country Club Cooked Chicken Roast Country Club and Maple Leaf Cooked Turkey Roast Country Club Pizzas Country Club Sandwiches Deli Hams; Vintage and Black Forest Deli Back Bacon Roast Beef Pepperoni Sausage Salami Sausage

Smoked Corned Beef Comed Beef Loaf Deli Bologna Old Country Style Headcheese

Summer Sausage

McCain Foods Ltd.* (R.P.N.I)

P.O. Box 220 Portage la Prairie, Manitoba **RIN 3B5** Telephone: 1-(204) 857-9761

Fax: 1-(204) 857-9207 Contact: Germain Pinette, Plant

Manager (A) **Frozen Products** Crinkle Cut French Fries 12/1 kg, 6/1.5 kg, 6/5 lb. Straight Cut French Fries 12/1 kg, 6/1.5 kg, 6/5 lb. Shoestring French Fries 12/1 kg, 6/1.5 kg, 6/4.5 lb., 6/6 lb.

Superfries 12/1 kg, 6/1.5 kg,

6/5 lb.

Diced Hash Browns 12/1 kg. 12/1.5 lb., 12/500g Dehydrofrozen Cubes 6/5 lb Rise N' Fry 6/5 lb., 12/750g Batter Fries 6 x 6 lb, 6 x 4.5 lb, 6 x 3 kg Dry Potato* Instant Mashed Potatoes* 10 kg bag, 25 kg bag, 14 kg box **Dehydrated Sliced Potatoes**

16 kg bag, 9 kg box



Mariner Neptune Fish & Seafood Company Ltd. (N)*

472 Dufferin Avenue Winnipeg, Manitoba R2W 2Y6 Telephone: 1-(204) 589-5341 Fax: 1-(204) 582-8135 Contact: Evan Page (A) Fresh Lakefish*

Winnipeg Smoked Goldeye* Winnipeg Smoked Whitefish* Smoked Tullibee* (B) Hot Smoked Salmon*

Processed Halibut Steak* Processed Salmon Steak*

Medo-Land Dairy Products (R,P,N,I)

Division of Parmalat

26 Elm Avenue North Grunthal, Manitoba ROA 0R0 Telephone: 1-(204) 434-6408 Fax: 1-(204) 434-6790 Contact: Yvonne Rowe, Manager

(A) Cheese Cheddar* Brick Colby **Farmers**

Feta* Mozzarella* Specialty Cheeses* + Random Cuts - 5, 10 and 40 lb. blocks



Mekiwin Corporation (I,N)

Box 81

Gladstone, Manitoba R0J 0T0 Telephone: 1-(204) 385-2939 Fax: 1-(204) 385-3250 E-mail: mekiwin@escape.ca Web: www.mekiwin.com Contact: Ivan Milne (A) Horseradish, Echinacea, Milk

Thistle, Hemp - All Capsules

Middlebro Premium Spring (R.P.N.I) Canadian Spring Water Corporation

251 Saulteaux Crescent Winnipeg, Manitoba R3J 3C7 Telephone: 1-(204) 633-2098 Fax: 1-(204) 885-5588 Cell: 1-(204) 268-5649 Contact: Rene Lamoureux Spring Water Bottled 500 ml, 1 L, 1.5 L, 4 L, 18.9 L



Midwest Food Products Inc.* (R.P.N.I)

P.O. Box 70 Carberry, Manitoba R0K 0H0 1 1/2 miles south of Carberry on Hwy #5 Telephone: 1-(204) 834-2136



Fax: 1-(204) 834-3400 Contact: David MacKenzie, Bob Hyra (A) Frozen and Dehydrated Potato

Products



Miinan Incorporated

250 Rodney Street Headingley, Manitoba R4J 1A8 Telephone: 1-(204) 888-8839 Contact: Lena Friesen, President "Miinan" Ojibway word for "wild berries." Our wild blueberries are hand picked by Aboriginal people in Northern Manitoba. Our goal is to provide traditional recipes to capture the natural flavours of the wild blueberry. Wild blueberries (in season) Wild blueberry jam Wild blueberry syrup Wild blueberry light spread -(diabetic use) Wild blueberry spread -30% less sugar

Mondo Foods Company Ltd.* (P,N)

40 Otter Street Winnipeg, Manitoba R3T 4J7 Telephone: 1-(204) 453-7722 Fax: 1-(204) 453-3256 Contact: Maria DeNardi Saputo Ltd. - Souris, Manitoba -Cheddar Cheese Beatrice Foods - St. Claude, Manitoba - butter* Beatrice Foods - Winnipeg, cheese, cheddar Bee Maid Honey - Winnipeg honey*

CanAmera Foods - Winnipeg -

canola oil* Loveday Mushroom Farms (Manitoba), K.G. Mushroom (Manitoba) - mushrooms Prairie Dawn Flour - Manitoba -Flour* AgPro Grain Farms - Winnipeg - Rainbow Trout (Fish) Rogers Sugar - Winnipeg -Sugar* Also purchase fresh pork and lamb, Manitoba grown from various suppliers to produce sausage at our Retail Store - La Grotta Del Formaggio and our 2nd store, La Grotta Mediterranean Market.



Morden's of Winnipeg Candy Mfg. Ltd.* (P)

674 Sargent Avenue Winnipeg, Manitoba R3E 0A6 Telephone: 1-(204) 783-4551 Fax: 1-(204) 783-4217 Contact: Fred Morden (A) **Boxed Chocolates*** Russian Mints* 400 g, 800 g All Creams* 400 g Assorted Chocolates* 400 g Morden's Buds* 400 g Jelly Tray* 350 g Green Layer Mint 198 g Dark Choc Ginger* 142 g Pastel Mints* 198 g = 2 Section Special Pack 675 g = 3 Section Special Pack 908 g = 9 Section Special Pack 2000 g = + Special Pack Boxes contain Roasted Nuts & Chocolates Bulk Swiss Slice (White)* Almond Slice (Dark)* Choc Ginger* Peanut Brittle*

Coco Peco* Mix Nut Brittle* Assorted chocolates *400 g Custom packaging Custom chocolate logo* Custom moulding* Private label (B) Nut Roasters (Bulk)* Mixed Nuts, no peanuts* Cashews* Almonds*



Mr. D's Tart-n-Pie (P)

1850 Ness Avenue Winnipeg, Manitoba R3J 0Y5 Telephone: 1-(204) 831-9619 Contact: Dwight Fakes, Owner/Manager (A) **Fruit Pies** Apple, Raisin, Cherry, Saskatoon, Blueberry 4", Pumpkin 4", 6" Pecan 2", 4" Butter Tarts 2". 4" Homemade Mincemeat 2" Sweetle Ples Raisin/aka Buttertart, Pecan, Maple/Walnut 4" Meat Pies - 4", 8" Minced Beef, French Canadian Tourtiere, Beef and Mushroom, Chicken, Chicken and Mushroom, Chicken and Vegetable, Beefsteak, Beefsteak and Mushroom, Beefsteak and Kidney, Shepherd's Pie, Salmon Quiche Lorraine Vegetable Quiche "English" Pork Pie Econo Beef 4" Tart Shells (sweet dough) 2"

Pie shells (pie dough) 2", 8" and

I lb. pkgs.

46



Perogie Dough 1 lb. pkgs. Pasties Scottlsh Shortbread (variety/sizes)

My Three Sons Limited* (I)

1647 St. James Street Winnipeg, Manitoba R3H 0X1 Telephone: 1-(204) 772-7777 Fax: 1-(204) 772-8500 Contact: Ken Munday (A)

CanAmera oils and shortenings, lard, frying shortening, all vegetable shortening Pie and pastry fillings from Sandel Foods

ADM Flour, Golden Link, All Purpose, Rye Flour (light, dark and coarse)*, Pastry Flour

Eggs - shell eggs, processed Bread mixes Cake mixes Glazed fruit (B)

Spices - cinnamon, garlic powder, nutmeg, ginger, black pepper, allspice, etc.

Foley's Chocolate Products* chocolate chips (dark, choco chippers, butterscotch)

Prairie Flour Mills* - full line

-N-



NP Foods Ltd. (R,P,N)

44 Higgins Avenue
Winnipeg, Manitoba R3B 0A5
Telephone: 1-(204) 982-4700
Fax: 1-(204) 943-8624
Contact: Emie McIvor/Peter
Yourchenko
(A&B)
Specialty Breads

Pastry Sweet Goods Specialty Fine Foods



Naleway Foods Ltd. (I) fi

233 Hutchings Street Winnipeg, Manitoba R2X 2R4 Telephone: 1-(204) 633-6535 Toll-Free: 1-800-665-7448 Fax: 1-(204) 694-4310 Web: http://www.naleway.com Contact: Ray Takacs, National Sales Manager (A) **Frozen Products** Perogies Potato & Cheddar Cheese Potato & Cottage Cheese Potato & Onion Potato & Bacon 500 g, 1 kg, 2 kg, 5 lb packs Panzerottis (hand held pizza snacks) Pepperoni & Cheese 112 g Deluxe 112 g 448 g, 1.34 kg packs Cream Cheese Stuffed Bagel



Nestibo Agra Inc. (I)

Buns

Box 592
Deloraine, Manitoba R0M 0M0
Telephone: 1-(204) 747-2904
Fax: 1-(204) 747-3767
Contact: Randy Fisher, Manager
(A)
Buyers, sellers and processors of confectionery kernel, jumbos, larges, mediums, birdfood, chips

and shells, course, medium and

fine birdfood chips

Nestle Canada Inc. (R,P,I)

1165 Inkster Boulevard Winnipeg, Manitoba R2X 2W7 Telephone: 1-(204) 632-8025 Fax: 1-(204) 633-1636 Contact: Bill Henry, Area Sales Manager

Frozen Potatoes

Crinkle Cut French Fries12/1 kg
Straight Cut French Fries
12/1 kg
Shoestring French Fries 12/1 kg
Hash Browns 12/1 5 kg 12/1 kg

Hash Browns 12/1.5 kg, 12/1 kg Tater Gems 12/750 g Dry Potato

Mashed Potato 12/175 g, 12/350 g, 12/500 g



Northern Goose Processors Ltd. (R,P,N,I)

i

P.O. Box 510
Teulon, Manitoba ROC 3B0
Telephone: 1-(204) 886-2552
Fax: 1-(204) 886-2910
Toll-Free: 1-(888) 753-7846
E-mail:
info@northerngoose.com
Web: www.northerngoose.com
Contact: Don R. Salkeld,
President
Delores Darowany, Sales
Supervisor
(A)
Young Geese

Grade A, Utility. Vacuum
packed in bags, 4 per case.
Range of weight 3-4, 4-5, 5-6,
6-7 kg; 6-8, 8-10, 10-12,
12-14, 14-Up lb.

Goose Parts

Whole Leg (2 per vacuum bag), bulk pack also available Bone in Breast (1 per vacuum



bag), bulk pack available Boneless Breast (1 per vacuum bag), bulk pack available Goose Liver Goose Heart Goose Gizzard Goose Fat Goose Feet Goose Intestines Goose 2-Joint Wings Goose Heads **Processed Meat** Smoked Boneless Goose Breast Feathers Pure white Embden Goose Feathers and Down, washed Bedding **Duvets Pillows**

Northern Manitoba's Wild Rice Inc. (R,P,N,I)

Box 8
Pine River, Manitoba ROL 1M0
Telephone: 1-(204) 263-2197
Fax: 1-(204) 263-5519
Contact: Lydia M. Boychuk,
President
(A)
Wild Rice, bulk - 250 g, 500 g
Wild Rice Pancake Mix - 250 g,

750 g Wild Rice Noodles Gift Packages Cookbooks

Northern Sales Co. Ltd.

(1)
135 Lombard Avenue
Winnipeg, Manitoba R3B 0T4
Telephone: 1-(204) 949-1456
Fax: 1-(204) 957-0350
Contact: Glenn Malkoske,
Manager - Agronomy
(A)
Grains
Oilseeds
Vegetable Oils
Special Crops

Planting Seed

Notre Dame Creamery Ltd.* (I)

P.O. Box 158 Notre Dame de Lourdes, Manitoba ROG 1M0

Telephone: 1-(204) 248-2212

Fax: 1-(204) 248-2532 Contact: Guy Roch

Contact: Guy Roch
(A)
Butter
25 kg blocks (salted and sweet)
1 lb prints (salted and sweet)
Butter Cups
Butter Patties



Oak Island Acres Goat Dairy (I)

P.O. Box 449 Ile des Chênes, Manitoba ROA 0T0

Telephone: 1-(204) 878-2498 Fax: 1-(204) 878-4618

Contact: David Braun, Rita Nadler

(A) Distributed by Oak Island Acres Goat Dairy

Whole Goat Milk, 1 L carton, pasteurized

Goat Milk 100% Goat Milk Goat Cheere Semi-So

Goat Cheese Semi-Soft, Ripened

Feta 100% Goat Milk

Distributed by New Bothwell Cheese Plant

Contact: George Doan, Telephone: 1-(204) 388-4666



Old Dutch Foods Limited*

(N)

100 Bentall Street Winnipeg, Manitoba R2X 2Y5 Telephone: 1-(204) 632-0249 Fax: 1-(204) 697-2181 Contact: R. Shumka, General

Sales Manager L. Starr, Sales Manager,

Manitoba (A)

Old Dutch Potato Chips

Regular*, Bar-B-Q*, Dill*, Salt 'n' Vinegar*, Ketchup*, Sour Cream n' Onion* 36/32 g

Regular*, Rip-L*, Bar-B-Q*, Salt 'n' Vinegar*, Dill*, Ketchup*, Mexican Chili, Cheddar & Sour Cream, All Dressed* 36/50 g

Twin Pack Boxes - Regular*, Rip-L*, Bar-B-Q*, Ketchup*, Salt 'n' Vinegar*, Dill*, Sour Cream 'n' Onion*, Cheddar & Sour Cream, All Dressed*

Triple Pack Box, Rip-L 6/600 g Old Dutch Bulk Regular*, Rip-L* 5/227 g

(B)

Old Dutch Snack Items

Sunflower Seeds in Shell Salted, Seasoned 24/113 g, 12/227 g

Rave - Xtra Salt & Vinegar, Outback Smokey BBQ, Chicago Pizza, Cheezy Nacho, 16/170 g





Old Fashioned Noodle Products *(N)

59 Speers Road Winnipeg, Manitoba R2J 1M4 Telephone: 1-(204) 237-8011 Contact: Remi Brengman (B) Egg Noodles* Fine, Medium, Broad, Shells* 375 g, bulk, custom packaging Spinach or Whole Wheat Noodles* 375 g, bulk, custom packaging Noodles (no egg)* Medium, Broad 375 g Oat Bran Noodles* Broad, 375 g

Ostrich Products & Marketing Co-Op Ltd. (R.P.N.I) fi

Wild Rice Noodles

Medium, 200 g

Winnipeg, Manitoba R3J 1P5
Telephone: 1-(888) 837-2523
Fax: 1-(204) 837-2544
Contact: Craig Murphy
(A)
Frozen Whole Muscle Cuts
individually packed, 5 kg
cases
Processed Products - Ground,
Steaks, Medallions,
Sausage, Pre-formed
Seasoned Patties,
Prosciutto

Whole or Deboned Carcasses



Parmalat Dairy & Bakery Inc.* (P) Fluid Operations

738 St. Joseph Street
Winnipeg, Manitoba R2H 3A3
Telephone: 1-(204) 233-1441
Fax: 1-(204) 231-0709
Contact: Ronald Dunsford,
Director of Operations

Parmalat Canada -Beatrice Foods -Thompson (P)

3 Nelson Road Thompson, Manitoba R8N 0B3 Telephone: 1-(204) 677-2326 Contact: Roxanne Watkinson, Division Manager

Parmalat Canada -Beatrice Foods - Morden (R,P)

Division of Beatrice Foods Inc. P.O. Box 547 180 - 5th Street Morden, Manitoba R6M 1A6 Telephone: 1-(204) 822-6136 Contact: Ken Peters, Division Manager



Parmalat Food Inc.*

P.O. Box 238
St. Claude, Manitoba R0G 1Z0
Telephone: 1-(204) 379-2571
Fax: 1-(204) 379-2110
Contact: Arthur Rey, Manager
(A)
Butter*

Salted Canada* #1, 25 kg

boxes, 1 lb. Prints, 1 lb. Cartons (4 x 1/4) Unsalted* #1, 25 kg boxes, 250 g Prints, 1 lb Prints Salted or Unsalted* Skim Milk Powder* 25 kg bags



Parrheim Foods (N,I)* Division of Parrish & Heimbecker Limited 880 Phillips Street

P.O. Box 380 Portage la Prairie, Manitoba R1N 3B7 Telephone: 1-(204) 239-5995

Toll-Free: 1-(877) 564-3625
Fax: 1-(204) 239-6007
E-mail: info@parrheim.com
Web: www.parrheim.com
Contact: Ferdi M. van Dongen,
General Manager

(A)
Manufacturer of pea protein
isolate, native and modified pea
starches, functional and dietary

vegetable fibres*, fat replacers

Pasak Farm Ltd. (I) fi

Box 11, Group 245, R.R. #2 Winnipeg, Manitoba R3C 2E6 Telephone 1-(204) 632-6844 Fax: 1-(204) 632-6844 Contact: Chaloem Pasak, President (A) Specialty Game Meats All Wild Boar Products





Peak of the Market (R,P,N,I)

1200 King Edward Street Winnipeg, Manitoba R3H 0R5 Telephone: 1-(204) 632-PEAK (7325) Fax: 1-(204) 694-PEAK (7325) E-mail: peak@peakmarket.com

Web: www.peakmarket.com Contact: Larry McIntosh, President and CEO, ext. 223 Ken Krochenski, Operations Manager, ext. 222 Dave Whitmore, Sales & Marketing Manager, ext. 244

Potatoes, carrots, onions and various summer vegetable crops.



Pembina Poultry Packers Ltd. (R,P,N,I) fi

320 - 2nd Street
Morden, Manitoba R6M 1P3
Telephone: 1-(204) 822-4452
1-(204) 947-6911 (Winnipeg)
Fax: 1-(204) 822-6865
1-(204) 947-1758 (Winnipeg)
E-mail: pempoult@gatewest
Contact: David Martin,
General Manager
(A)
Spent Fowl Parts - Breast,
Thigh, Drum, Wings, Whole
Legs

Pembina Valley Meats (P)

P.O. Box 316
Plum Coulee, Manitoba
ROG 1R0
Telephone: 1-(204) 829-3801
Contact: Llewellyn Peters,

Owner (A) **Smoked Farmer Style Sausages** Regular twin pack Family pack Mini's Slices Garlic farmers sausage Sausages Course ham garlic Beef ring sausage Bologna Pepperoni Regular smokies Cheese smokies Spicy smokies Honey breakfast sausage and patties Fresh sausages and patties **Other Products Old Fashioned Country Cured** Hams Back Bacon **Veal Cutlets Poultry Pork Cuts Beef Cuts** Smoked Chicken Smoked Turkey **Hamburger Patties** Services Custom Cutting, Wrapping Curing and Smoking Sausage Making Wild Game Processing Vacuum Packaging Individual and Bulk Sales Private Label Distributors of Vans Quality Products: e.g. Cordon Bleu, Wieners, Sandwiches, etc.

Pepsi-Cola Canada Beverages, Winnipeg* (N,R,P)

1850 Ellice Avenue Winnipeg, Manitoba R3H 0B8 Telephone: 1-(204) 784-0600 Fax: 1-(204) 783-2173 Contact: Daryl Lucyshen (A)* Pepsi-Cola, cans, 600 ml, 1 L, 2 L. premix, postmix, BIB Diet Pepsi, cans, 600 ml, 1 L, 2 L, premix, postmix, BIB Caffeine-Free Pepsi, 2 L Caffeine-Free Diet Pepsi, cans, Pepsi Max, cans, 600 ml, 2 L, **Postmix** Mountain Dew, cans, 600 ml, premix, postmix, BIB, 2 L 7-Up, cans, 600 ml, 1 L, 2 L, premix, postmix, BIB 7-Up Light, cans, 600 ml, 1 L, 2 L, premix Dr. Pepper, cans, 600 ml, BIB, premix, 2 L Diet Dr. Pepper, cans, 2 L Orange Crush, cans, 600 ml, 2 L, premix, postmix, BIB Mug Root Beer, cans, 600 ml, 1 L, 2 L, premix, postmix, BIB Cream Soda (Crush), cans, 600 ml, 2 L, premix, postmix, Sparkling Pink Grapefruit, 2 L Grape Crush, cans, 600 ml, 2 L Lime Crush, 600 ml Country Time Lemonade, cans, 600 ml Schweppes Ginger Ale, cans, 600 ml, 1 L, 2 L, premix, postmix Schweppes Diet Ginger Ale, cans, 2 L Schweppes Raspberry Ginger Ale, cans, 600 ml, 2 L Schweppes Tonic Water, cans 1 L, premix, postmix, 2 L Schweppes Club Soda, cans, I L, premix, 2 L Lipton Iced Tea, cans, 600 ml, 1 L, 2 L Pineapple, premix Licorice, postmix Cherry Crush, postmix

Bubblegum, postmix, premix



Pitura Seed Service*

Box 2

Domain, Manitoba R0G 0M0 *Telephone:* 1-(204) 736-2849 *Fax:* 1-(204) 736-2838

Pizza Pops (N) fi A Division of Pillsbury Canada Limited

1555-B Chevrier Boulevard Winnipeg, Manitoba R3T 1Y7 Telephone: 1-(204) 477-8338 Fax: 1-(204) 477-8347 Contact: Henry VanDerLey

(Ext. 24)

Retail Contact: Pillsbury Sales

Office

6715 8th Street N.E. Calgary, Alberta T2E 1H7 Telephone: 1-(403) 295-7447

Fax: 1-(403) 295-3130
Food Service Contact:
Binner Marketing & Sales Inc.

870 Bradford Street Winnipeg, Manitoba R3H 0N5

Telephone: 1-(204) 783-3177 Fax: 1-(204) 783-6363

(A)

Pepperoni and Bacon Pizza Pops

Deluxe Pizza Pops Cheese and Mushroom Pizza

Pops
Hawaiian Pizza Pops
Pepperoni and Bacon - 12 pack
bulk, 12 x 125 g
Deluxe - 12 pack bulk, 12 x 125 g



Pizzey's Milling & Baking Company* (R,P,N,I)

Box 132

Angusville, Manitoba ROJ 0A0 Telephone: 1-(204) 773-2575 Toll-Free: 1-(800) 804-6433 Fax: 1-(204) 773-2317 E-mail: linda@pizzeys.com Web: www.pizzeys.com Contact: Linda Pizzey
Specialists in whole flax and
ground flax products.
(A)

Whole flaxsced 25 kg Retail Packs (900 g)

- Pancake Mix
- Muffin Mix
- Milled Flaxseed

Whole & Milled Flaxseed 20 kg, 50 lb.



Plains Processors Ltd. (I)

fi

P.O. Box 1259

Carman, Manitoba R0G 0J0 Telephone: 1-(204) 745-3068 Fax: 1-(204) 745-6105

Fax: 1-(204) 745-6105 Contact: Brian Lenton

(A)

Processors of fresh and frozen

Pork Meat Bison Meat Beef

Polar Foods Inc. (I)

P.O. Box 293 Fisher Branch, Manitoba ROC 0Z0

Telephone: 1-(204) 372-6132 Fax: 1-(204) 372-6132

Contact: Nathan Golas

(A)

Natural Grains Sunflower Kernels

(B)

Hulled Buckwheat Hulled Millet



Prairie Abattoir

Box 105 Angle Road South Portage la Prairie, Manitoba R1N 3V2

Telephone: 1-(204) 857-7120

Fax: 1-(204) 857-7100

Contact: Ronald Perreault, CEO

Prairie Flour Mills Ltd.*

(I)

Box 301

Elie, Manitoba R0H 0H0 Telephone: 1-(204) 353-2895

Fax: 1-(204) 353-2943
E-mail: flour@whpcn.net
Contact: Brigitte Leitgeb

(A) All flour* Wheat Bran

Prairieland Grain (N,I)

Box 537

Hartney, Manitoba R0M 0X0 Telephone: 1-(204) 483-3636 or

1-(204) 858-2743 Fax: 1-(204) 483-3499 Contact: Doug Cowan

(B)

Contractor and processor of green marrow fat peas and other special crops Manufacturer of "PeaSnax" high quality, healthy snax food, made from green marrow

fat peas



Prairie Produce (1996) Inc. (P,N) fi

694 Logan Avenue Winnipeg, Manitoba R3E 1M4 Telephone: 1-(204) 774-2551 Fax: 1-(204) 775-4734



E-mail: turkey@escape.ca
Contact: John Fedorkiw,
President
Jack Buchalter, General
Manager
(A)
Cooked Turkey Rolls Boneless, approx. 10 lb.,
white meat only or dark &

white meat Cooked Turkey Breast, approx. 4.5 lb. per unit

Cooked Turkey Breast & Thigh, 4.5 lbs/unit

Boneless Turkey Roll for Roasting, white meat, dark & white meat, or dark meat, 2 lb., 8 1/2 lb.

Turkey Drumsticks 10 lb., 30 lb. Turkey Winglets 10 lb., 30 lb.

Whole Turkeys

Turkey Breast Roast 8 1/2 lb.
Turkey Breast & Thigh Roast
8 1/2 lb. "Salt Free" available

2 lb. Boneless Turkey Roast breast meat (gourmet)

Turkey Pastrami
Turkey Ham
Diced Turkey
Diced Chicken
Raw Boneless/Skinless Turkey
Breast/Thigh Meat
Ground Turkey

Preferred Meats Inc. (R.P.N)

505 Dawson Road Winnipeg, Manitoba R2J 0T2 Telephone: 1-(204) 233-2344 Fax: 1-(204) 235-1685 Contact: Don Phillips Bill Houston (A)

All Fresh Beef Carcasses & Cuts All Fresh Boneless Beef

Products
All Block Ready Beef Cuts

All Fresh Pork Cuts
Distributors of all Cargill Beef
Products, Maple Leaf Fresh

Pork, Granny's Poultry, Winkler Meats Products, Canada West Veal & Lamb

Premier Packaging Services Inc. (N, I)

Unit C-1429 Mountain Avenue Winnipeg, Manitoba R2X 2Y9 Telephone: 1-(204) 694-8558 Fax: 1-(204) 694-8621 Contact: Grant Nazarko, President Joe MacKenzie, Vice-President **Independent Contract** Packaging Cartoning Form-fill/Bag filling Label/Re-label Re-pack/Re-work Shrink Wrap Multi or Single Packing Promotional Packaging/ Collating Multi-product assembly/ Sub-assembly Logistics/Marketing Consulting Plant Layout/Machinery Selection

Progress Candy (1977) Ltd.* (N)

Asset Recovery

207 - 209 Jarvis Avenue Winnipeg, Manitoba R2W 2Z9 Telephone: 1-(204) 586-8027 Fax: 1-(204) 586-8028 Contact: Ralph Shaff, President (A)

Candles produced to 5-seasons
Bulk - Assorted fruit suckers*

312 pcs, 288 pcs, 5 kg, 6 kg

4 x 3 kg
Cello-Acid Drops*
Cello-Aniseed Drops*
Cello-Assorted Licorice*
Cello-Barley Sugar*
Cello-Bitter Lemon*
Cello-Blackcurrant*
Licorice
Cello-Brown Mints*
Cello-Bulls Eyes*

Cello-Buttered Flavor Chocolates* Cello-Butterscotch* Cello-Butter Toffee Mints* Cello-Cherry Menthol* Cello-Chocolate Flavour Limes* Cello-Chocolate Flavour Fruits* Cello-Citric Fruits* Cello-Clear Mints* Cello-Fruit Sherbets* Cello-Golden Mints* Cello-Long Sweets* Cello-Lung Tablets* Cello-Menthol Eucalyptus* Cello-Old Fashioned Humbugs* Cello-Pear Drops* Cello-Peppermint Humbugs* Cello-Pineapple Creams* Cello-Silver Mints* Cello-Spearmint Drops* Cello-Strawberry Crunch* Cello-Swiss Mints* Foil-Coffee Smacks* Cello-Honey Sesame* Cello-Mint Balls* Cello-Licorice Bon Bons* Cello-Assorted Mint Balls* Wrapped Licorice Toffee* Cello-Peppermint Bon Bons* Cello-Lime & Licorice* Cello-Licorice Mints® Cello-Assorted Mints* Cello-Sherbet Lemons* Cello-Treacle Butters* Cello-Horehound Longs* Cello-Butter Flavour Mints* Cello-Striped Mints* Cello-Assorted Striped Mints* Cello-Aniseed Balls* 4 x 2 kg Wrapped Coconut Toffee* Turkish Delight-pink & green* Turkish Delight-pink* Turkish Delight-green* Turkish Delight-pink, green, yellow & orange* Turkish Delight - orange & lemon* Turkish Delight - 4 colours* Satin Chocolate Flavour Chicken Bones®

Bagged



12/100 Variety Suckers*
12/20 All Day Suckers*
6/36 Barrel Pops*, Rainbow
Pops*, Caramel Pops*
12/450 g
Cello-Cherry Menthol*
Cello-Citric Fruits*

Cello-Citric Fruits*
Cello-Long Sweets*
Cello-Menthol Eucalyptus*

Cello-Old Fashioned Humbugs*
Cello-Pineapple Creams*
Cello-Lime & Licorice*
Cello-Assorted Mints*
Cello-Sherbet Lemons*

Cello-Acid Drops*
Xmas List
Bulk

5 kg Xmas Ribbon 7 kg Snowballs*

8 kg Chicken Bones*

9 kg

Assorted Caramels*
Derby Toffee (Assorted

Flavours)
Finger Caramels*
Lady Caramels*
Nutmallows*

Orange, Lemon & Cherry

Slices* Pomodka*

Favorite Assorted (Layer Pack)

Royalty Assorted 11 kg

Asst. Choc. Flav. Cr, Car., Cr.* Asst. Choc. Flav. Drops*

Asst. Fruit Drops*
Asst. Mints*
Buttercups*

Cello-Cut Rock*
Cello-Long Sweets*
Cello-Mixed Fruits*

Coco. Car. (Maribone W/Cnt.)*

Golden Crumbles* Gooseberries* Jelly Squares*

Lemon Drops*

Maribone Caramels*

Maribone Caramels*
Mint Buttons

Noel Assortment Peanut Crisps*

Raspberry Drops*
Russian Caramels*

Striped Mints*

Unwrapped Red Lobsters* Wrapped Red Lobsters*

Xmas Mix

Xmas Mix with Ribbon

Bagged

12/900 g Xmas Mix 24/450 g Xmas Mix

Xmas Logs Chocolate Flavoured

Filled 5 kg

Gold Tassel 12/450 g

Assorted Caramels*

Choc. Flav. Cr., Car., & Crisps*

Asst. Choc. Flav. Drops*

Asst. Fruit Drops* Asst. Mints*

Buttercups*
Cello-Cut Rock*

Cello-Long Sweets*

Cello-Mixed Fruits*

Chicken Bones*
Coconut Car.*

(Maribone/Coconut)

Derby Toffee, Asst. Flav.*

Finger Caramels*

Golden Crumbles*
Gooseberries*

Lady Caramels*

Lemon Drops*

Maribone Caramels*

Noel Assortment

Nutmallows*

Peanut Crisps*

Pomodka* Raspberry Drops*

Russian Caramels*

Snowballs*
Striped Mints*

Unwrapped Red Lobsters*

Wrapped Red Lobsters* Xmas Mix with Ribbon

Xmas Mix with Ribb Xmas Mix

Tray Pack*

12/450 g Home Selection Jelly Squares*

12/400 g Favorite Asst. Orange, Cherry & Lemon Slices*

48/28 g Stocking and Trees

Halloween List

Bulk*

Assorted Fruit Suckers 288/3¢* (196/kg), 288/5¢ (132/kg), 5

kg* (196/kg), 6 kg (132/kg)* Bagged* 12/20 All Day Suckers*

12/60 Variety Suckers*

12/80 Mixed Tricks*

12/94 Kisses*

12/100 Variety Suckers, Bonus

Pack*

6/36 Barrel Pops*, Rainbow

Pops*, Caramel Pops*

48 M.M. Moons 48 Pumpkins

Valentine/Easter Lists

Available

Pyramid Foods Ltd.

1320 Clifton Street Winnipeg, Manitoba R3E 2V2 Telephone: 1-(204) 783-3017 Fax: 1-(204) 783-5165 E-mail: pyramid@mb.sympatico.ca

pyramid@mb.sympatico.ca
Web: pyramid-foods.com
(A)

Meat wholesale Exotic meats



Pyro Beef Jerky

79 Rutgers Bay Winnipeg, Manitoba R3T 3C9 Telephone: 1-(204) 261-4306 Fax: 1-(204) 269-5510 E-mail: anitah@mbnet.mb.ca Contact: Anita Hildebrand,

Owner

Quack Farm (P)

704 Lockport Road
Lockport, Manitoba R1A 3H9
Telephone: 1-(204) 482-5342
E-mail: fbald@mb.sympatico.ca
Contact: Alison and Frank
Baldwin
(A)

Duck Eggs (fresh)



- R -

R W Packaging Ltd. (I)

1569 Orange Street

Winnipeg, Manitoba R3E 3B5

Telephone: 1-(204) 786-6873

Fax: 1-(204) 786-1927

Toll-Free: 1-(800) 284-6338

E-mail: rwp@rwpackaging.com

Contact: H. DeRuiter, Vice-

President

D. Solvason/J. Sherman,

Divisional Sales Managers

(B)

Baking Powder

Baking Soda

Epsom Salts

Distilled Water

Rebel Ridge Ostrich Products (R,P,N) fi

R.R. #1

Alexander, Manitoba R0K 0A0

Telephone: 1-(204) 328-7142

Fax: 1-(204) 328-7142

Contact: Reed/Cathy Wolfe

(A)

Jerky

Pepperettes

Red River Bison

332 River Road

St. Andrews, Manitoba

R1A2X2

Telephone: 1-(204) 338-0153

Fax: 1-(204) 338-9887

(A) Buffalo

Red River Packaging Products Ltd. (R,P,N,I)

1750 Inkster Boulevard

Winnipeg, Manitoba R2X 1R4

Telephone: 1-(204) 633-5770

Fax: 1-(204) 632-7246

Contact: G. Bunt, Vice President

and General Manager

R. Tooth, Sales Representative

(A)

SOS Natural & White Grocery

Bags

Checkstand Bags

SOS Hardware Bags

Chinese Take Out Bags

Kraft Sacks

Produce Bags

Ot : D

Shopping Bags

Natural Kraft Wrapping Paper

Counter Rolls

Natural Kraft Wrapping Paper

Sheet

(B)

SOS Natural & White Grocery

Bags

Notion & Millinery Merchandise

Bags

Waxed Sandwich Bags

Waxed Garbage Bags

Lunch Bags

Submarine Sandwich Bags

Dry Waxed & Sta-Dri

Hamburger, Hot Dog &

French Fry Bags

Chicken & Turkey Giblet Bags

Sta-Dri Bakery Bags

Sta-Dri Candy & Nut Bags

Carcass Cover Bags

Pizza Boxes

Drink Glass Covers

Sanitary Napkin Bags

Cake & Donut Boxes

Natural Kraft Wrapping Paper

Counter Rolls

Natural Kraft Wrapping Paper

Sheets

Butcher Wrap

Freezer Paper



Rigby Orchards Ltd. (N,I)

P.O. Box 163

Killarney, Manitoba R0K 1G0

Cellular: 1-(204) 781-5638

Telephone: 1-(204) 269-6842

(Winnipeg)

Fax: 1-(204) 269-6842

Contact: Grant A. Rigby,

President

(A)

Saskatoon Berry & Raspberry

Dessert Topping in retail

and restaurant pack Raspberry Nectar

Raspberry/Saskatoon Salad

Dressing

Raspberry Wine Kits

Raspberry Wine

Roy Legumex Inc. (I)

P.O. Box 40

250 rue Caron

St. Jean-Baptiste, Manitoba

ROG 2B0

Telephone: 1-(204) 758-3597

Toll-Free: 1-(800) 785-7857

Fax: 1-(204) 758-3260

E-mail:

legumex@mb.sympatico.ca

Web: http://www.legumex.com

Contact: Richard Sabourin, Ivan

Sabourin, Robert Lafond

(A)

Dry Peas - Yellow (whole &

split)

Dry Peas - Green (whole & split)

Green Lentils

Fababeans - (whole, dehulled or

full split)

Food - Quality Flax

Canaryseed & other birdseeds

All varieties of beans



-S-



Sabourin Seed Service Ltd. (R,P,N,I)

Box 340 St. Jean Baptiste, Manitoba **ROG 2B0**

Telephone: 1-(204) 758-3595 Fax: 1-(204) 758-3059 E-mail: sabseeds@mts.net Web: www.mts.net/~sabseeds Contact: Aimé Sabourin

Birdfood Products

striped sunflowers, black oil sunflowers, canaryseed, sunflower chips, peas, flax, canola, oat groats, white/red millet, buckwheat, milo, steel cut oats. safflower, dehulled millet, poppy seed, sesame seed, pumpkin seed

Human Consumption sunflowers, flax, peas, pot

barley, rice Seed

sunflowers, flax, canola, peas, wheat, buckwheat, barley, oats, triticale, rye

Saputo Foods Ltd. (I)

P.O. Box 127 Souris, Manitoba R0K 2C0 Telephone: 1-(204) 483-3001 Fax: 1-(204) 483-2015 Web: www.saputo.com Contact: Jim Ludlam, Plant Manager (A) Cheeses

Mozzarella (American) Monterey Jack (specialties) Brick = Cheddar (mild, medium, old) = = Unless otherwise shown, 640 lb. blocks available

Schanzenfeld Meats (P)

Box 668 Winkler, Manitoba R6W 4A8 Telephone: 1-(204) 325-4680 Contact: Marilyn Wall

(A) Farmer Sausage Custom Beef and Pork Processing Beef and Pork Resale



Schneider J.M. Inc. (I) fi **Retail Sales Division**

140 Panet Road Winnipeg, Manitoba R2J 0S3 Telephone: 1-(204) 235-8100 Fax: 1-(204) 233-4318 Contact: Carson Loepp, Sales Manager **Food Service Sales Division** 140 Panet Road Winnipeg, Manitoba R2J 0S3 Telephone: 1-(204) 235-8100 Fax: 1-(204) 233-4318 Contact: Ted Rodgers, Food Service Sales Manager

"Hot Rod" Beef Stick **Processing Plant**

140 Panet Road Winnipeg, Manitoba R2J 0S3 Telephone: 1-(204) 235-8100, ext. 4110

Fax: 1-(204) 233-4318 Contact: Dave Rioux,

Plant Manager Dan Parent, Q/A, Production

(A) Original, Pepperoni, BBQ, Jalapeño, Smokey Bacon, Teriyaki Flavoured Hot Rod Beef Sticks available in 8 g, 9 g, 15 g, 19 g, 25 g, 45 g, 95 g packages

Processing Plant (R, P, N, 1)

1 Warman Road Winnipeg, Manitoba R2J 4E5 Telephone: 1-(204) 231-4114 Fax: 1-(204) 231-2944

Contact: John Burnett, Plant Superintendent

Bill McLean, General Manager, Western Pork Operations (ext. 2801)

(A) Hams **Picnics** Pork Assorted Offals Pork Back Ribs Pork Butts Pork Bellies **Pork Cutlets** Pork Boneless Backs **Pork Loins** Pork Shoulders Pork Sideribs

Pork Tails

Pork Tenderloin



Scott Bathgate Ltd. (N)

P.O. Box 765 149 Pioneer Avenue Winnipeg, Manitoba R3C 2M8 Telephone: 1-(204) 943-8525 Fax: 1-(204) 957-5902 E-mail: scotgate@canpay.com Contact: James Burt, President & General Manager (A)

Nutty Club

Sunflower Seeds in shell (Roasted & Salted) 20 g, 70 g, 200 g, 350 g Sunflower Seeds in shell (Raw) 20 kg sack

Sunflower Seeds in shell (Roasted & Salted) 20 kg sacks

Sunflower Seeds in shell (Roasted & Unsalted) 20 kg sacks

Sunflower Seeds, shelled (Roasted & Salted) 50 g, 100 g, 200 g

Sunflower Seeds, shelled (Roasted & B.B.Q.)

50 g, 100 g, 200 g Sunflower Seeds, Shelled (Raw)

10 kg ctns. 12/225 g Sunflower Seeds, shelled



(Roasted & Shelled) 20 kg sacks Sunflower Seeds, shelled (Roasted & B.B.Q.) Salted 10 kg ctns.

Nutty Club Cordial (2 flavours) 12/750 ml, 500 ml

Nutty Club Pancake Syrup 12/500 ml, 12/750 ml, 12/1 L

Nutty Club Blueberry Pancake Syrup 12/500 ml, 12/750 ml, 12/1 L

Nutty Club Candy 24/50 g. 125 g, 200 g and bulk pack (over 60 varieties) Pumpkin Seeds 48/40 g. 12/100 g, 10 kg

(B)

Food Club

Food Club Hot Mustard 12/250 ml, 12/500 ml, 10/500 ml, 4 L Poly Bags Food Club Prepared Mustard 12/250 ml, 12/500 ml, 4 L Poly Bags, 4/4 L Glass Jars

Food Club Food colour (4 colours) 12 x 4 x 13 ml kits (Red, Green, Yellow, Blue) 55 ml, 750 ml, 4 L Poly Jug

Engedura Yeast 100 g, 250 g, 500 g

Nutty Club Baking Supplies (All Packed 12s) Also Available

in 10 kg Bulk #1 Walnuts 100 g, 200 g, 300 g Light Amber Walnuts 100 g,

200 g, 300 g Walnuts Chopped 100 g, 200g Almonds Blanched 100 g, 175 g Almonds Blanched Sliced

100 g, 175 g

Almonds Blanched Slivered.

100 g, 175 g **Almonds Blanched Ground**

100 g, 175 g Almonds Shelled 100 g, 200 g Almonds Shelled Sliced 160 g

Baking Cashews 100 g

Baking Pecans 100 g

Baking Brazils Whole 100 g

Baking Brazils Sliced 100 g

Baking Filberts Whole 70 g

Baking Filberts Sliced 70 g Baking Peanuts 100 g Baking Nuts Nibs 100 g Cake Fruitlets 225 g

Nutty Club

Nutty Club Karmel Korn 36/35 g, 12/150 g, 12/250 g

Nutty Club Crispy Corn 36/35 g. 12/120 g, 12/170 g

Nutty Club Prize Popcom (Pink) Nutty Club Satchel Popcom with

Prize (Pink)

Nutty Club Popping Corn 24/500 g, 1 kg

Nutty Club Processed Salted

Nuts Bulk 10 kg Cartons Cashews, Nuts & Raisins, Jumbo Peanuts, Spanish Peanuts,

Barbecued Peanuts, Red Jacket Peanuts, Salt & Vinegar Peanuts, Pizza Peanuts, Club Asst. Nuts,

Bridge Asst. Nuts, Deluxe Asst. Nuts (No Peanuts), Jogger's Mix, South Seas

Nutty Club Cello Bags Salted Peanuts - 50 g, 100 g, 300 g

Barbecued Peanuts, Spanish Peanuts, Jumbo Peanuts, Salt & Vinegar Peanuts, Pizza Peanuts

Nutty Club Cello Bags Salted Nuts

Bridge Asst. Nuts, Deluxe Asst. Nuts (No Peanuts), Cashews, Nuts & Raisins, Barbecued Peanuts, Spanish Peanuts, Jumbo Peanuts, Pizza Peanuts,

Salt & Vinegar Peanuts, Club Asst., Jogger's & South Seas **Nutty Club Peanut Butter**

(98% Peanuts, 2% Salt) 12/500 g, 12/1 kg, 6/1 1/2 kg

Nutty Club Peanut Butter No Salt 12/500 g, 1/12 kg pail

Nutty Club Crunchy Peanut Butter (98% Peanuts, 2% Salt)

Shellmouth Sausage Co.

(P)

Box 1247

Roblin, Manitoba ROL 1P0 Telephone: 1-(204) 937-8322

Contact: Ed Myslichuk

(A)

Summer Sausage Country Style Sausage Ham-Garlic Sausage Ham-Garlic Stick Salami Salami Stick

Pepperoni Pepperettes

Beef Jerky

Custom Work

Simple Abundance (R)

Box 45

Gardenton, Manitoba R0A 0M0 Telephone: 1-(204) 425-3627

Fax: 1-(204) 425-3241

Contact: Sandra Conway

(A)

Herb Vinegars Wild Fruit Jam, Jelly, Syrup

Other Products



Smith's Corned Beef & Sausage Mfg. Co. Ltd. (R,P,N,I) fi

1434 Church Avenue Winnipeg, Manitoba R2X 1G4 Telephone: 1-(204) 633-7054

Fax: 1-(204) 694-0708 Contact: Irene Davidow

Corned Beef Briskets Corned Beef Briskets 1/2's Sliced Comed Beef pkgs 3 oz.,

4 oz.

Corned Beef Rounds Pastrami Beef Briskets Pastrami Beef Briskets 1/2's Sliced Pastrami pkgs 3 oz., 4 oz. S.P. Briskets



Cooked Roast Beef 1/2's Cooked Roast Beef pkgs 3 oz.,

4 oz.

Beef Salami - Chubs Beef Salami - Thins Beef Salami - Slicers Beef/Pork Salami Pepperoni - Sliced Pepperettes Beef Smokies Beef Knockwurst Beef Wieners Cocktail Wieners

Wieners C/FD/I Garlic Sausage Beef Sausage H.C. Bulk

Smoked Wieners

Beef Sausage H.C. Trays Beef Sausage C.C.

Beef & Onion Sausage Bulk Beef & Onion Sausage Trays

Cajun Sausage J.D. Sausage

Beef & Pork Sausages Pork Sausages

Hot Italian Sausage Mild/Hot

Bratwurst

Bliss Beef Burgers pkgs Smiths Burgers 4 5 6 7 Smiths Burgers J Ground Beef Reg Med

Ground Beef 500 g Tubes Stewing Beef Minute Steaks Striploin Steaks Ribeye Steaks T-Bone Steaks Butt Tenders Tenderloin

Striploins Finger Bones Ribeyes A C Roast-Ready Ribs Sirloin Tips

Outside Rounds
Outside Rounds 1/2s
Inside Rounds

Inside Rounds 1/2s

Beef Flats Boneless Beef Clods

Boneless Beef Chuck Roasts

Baron of Beef Boneless Steak Pieces Short Loins Ribs 7 Bone Br C Boneless Beef

Liver Tripe Veal

Veal Portions ITL. Breaded Veal Cutlets

Pork

Sliced Bacon 14/16 Sliced Bacon 16/18 Sliced Bacon 18/22

Back Bacon Pizza Ham Breakfast Hams Cooked Hams - 4x4 Toupee Hams Leg of Ham

Pork Roasts Boneless

Pork Cutlets

Pork Chops 1/2" C.C. Pork Chops 3/4" C.C. Pork Spareribs S/B/SS Leg of Pork Boneless

Poultry Chicken

Chicken 9 Piece Cut Up

Chicken - Breasts

Chicken - Breasts Boneless

Skinless
Chicken - Legs
Chicken - Wings
Cornish Hens
Chicken Burgers
Chicken Fingers
Chicken Nuggets

Cooked Bird Chicken Parts

Turkeys A.U.
Turkey Rolls W/DW
Turkey Breast
Turkey Roasts (raw)

8 oz, 10 oz

Misc
Canola Oil
Margarine
Cheese Slices
Cheese - Block
Cheese - Mozzarella

Casings

Smokey Joe Sandwiches

Perogies

Snow Fire Seeds Inc. (P)

Box 57

Domain, Manitoba ROG 2M0 Telephone: 1-(204) 736-2699 Fax: 1-(204) 736-4305 Contact: Ken Dyck (A)



Springhill Farms (R,P,N,I)

fi

P.O. Box 10,000

Sunflower Kernels

Neepawa, Manitoba R0J 1H0 Telephone: 1-(204) 476-3393

Fax: 1-(204) 476-3791

Contact: Gary Fuller, Assistant

General Manager

(A)

All Fresh and Frozen Pork Cuts primal and sub-primal

Sprout World (R,P)

1119 Empress Street

Winnipeg, Manitoba R3E 3H1 Telephone: 1-(204) 772-3771 Contact: Guy Precourt, Manager

(A)

Regular Alfalfa Sprouts 12/140 g plastic container

Deli Mix Sprouts

12/140 g plastic container

Onion Alfalfa Sprouts

12/110 g plastic container Spicy Radish Sprouts 12/135 g

plastic container

Broccoli Sprouts 12/120 g plastic containers

Bulk Regular Alfalfa Sprouts (plastic bag in cardboard carton) 3 lb

Bean Sprouts 12/250 g plastic containers

Bulk 5 lb Bean Sprouts

Sunflower Greens 6/135 g plastic container

Soup 'n' Salad Helper 12/135 g plastic container



Stone-Ground Daily Bread*

1399 Pembina Highway Winnipeg, Manitoba R3T 2B8 Telephone: 1-(204) 474-5900 (B) Organic bakery

Sunco Foods* (R)

405 Notre Dame Avenue
Winnipeg, Manitoba R3B 1R2
Telephone: 1-(204) 942-8643
Fax: 1-(204) 943-0388
Contact: Laurie Au, General
Manager
(A)
Specialized Oriental Noodles
Wrappers & Pasta Products*
Chow Mein
Fresh Cooked Egg Rolls
Fresh Cooked Spring Rolls
Manufacturer and Wholesaler
Retail and bulk sizes available



Sunny Day Products Ltd. (R.P.N.I)

Box 2080
349 Manitoba Road
Winkler, Manitoba R6W 4B8
Telephone: 1-(204) 325-8910
Fax: 1-(204) 325-6328
Contact: Dick Plett, General
Manager
(A)

Roasted Sunflower Seeds

(Natural, Salted, Seasoned) 24 x 100 g bags

24 x 300 g bags 12 x 600 g bags

50 lb bag in shell

50 lb bag shelled

Raw Sunflower Seeds 50 lb bag in shell

50 lb bag shelled

(B)

Roasted Peanuts (Natural) 24 x 100 g bags 24 x 250 g bags

12 x 500 g bags

45 lb bag Jumbo

45 lb bag Super Jumbo

45 lb bag Valencia

Raw Peanuts

50 lb bag Jumbo

50 lb bag Super Jumbo

50 lb bag Valencia

Roasted Pistachios

(Natural, Salted, Seasoned)

24 x 125 g bag

12 x 454 bag

25 lb box

Roasted Pumpkin Seeds

(Natural, Salted)

24 x 85 g bags

25 lb box

2037 Portage Avenue



Sunstone Coffee Roastery

Winnipeg, Manitoba R3J 0K6
Telephone: 1-(204) 837-1381
Fax: 1-(204) 837-3281
Contact: Lionel Wright
(B)
Roasting coffees from Brazil,
Colombia, Peru, Costa Rica,
Dominican Republic, Guatemala,
Panama, Mexico, Sulawesi, Java,
Sumatra, Zimbabwe, Kenya,
Ethiopia, Cameroon, India, Cuba.
Packaged in 1/2 lb, 1 lb, 5 lb



Superior Harvest Foods

Inc. (N)

Box 196

Winkler, Manitoba R6W 4A5

Telephone: 1-(204) 325-7336

Fax: 1-(204) 325-7346

Contact: Ron Giesbrecht

(A)

Roasted Jumbo Sunflower Seeds

(salted, seasoned, lightly salted, no salt) Custom Roasting & Packaging

-T-



Tasty Seeds Ltd. *(N)

144 Plymouth Street
Winnipeg, Manitoba R2X 2Z1
Telephone: 1-(204) 632-6906
Fax: 1-(204) 694-9328
E-mail: info@tastyseeds.com
Contact: Larry Marius
(A)*

Tasty Favorite Brand Sunflower Seeds 10/2 lb (907 g), 24/4-1/2 oz (128 g), 12/12 oz (340 g)

Tasty Favorite Brand Sunflower Seeds, Seasoned 24/128 g, 12/340 g, 10/907 g, Saine 24/128 g, 12/340 g

Cajun 24/128 g, 12/340 g Bulk Sunflower Seeds 25 lb bags

Pumpkin Seeds (Salted, Seasoned)

Tasty Favorite Brand Pumpkin Seeds* 12/4 oz (113 g)

Tasty Favorite Brand Pumpkin Seeds*, Seasoned 12/4 oz (113 g)

Tasty Favorite Brand Sponge Toffee 12/35 g

Bulk Sunflower Kernels*, 50 lb bag, raw or roasted

Tasty Favorite Brand Halloween Pack 12 x 20/20 g





The Danish Mermaid Ltd.

433 Broadway Avenue P.O. Box 1089 Killarney, Manitoba R0K 1G0 Telephone: 1-(204) 523-8109 Fax: 1-(204) 523-8383 Contact: Lee Bartley



To-Le-Do Food Service (R,P,N) fi

143 Henry Avenue Winnipeg, Manitoba R3B 3G9 Telephone: 1-(204) 956-4177 Fax: 1-(204) 957-1728 Contact: Don Wikander Miscellaneous, Portioned Controlled, Beef, Veal, Lamb & Pork Products Smoked, Cooked and Cured Meats

Wieners & Sausages Beef and Pork Cuts Fancy Meats **Turkey Products** Fresh & Frozen Chicken Processed Chicken Seafood Cheeses **Butter & Oil Products** Frozen Soups Salad Dressing Frozen Vegetables & Fruits Desserts Appetizers Portion Jams

Trainor Artesian Water Co. Ltd. (R.P.N)

General Delivery Victoria Beach, Manitoba ROE 2CO Telephone: 1-(204) 697-1456

(Winnipeg)

Fax: 1-(204) 694-7005 (Winnipeg) Contact: Chris Trainor, President

(A)

Bottlers of Natural Artesian Water & R.O. Water

3.78 L 2 L IL 1.5 litre 355 ml 500 ml 10 L 5 U.S. gal. (18.9 L) **Bulk Water Hauling** Water Coolers Rentals and Sales - Home & Office Delivery

Trappist Cistercian Abbey

Box 310 Holland, Manitoba ROG 0X0 Telephone: 1-(204) 526-2000 Contact: Brother A. Brunette (A) Trappist cheese

Tundra Wild Rice Inc. (R,P,N,I)

P.O. Box 263 Pine Falls, Manitoba R0E 1M0 Telephone: 1-(204) 367-8651 Fax: 1-(204) 367-8309 Contact: Denis Pereux, President Martin Cyr, Sales Manager Producers, Wholesale and Retail Sales (A) Graded Canadian Lake Wild Retail Package 10/200 g. 10/500 g Bulk Package 5 kg (11 lb) pail,

Custom and Gift Packing available "Certified Organic" wild rice available on request.

- U -

United Grain Growers Limited (N)

Forage & Special Crop Services 101 De Vos Road Winnipeg, Manitoba R3T 5X9 Telephone: 1-(204) 989-5470 Fax: 1-(204) 275-1541 Contact: Ken O'Connor (A)

Canwest/Emerald Farms Brand Wild Bird Feed

Sunflower Seeds





Vita Health Products

150 Beghin Avenue Winnipeg, Manitoba R2J 3W2 Telephone: 1-(204) 661-8386 Fax: 1-(204) 663-8386 Contact: Bob Memka, Chief Operating Officer (A) 7 Grain Cereal Mix Organic 12/1 kg, bag/20 kg Buckwheat Flour Light 12/1 kg, bag 20 kg Buckwheat Hulled 12/500 g Flaxseed Organic 12/500 g Lentils Brown 12/500 g Millet Hulled Organic 12/2 lb Oats Rolled Large Flake

12/1 kg, 6/2 kg Com Meal I kg, bag 22.68 kg Wheat Cracked 12/1 kg Wheat Germ Raw 24/500 g Whole Wheat Kernels Organic 20 kg, 12/1 kg Honey Buckwheat Dark 12/1 lb Honey Golden Sunflower

12/1 lb

22.7 kg (50 lb), 45.5 kg

(100 lb)



Honey White Prairie Flower 12/1 lb, 12/2 lb

(B)

Rice Brown Regular 12/1 kg Rice Brown Regular Long Grain 12/1 kg

Basmati Rice 1 kg
A very large variety of products
are processed in Manitoba. The
list is too lengthy to detail. If
further information is required,
please contact our office
directly.

-W-

Weston Bakeries Ltd. (P)

P.O. Box 831
666 Elgin Avenue
Winnipeg, Manitoba R3C 2P7
Telephone: 1-(204) 789-2200
Contact: B. Schmidt, General
Sales Manager
David Pigott, Plant Manager
(A)

Country Harvest, D'Italiano, Wonder Breads, Wheat Breads, White, Whole Wheat, Raisin, Diet and Fancy Breads, German Breads, English Muffins, Bagels

Dinner Rolls, Hot Dog Buns, Hamburger Buns Sweetgoods - Hostess Products, Iced Buns, Cake

Products, Iced Buns, Cakes, Donuts and Puffed Pastry, Vachon Products

Westwind Brokers (P)

178 Wyatt Road Winnipeg, Manitoba R2X 2X6 Telephone: 1-(204) 632-8995 Fax: 1-(204) 632-9027 Contact: Chris Solylo, President

President
Sales agents for:
Naleway Foods Ltd.
(See product listing under
Naleway)
Creative Foods Ltd.

Wild Harvest Rice Co. (R,P,N,I)

2079 Sinclair Street Winnipeg, Manitoba R2V 3K2 Telephone: 1-(204) 334-1534 E-mail:

scohen@wildharvestrice.com

Web site:

www.wildharvestrice.com Contact: Syd Cohen, Marketing Manager

(A)

Canadian Lake Wild Rice

Gourmet (large)
Premium Quality (medium)
All wild rice and wild rice flour is
Canada No. 1 and Certified
Organic (OPAM)
Individual Clear Poly Bags
Gourmet and Premium Quality,
227g (1/2 lb), 454 g (1 lb)
Wild Rice Flour, 454 g (1 lb)
Bulk, Boxed with Poly Bag
Liner

Gourmet and Premium Quality
2.27 kg (5 lb), 4.54 kg
(10 lb), 11.36 kg (25 lb), 36.36
kg (80 lb)
Wild Rice Flour, 2.27 kg (5 lb),
4.54 kg (10 lb)

Wild West Marketing (P)

Box 22093 B.D.P.O.
Brandon, Manitoba R7A 6Y9
Telephone: 1-(204) 727-2340
Fax: 1-(204) 727-2952
E-mail:
kurchaba@mb.sympatico.ca
Contact: Jason/Wanda
Kurchaba, Owners
(A)
Pickled Carrots



Wild West Seasonings (I)

144 Seeking Street Headingley, Manitoba R4J 1A9 Telephone: 1-(204) 992-2104 Toll-Free: 1-(800) 493-3993 Fax: 1-(204) 992-2104 Contact: Rod or Janet Schwartz

(B)

The Original Wild West Jerky Cure and Seasoning

Traditional - the staple
Hickory - touch of smoke
Peppered - just a little bite
Teriyaki - Japanese Style
Thai - uniquely Asian
Cajun - southern touch
Barbecue - zesty
X-tra Hot Buffalo - not for the
faint-hearted

The Original Wild West Sausage Kits

European-style farmer sausage make your wild meat into an Oktoberfest treat

Home Style Farmer Sausage just like Granddad used to make

Country Style Summer Sausage makes wild meat to a deli perfection every time

Breakfast Sausage - makes excellent links or patties

The Original Wild West Chicken, Pork and Beef Seasoning

Golden West Chicken Seasoning Smo-kee Barbecue Seasoning Dry Garlic Rib Seasoning Honey Garlic Rib Seasoning

The Original Wild West Fish Seasoning

Golden Crispy Fish Seasoning Freddies Famous Fish Seasoning

The Original Wild West Meat Marinades

Teriyaki Meat Marinade Pepper Blend Meat Marinade



Cajun Meat Marinade
X-tra Hot & Spicy Meat
Marinade
Jamaican Jerk Meat Marinade
Wild West Oven Ready Beef
Jerky
Seasoned, Sliced, Ready to
Prepare. Just thaw and process.



Winkler Meats Ltd. (I) fi

P.O. Box 759 270 George Street Winkler, Manitoba R6W 4A8 Telephone: 1-(204) 325-9593 Fax: 1-(204) 325-5735 Contact: Harry Dyck, Manager Winnipeg Office Sales & Marketing Telephone: 1-(204) 233-2344 Fax: 1-(204) 325-5735 Contact: Don Phillips **Bill Houston** (A) Farmer's Sausage 12/375 g Farmer's Sausage Skinless 12/650 g Farmer's Sausage Minis 12/500 g Farmer's Sausage Slices 12/500 g Farmer's Sausage Beef & Pork 12/700 g Kooba Burgers 12/500 g Kooba Dogs 12/500 g Coarse Ham Garlic Sausage 12/500 g Liver Sausage 26/500 g, 48/250 g **Bung Bologna** Pepperoni Salami Smoked Wieners 12/500 g. 2.27 kg gas flush Smokies 12/500 g, 2.27 kg gas Bulk Bacon #1 Regular & Thick Slice 5 kg Bulk Bacon #2 5 kg

Black Forest Hams

Old Fashioned Hams

Smoked Ham Roll
Cooked Ham
Canadian Back Bacon, Chunks &
Slices
Hot & Spicy Sausage
All Fresh Pork Cuts
All products random weight,
except Farmer's Sausage
375 g
Farmer's Sausage Minis 500 g
Farmer's Sausage Slices 500 g

Winnipeg Old Country Sausage Ltd. (P)

691 Dufferin Avenue Winnipeg, Manitoba R2W 2Z3 Telephone: 1-(204) 589-8331 Fax: 1-(204) 586-5661 Contact: Ken Werner, President (A) Bologna Bung, Bulk Bologna Bung, Cryovac Wieners Natural Casing 8", 6" Wieners Natural Casing. Cryovac Wieners Skinless 6", 8", 10", 12" Wieners Super Dogs Wieners Skinless 6", Cryovac Extra Special Garlic Sausage, Bulk, Cryovac Coil Garlic Sausage, Bulk Smokies, Bulk Liver Sausage Natural Casing, Cryovac Liverwurst, Bulk 300 g Pepperettes, Bulk Pepperoni, Bulk Salami, Bulk Salami Chub, Bulk 300 g Farmer Sausage, Cryovac Special Ham Sausage, Bulk, Cryovac 300 g Headcheese Headcheese, Cryovac Chicken Loaf, Cryovac Barbeque Loaf, Cryovac Old Style Meat Loaf, Cryovac Holiday Ham, Cryovac Boneless Ham, Cryovac

Picnic Pork Shoulder Smoked Picnic Pork Shoulder Smoked, Cryovac Ready to Serve Ham Number | Side Bacon Rindless Side Bacon Sliced Bacon, 1 lb, Cryovac, Bulk Bacon Ends, Frozen Bacon Mini Slab, Cryovac **Bacon Bulk Flats** Cello Bologna Garlic Sausage Ring, Cryovac Beef and Pork Pattie Meat - Roll Lean Ground Beef 5 lb Roll Lean Ground Beef 2 lb Roll Regular Ground Beef - Roll Breakfast Sausages 400 g, 6 lb Side Ribs, 2" Strip Pork Chops, Centre and Rib Only **Boned and Rolled Pork Butts** 85% Lean Boneless Beef **Beef Inside Round Roast** Beef Outside Round Roast Beef Shoulder Roast Beef Ribeye, Graded **Beef Sirloin Tip Roast** Beef Chuck Roll Roast Beef Regular Roll, Utility Mild Cheese 5 lb Medium Cheese 5 lb Mozzarella Cheese 5 lb Seasoned Beef Patties 4 oz Seasoned Beef Patties 2.6 oz **Blood & Tongue Fleishwurst**

Winpak Ltd.* (R,P,N,I)

Spiced Ham

Bratwurst

100 Saulteaux Crescent Winnipeg, Manitoba R3J 3T3 Telephone: 1-(204) 889-1015 Fax: 1-(204) 832-7781 Contact: B.J. Berry, President D.A. Johns, Sales Director -Canada N.J. Rowe, Sales Director - USA

Winpak Ltd. manufactures and distributes high quality

Gourmet Corned Beef, Cryovac

Cooked Ham, Cryovac



packaging materials for the protection of perishable food, beverage and dairy products, and for use in non-food markets such as pharmaceutical and complex industrial applications.

-X-

XCAN Grain Pool Ltd. (I)

1200-201 Portage Avenue Winnipeg, Manitoba R3B 3K6 Telephone: 1-(204) 954-1500 Fax: 1-(204) 949-1057 Contact: Peter G. Lloyd, Director of Marketing International marketing company for canola, malting barley, flax, flax screenings, linseed meal and pellets, peas, oats, grain screening pellets, rye, barley, milling wheat, feed wheat, lentils, mustard, canaryseed, sunflower seeds, buckwheat, canola meal, canola meal pellets and screenings, canola oil, non-grain feed ingredients, and alfalfa (pellets and cubes).



MANITOBA WHOLESALE GROCERY DISTRIBUTORS

Federated Co-operatives Limited (R)

1615 King Edward Street
Winnipeg, Manitoba R3C 2W6
Telephone: 1-(204) 633-8950
Fax: 1-(204) 631-4647
Contact: Ken Abbott, Regional
Food Manager
Commodities:
Dry Groceries
Frozen Food
Tobacco
Health & Beauty Aids
Integrated Non-Foods

Macdonalds Consolidated (R.P)

Wholesale Division of Canada Safeway Ltd.

1000 King Edward Street Winnipeg, Manitoba R2H 0R1 Telephone: 1-(204) 631-4460 Contact: Paul Bennett

Commodities: Supplier to Safeway Stores only

Sobeys West

Tobacco

Health & Beauty Aids

1800 Inkster Boulevard P.O. Box 9600 Winnipeg, Manitoba R3C 3J6 Telephone: 1-(204) 632-7100 Fax: 1-(204) 694-5139 Contact: Dennis Ostapowich, General Manager Wayne Keil, District Manager Richard Neufeld, District Manager Cathy Silman, Administration Paul Giasson, Director, Produce Operations Commodities: **Dry Groceries** Fresh Produce Frozen Foods

Western Grocers (N)

Division of Westfair Foods Ltd. P.O. Box 842 Winnipeg, Manitoba R3C 2R4 Telephone: 1-(204) 786-5105 Fax: 1-(204) 786-5189 (Retail Headquarters in Winnipeg) Contact: E.R. Rude, Zone Manager Dean Jones, Branch Manager O.M. Luhowy, Sales Manager Commodities: **Dry Groceries** Fresh Produce Frozen Foods Tobacco

Health & Beauty Aids

Fresh Meat

Sunspun Food Services (P)

Division of Westfair Foods Ltd. 101 Weston Street Winnipeg, Manitoba R3E 2T4 Telephone: 1-800-667-9989 Contact: Sales Manager





MANITOBA VEGETABLE WHOLESALERS

Manitoba produces many varieties of quality vegetables that are full of flavour and goodness. Crops include beets, brussel sprouts, cabbage, carrots, cauliflower, celery, corn, cucumbers, eggplant, onions, peppers, radishes, rutabagas, squash, tomatoes, vegetable marrow and potatoes. Manitoba vegetables are available from these wholesalers:



Crescent Fruit Sales Inc. (R.P.N)

406 Pacific Avenue P.O. Box 86 Winnipeg, Manitoba R3C 2G1 Telephone: 1-(204) 943-7461 Fax: 1-(204) 942-4075 Contact: Jerry Petruska, Manager

Crocus Foods (1996) Limited

Box 144 Southport, Manitoba R0H 1N0 Telephone: 1-(204) 428-5422 Fax: 1-(204) 428-5424

Garden Grove Distribution (1998) Ltd.

2049 Dugald Road Winnipeg, Manitoba R2J 0H3 Telephone: 1-(204) 777-6484 US/CD Watts 1-(800) 661-7763 Fax: 1-(204) 777-1071 Contact: Mike Gorun/Glen Behl

K & G Mushrooms (I)

P.O. Box 606
Portage la Prairie, Manitoba
R1N 3B9
Telephone: 1-(204) 857-7807 or
1-(204) 857-7808
Fax: 1-(204) 239-5840
E-mail: kngmush@portage.net
Contact: Bruce Cooper, Plant
Manager
Michelle Lalande, Sales;
Marketing Manager
Commodity:
Fresh Mushrooms bulk &
prepackaged; white, crimini,

Loveday Mushroom Farms Limited (P)

portabella

556 Mission Street Winnipeg, Manitoba R2J 0A2 Telephone: 1-(204) 233-4378 Fax: 1-(204) 237-1303 Contact: Burton Loveday

Macdonalds Consolidated (R.P)

1000 King Edward Street Winnipeg, Manitoba R2H 0R1 Telephone: 1-(204) 631-4460 Contact: Paul Bennett

Serca Foodservice Inc. (R,P)

Western Division 1570 Clarence Avenue Winnipeg, Manitoba R3T 1T6 Telephone: 1-(204) 478-4000 Fax: 1-(204) 453-5409 Web: www.serca.com Contact: Bob Schlingerman Grant Avery

Stella Produce (1981) Ltd. (R,P,N,I)

980 Powell Avenue
P.O. Box 366, Station "L"
Winnipeg, Manitoba R3H 0Z6
Telephone: 1-(204) 633-8088
Fax: 1-(204) 694-4436
Contact: Richard Ross

Sumka Brothers (R,P)

132 Sweetwater Bay Winnipeg, Manitoba R2J 3G5 Telephone: 1-(204) 257-1944 or 1-(204) 256-1611 Contact: Al Sumka

Western Grocers Division of Westfair Foods Ltd. P.O. Box 842

Winnipeg, Manitoba R3C 2R4 Telephone: 1-(204) 786-5105



MANITOBA PRODUCER MARKETING BOARDS AND ASSOCIATIONS

Canada Wild Rice Council Inc. (I)

700 Wellington Crescent
Winnipeg, Manitoba R3M 0C2
Telephone: 1-(204) 475-3136
Secretary
Ans/Fax: 1-(204) 888-7706
President
Market Referral List as endorsed
by the Canada Wild Rice Council

Landscape Manitoba (R.P.N.I)

provided on request.

808 Muriel Street
Winnipeg, Manitoba R2Y 0Y3
Telephone: 1-(204) 889-5981
Fax: 1-(204) 888-0944
E-mail: landmb@netcom.ca
Contact: Evelyn MacKenzie-Reid,
Executive Administrator

Manitoba Beekeepers Association (R,P,N,I)

Don Dixon, Secretary
204-545 University Crescent
Winnipeg, Manitoba R3T 5S6
Telephone: 1-(204) 945-3861
Fax: 1-(204) 945-4327
Contact: Lorne Peters, President
Box 98
Kleefeld, Manitoba R0A 0V0
Telephone: 1-(204) 377-4242
Melvin Dueck, Chairman
Promotions Committee
P.O. Box 35
Kleefeld, Manitoba R0A 0V0
Telephone: 1-(204) 377-4682

Manitoba Bison Association

Box 15 Angusville, Manitoba ROJ 0A0 Telephone: 1-(204) 773-2414 Fax: 1-(204) 773-2414 Contact: Larry Chipelski, President

Manitoba Cattle Producers Association (P)

222-530 Century Street
Winnipeg, Manitoba R3H 0Y4
Telephone: 1-(204) 772-4542
Fax: 1-(204) 774-3264
Contact: Wanda McFadyen
Blair Olafson, President
R.R. #1
Ste. Rose du Lac, Manitoba
ROL 1S0

Manitoba Chicken Producer Board (R,P,N,I)

430-A Dovercourt Drive
Winnipeg, Manitoba R3Y 1N4
Telephone: 1-(204) 489-4603
Fax: 1-(204) 489-4907
E-mail: chicken@chicken.mb.ca
Web: http://www.chicken.mb.ca
Contact: Fred Homann, General
Manager
Waldie Klassen, Chairman

Manitoba Egg Producers (R,N)

Suite 18, Waverley Square
5 Scurfield Boulevard
Winnipeg, Manitoba R3Y 1G3
Telephone: 1-(204) 488-4888
Fax: 1-(204) 488-3544
E-mail: info@mbegg.mb.ca
Web: www.mbegg.mb.ca
Contact: Penny Kelly, General
Manager
Harold Froese, Chairman
P.O. Box 167
Oak Bluff, Manitoba R0G 1N0

Manitoba Milk Producers (P,N,I)

P.O. Box 724
36 Scurfield Boulevard
Winnipeg, Manitoba R3C 2K3
Telephone: 1-(204) 488-6455
Fax: 1-(204) 488-4772
Web: general@milk.mb.ca
Contact: W.J.S. Wade, General
Manager
Bill Swan, Chairman
Box 368
Warren, Manitoba R0A 0W0

Manitoba Natural Products Marketing Council (P)

812-401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 1-(204) 945-4495
Fax: 1-(204) 948-2844
E-mail:
gmackenzie@agr.gov.mb.ca
Web:
http://www.gov.mb.ca/agricultur
e/
Contact: G.H. MacKenzie,
Director

Manitoba Pork Marketing Co-op Inc.

750 Marion Street
Winnipeg, Manitoba R2J 0K4
Telephone: 1-(204) 233-4991
Fax: 1-(204) 233-0049
E-mail: mail@mpmc.mb.ca
Web: www.mpmc.mb.ca
Contact: Perry Mohr, Manager,
Marketing Services

Manitoba Pulse Growers' Association Inc. (I)

P.O. Box 1760 Carman, Manitoba ROG 0J0 Telephone: 1-(204) 745-6488 Fax: 1-(204) 745-6213 Contact: Ken Tjaden, Executive Manager



Manitoba Restaurant Association (P)

590 Erin Street Winnipeg, Manitoba R3G 2V9 Telephone: 1-(204) 783-9955 Fax: 1-(204) 783-9909 E-mail: bob@mrfa.mb.ca Contact: Bob Stevens

Manitoba Sheep Association Inc.

Box 83 Rivers, Manitoba R0K 1X0 Telephone: 1-(204) 328-7113 or 1-(204) 328-7192 Contact: Clayton Robins, President

Manitoba Turkey Producers (R,P,N,I)

430-A Dovercourt Drive
Winnipeg, Manitoba R3Y 1N4
Telenhone: 1-(204) 489-4635
Fax: 1-(204) 489-4907
E-mail: mbturkey@turkey.mb.ca
Web: www.turkey.mb.ca
Contact: Sheila Perry, General
Manager
Emmy Byle, Chairman
Box 114
Balmoral, Manitoba R0C 0H0
Telephone: 1-(204) 467-2250
Fax: 1-(204) 467-2250

Organic Producers Association of Manitoba (OPAM) (I)

Box 929 Virden, Manitoba ROM 2C0 Telephone: 1-(204) 748-1315 Fax: 1-(204) 748-6881 E-mail: info@opam.mb.ca Web: www.opam.mb.ca Contact: Lara Scott

Peak of the Market (R,P,N,I) 1200 King Edward Street

Winnipeg, Manitoba R3H 0R5
Telephone:1-(204) 632-PEAK
(7325)
Fax: 1-(204) 694-PEAK (7325)
E-mail: peak@peakmarket.com
Web: www.peakmarket.com
Contact: Larry McIntosh,
President & CEO - Ext. 223
Dave Whitmore, Sales &
Marketing Manager - Ext. 244
Ken Krochenski, Operations
Manager - Ext. 222

Prairie Fruit Growers Association (P,N)

20 Northumbria Bay Winnipeg, Manitoba R2J 1Y4 Telephone: 1-(204) 254-3903 Contact: Lise Marion, Secretary-Treasurer

Vegetable Growers' Association of Manitoba (R,P,N,I)

808 Muriel Street Winnipeg, Manitoba R2Y 0Y3 Telephone: 1-(204) 888-8989 Fax: 1-(204) 888-0944 Contact: Evelyn MacKenzie-Reid, Secretary-Treasurer



MANITOBA FOOD PROCESSORS ASSOCIATION

The Manitoba Food Processors Association (MFPA) is an industry-run organization whose mission is to facilitate and promote the food processing industry in Manitoba.

The Association can assist with marketing and market development programs, including joint trade missions for import/export, joint product presentations to regional buyers, co-operative sales promotion with local retailers and incoming buyer programs.

The Association is available to act as a liaison to government agencies and departments on issues relating to regulations, labelling, trade, R & D assistance and other issues impacting the food processing industry.

The benefits of membership in the MFPA include access to initiatives, such as the following: Packaging Improvement Programs, Discounts on Seminars, Provincial Retail and Food Service Programs, Retail Programs into the U.S./Foreign Markets, P.O.S. Material, Participation in Incoming Buyer Missions, Co-operative Materials Purchasing, Co-operative Distribution Systems, Networking and Partnership Opportunities, Exclusive Market Research. **Priority Access to Government** Programs and Research and Customized Training Programs.

The MFPA is dedicated to the interests and priorities of companies actively involved in Manitoba's food industry.

For more information, contact:

Manitoba Food Processors Association (R,P,I) 300 Oak Point Highway Winnipeg, Manitoba R2R IV1 Telephone: 1-(204) 982-MFPA (6372)

Fax: 1-(204) 632-5143

E-mail: mfpa@mb.sympatico.ca





CANADIAN INSTITUTE OF FOOD SCIENCE AND TECHNOLOGY

The Canadian Institute of Food Science and Technology (CIFST) advocates and promotes the quality, safety and wholesomeness of the Canadian food supply through applied science and technology by linking food science professionals from industry, government and academia. The Institute has three objectives:

- To provide a forum for the interchange of educational, scientific and business ideas and information:
- To promote careers and professional status of members; and
- To be a voice on scientific issues and public policy affecting the Canadian food supply.

The benefits of membership include: ten issues of Food in Canada, a reduced subscription to a bi-monthly scientific journal -Food Research International, an annual conference attended by over 500 food scientists and technologists, regional and national newsletters describing upcoming events and news, regular regional meetings and a national membership directory; on line at www.cifst.ca.

The Manitoba Section of CIFST meets regularly for technical presentations, social events and workshops. The Section places special emphasis on working with students in the area of food

science. Membership is open to all persons actively engaged in food science and technology. For more information, contact:

Canadian Institute of Food Science and Technology c/o Food Science Department Faculty of Agricultural and Food Sciences University of Manitoba Winnipeg, Manitoba R3T 2N2 Telephone: 1-(204) 474-9601 Fax: 1-(204) 474-7630

UNIVERSITY OF MANITOBA FOOD SCIENCE AND FOODS AND NUTRITION DEPARTMENTS

The University of Manitoba has two departments involved with foods: the Department of Food Science and the Department of Foods and Nutrition. The goals of both departments are to train students for employment in areas of food product development, consumer acceptability and quality assessment. The Department of Food Science is involved with the technology of processing agricultural raw materials and also with aspects of food safety.

In addition to offering undergraduate and graduate degrees in Food Science and Foods and Nutrition, training programs for industry and government employees, as well as a variety of short-course offerings (HACCP, Food Safety, Sanitation, Extraneous Matter in Foods, Thermal Processing), are provided on a regular basis throughout the year to interested

individuals. A new initiative, the Certificate Program in Food Processing Technology and Management, is being developed in conjunction with the Community Colleges in the province and the Food Development Centre to provide industry employees a vehicle to remotely access technical information and experience hands-on training in food processing pilot plants.

The Department of Foods and Nutrition examines the nutritional and quality characteristics of food.

Consumer preferences, attitudes and consumption of foods are also considered.

Both departments offer a wide variety of technical skills to complement food processing and sensory testing facilities. The two departments have extensive research involvement with the Grain Research Laboratory, Agriculture and Agri-Food Canada's Winnipeg Research Station and St. Boniface Hospital - a useful resource for conducting clinical trials of nutritional products. They can assist companies in preparing test quantities of new products for market studies. They can also provide sensory and instrumental testing of products. The departments are most willing to serve as a resource for provincial food companies, with activities designed to complement those of the Food Development Centre.

For further information, please contact: Dr. Beverley Watts Department of Foods and Nutrition



University of Manitoba Winnipeg, Manitoba R3T 2N2

Telephone: 1-(204) 474-8069 Fax: 1-(204) 474-7592

Internet:

watts@ms.umanitoba.ca

10

Dr. Richard Holley (R, P, N, I)
Department of Food Science
Faculty of Agricultural
and Food Sciences
University of Manitoba
Winnipeg, Manitoba R3T 2N2
Telephone: 1-(204) 474-9601

Fax: 1-(204) 261-1488 Internet: rholley@

bldgagric.lan1.umanitoba.ca



R & D: AGRI-FOOD'S RECIPE FOR SUCCESS

These pages highlight the significant R&D expertise available to Manitoba food producers and processors and specific programs open to those aiming to bring new food products to market.

FOOD DEVELOPMENT CENTRE (FDC)

P.O. Box 1240
810 Phillips Street
Portage la Prairie, Manitoba
R1N 3J9
Telephone: 1-(204) 239-3150
Toll-Free in Canada:
1-800-870-1044
Fax: 1-(204) 239-3180
E-mail: lpetriuk@fdc.mb.ca
Web: www.fdc.mb.ca

FDC provides assistance to the Manitoba and Canadian food, feed, and beverage sectors in the areas of new food product development, food process development, food microbiological analysis, sensory evaluation, food and packaging information and advisory services, and agri-food seminars. FDC operates a pilot plant that is registered by Agriculture and Agri-Food Canada, the Department of Fisheries and Oceans, and Manitoba Agriculture and Food as a meat and poultry, seafood and dairy processing facility respectively. FDC also offers services and capabilities in the areas of baked goods, confectionery, vegetable processing, beverages, and other processed and prepared foods. The pilot plant and other services are available on a fee-for-service basis, and can be used for both research and development or small scale commercial production. This laboratory protects client confidentiality by way of a contract.

FDC also has an excellent library for public use.

UNIVERSITY OF MANITOBA (U OF M)

Several departments in two faculties carry out research and teaching and provide assistance to industry in areas related to agrifood value-added processing and consumer acceptance.

Faculty of Agricultural and Food Sciences Winnipeg, Manitoba R3T 2N2 Telephone: 1-(204) 474-9380 Web: www.umanitoba.ca/afs/

The Food Science Department conducts physical, chemical and microbiological analysis of foods and food ingredients using both approved and experimental techniques. Staff have expertise in cereal, protein and carbohydrate chemistry, food microbiology, biotechnology, food safety, dairy and horticultural crop processing. Expertise and access to the Department's food processing and dairy pilot plants are available to industry for product improvement and research and development.

The Biosystems Engineering Department offers expertise in the analysis and design of components, processes and systems for the food industry. Special capabilities range from fundamental research on the mathematical modelling of heat and mass transfer in irregular shaped foods and the determination of the thermal properties and the water activity in foods, to the more applied research areas, including aseptic processing of foods, distribution of chilled meat, superheated steam-drying of liquid foods, supercritical fluid extraction and



image processing.

The Plant Science Department has facilities and expertise in experimental milling, baking and vegetable storage. Pesticide residue analysis capabilities are found in the Soil Science Department. The facility operates on grants, although services are also offered on a feefor-service basis. This laboratory protects client confidentiality by way of a contract.

Faculty of Human Ecology

The Foods and Nutrition
Department enjoys an excellent
reputation for its edible-oil
research program and routinely
conducts food biochemical
analysis, processing/storage
trials, consumer acceptance
studies, sensory evaluation and
human feeding trials.

AGRICULTURE AND AGRI-FOOD CANADA (AAFC)

Research Branch
195 Dafoe Road
Winnipeg, Manitoba R3T 2M9
Telephone: 1-(204) 983-5533
Fax: 1-(204)-983-4604
Web:
http://res.agr.ca/winn/home.html

Cereal Research Centre, Winnipeg

AAFC combines expertise and facilities in cereal quality, pathology and biotechnology to develop improved wheat and out varieties for Western Canada. It also offers expertise in safe processes for controlling insects, mites and fungi in stored grain and grain products, in addition to

identifying controls for mycotoxins.

Morden

The primary focus is on research activities involving the development and marketing of oilseed, pulse and hardy ornamental crops on the Prairies. Researchers develop high quality, disease resistant flax, field pea and bean varieties.

Brandon

The primary focus is on natural resource conservation with research on improved beef and perk genetics and programs in barley development and pasture management. This is followed through with analysis on the impact on the end-processed product, such as the reduction of fat levels in bacon using microwave cooking instead of frying.

These laboratories protect client confidentiality by way of a contract.

CANADIAN INTERNATIONAL GRAINS INSTITUTE (CIGI)

1000-303 Main Street
Winnipeg, Manitoba R3C 3G7
Telephone: 1-(204) 983-6214
Fax: 1-(204) 983-2642
E-mail: atremere@cigi.ca
Dr. Arnold Tremere - Executive
Director
Web: www.cigi.ca

CIGI offers expertise in food, feed, and oilseed technology. The primary emphasis is on wheat, although studies on other commodities are also conducted. The technical expertise and strong commercial experience of the Institute is complemented by

complete, on-site wheat processing capabilities, enabling the Institute to simulate commercial practices in flour milling, pasta, baking, noodle manufacturing and quality control. CIGI's quality control also exists in the area of aquaculture feed. poultry feed and other feeds. Computer software capabilities for least-cost feed formulation and custom designed software for flour milling economics are also offered in-house. The Institute undertakes its own investigative studies, often in co-operation with government research and commercial processing facilities. The Institute operates on grants from the Canadian Wheat Board. the Canadian Grain Commission, as well as Agriculture and Agri-Food Canada.

This laboratory protects client confidentiality by way of a contract.

CANADIAN GRAIN COMMISSION, GRAIN RESEARCH LABORATORY (GRL)

1404-303 Main Street Winnipeg, Manitoba R3C 3G8 Telephone: 1-(204) 983-2764 Fax: 1-(204) 983-0724

GRL is the Scientific Division of the Canadian Grain Commission and provides support for the quality assurance and market support objectives of the Commission. GRL offers extensive expertise in the evaluation of quality of cereal grains, pulses and oilseeds, and houses specialized equipment, including laboratory and pilot scale



capabilities for flour and semolina milling, processing of baked products, noodles and pastas, and barley malting. Analytical capabilities include determination of physical properties, chemical constituents, functionality (suitability for specific end products) and toxic chemical and biological contaminants. GRL operates on 50 per cent grants from the Government of Canada and 50 per cent internal funding by the Canadian Grain Commission. GRL reserves the right to publish results, but publishing may be delayed upon request. If you would like a copy of detailed capabilities and other information, please call the Manitoba Government at (204) 945-2012.



FACTS ABOUT MANITOBA'S AGRICULTURE AND FOOD PROCESSING INDUSTRY

The direct and indirect contribution of agriculture to Manitoba's economy averaged almost 11 per cent of the province's gross domestic product during 1996 - 1998. The value of farm production was over \$3 billion in 1998. The food and beverage sector contributed about \$2.8 billion in total revenues in 1998.

In 1998, the province's agricultural sector employed some 34,900 people. Another 19,200 people, including over 8,000 in the processed food and beverage industry, were employed in other sectors of the provincial economy as a direct result of farm production. All together, these numbers mean more than one in ten jobs in Manitoba depended on agriculture.

Land Use

About half of all land in Manitoba with agricultural potential is used for farming - 7.7 million hectares (19.1 million acres) in 1996. In 1998, 4.8 million hectares (11.8 million acres) were seeded to crops, 0.18 million hectares (450,000 acres) used for summer fallow and over one-third of a million hectares were improved pasture lands. More than 1.6 million hectares (4.1 million acres) were unimproved land used for pasture and hay.

Farm Numbers and Income

In 1998, Manitoba had some 37,000 farms, with an average size of close to 325 hectares (800 acres). About 79,840 Manitobans live on farms. In 1996, one in 14 people in the province lived on a farm, compared with a one in 10 ratio in 1981.

Total net farm income in 1998 was almost \$300 million. Farm cash receipts from crops rose 6 per cent from 1997 to 1998, while receipts from livestock decreased by 3 per cent. Both were down from record levels in 1997.

Food and Beverage Industry

Manitoba is home to 260 food processing companies, including several major national and multinational corporations in a variety of product markets.

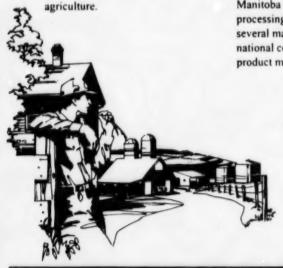
These include subsidiaries of Archer Daniels Midland (flour and malt), Midwest Food Products Ltd. (french fries and potato products), McCain Foods Ltd. (French fries and potato products), J.M. Schneider Inc. (pork, processed meat), Maple Leaf Meats (pork, processed meat) and Pillsbury Canada Ltd. (frozen foods), among others.

In five years, Manitoba has increased agri-food exports by 61 per cent to \$2.7 billion in 1998. Major export products include fresh and frozen pork, potato products, vegetable oil and oilcake derived canola, malt, oat bran, egg and poultry products, and honey. Over 80 per cent of the povince's hog and pork production is exported.

The United States is, by far, Manitoba's largest export destination. Japan is a distant second, though it is still far ahead of newer export markets such as Mexico, Western Europe, India, Cuba and Hong Kong.

The impressive rise in exports from 1994 to 1998 is expected to be outstripped in coming years as major capital investments in agrifood plants result in increased agrifood processing. These recent investments, totalling over \$250 million, include:

- McCain Foods has completed an \$82 million expansion of its existing potato-processing plant.
- Midwest Food Products has an \$18.6 million plant expansion.
- J.M. Schneider Inc. has built a \$40 million advanced hog processing plant in Winnipeg.
- Maple Leaf Meats' new \$112





million hog slaughter plant in Brandon was completed in 1999.

Such investment, together with the impact of free trade agreements with the United States, Mexico, Chile and Israel, promises to further enhance Manitoba's competitive position in global food markets.



MANITOBA The right place for business

A growing number of globally based companies are discovering, firsthand, the benefits of investing, expanding or relocating in Manitoba.

Sitting in the centre of North America, Manitoba offers three key advantages over other locations: convenient and virtually tariff-free access to the United States and Mexico, a dynamic, balanced, economy and a friendly environment for businesses of all sizes.

"For inbound raw materials and outbound finished goods, Manitoba's central position provides cost and service-effective transportation throughout North America," says Rick Rees, Vice-president and Director of Marketing for Bee Maid Honey.

Bee Maid Honey is Canada's largest marketer of consumer packaged honey. Rees says his company can depend on the quality of Manitoba's honey producers to maintain Bee Maid's status in world markets.

"Along with a conscientious work force and access to high quality local agricultural products, our reputation as a dependable supplier of consistent, high quality Canadian products is respected worldwide, "says Rees.

Manitoba's Minister of Industry, Trade and Mines believes this dependability comes naturally to the province's work force.

"The dedication of Manitobans and their community spirit are what make this province a modern, prosperous and dynamic society," says MaryAnn Mihychuk. "It is a great place to work, to live and to invest."

Manitoba is the transportation hub of a vast network of international air, rail and trucking routes and is strategically located at the northern end of the mid-continent trade corridor that links Canada, the U.S. and Mexico to the world.

"The Central time zone makes doing business in five North American time zones much easier," says Larry McIntosh, President and CEO of Peak of the Market. "We ship Manitoba grown vegetables throughout Canada, the U.S., Mexico, Asia, Europe and the Caribbean. The truck and rail transportation systems are very efficient. They can get products almost anywhere, including an ocean port, in a few days."

But Manitoba is much more than an entry point to other markets. The province has a diverse and mature business community that spans resource-extraction, manufacturing and high technology. It also has a very stable workforce.

"Our average length of employment, even taking into account our recent rapid expansion, is over 15 years. The solid work ethic and the commitment to quality are second to none," says McIntosh.

One of Manitoba's key commercial advantages is abundant, reliable

and competitively priced hydroelectric power. In addition, the province's infrastructure offers a wide range of global marketing and distribution services.

As we enter a new millennium, it should also be noted that Manitoba has some of the most advanced telecommunication technology on the continent. Add to this technological advantage some of the lowest rates for these services and you have an unbeatable match.

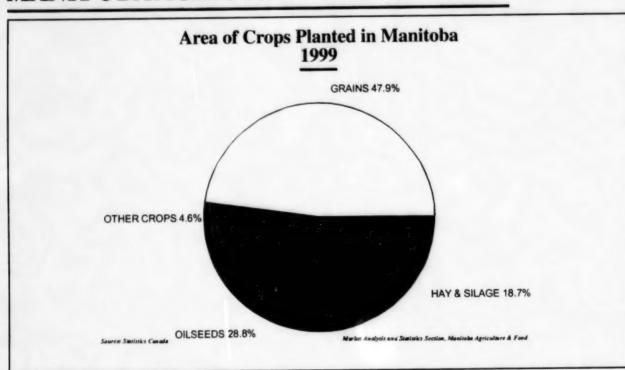
Manitoba also has an unbeatable combination of urban attractions and rural/outdoor lifestyle options. Our rich diversity of cultures has blessed the province with a multitude of communities, each lending its own special talents to the arts and recreation. There are also professional sports teams and world-renowned cultural assets like the Royal Winnipeg Ballet. As a bonus, housing selection and prices make corporate relocation of families relatively easy.

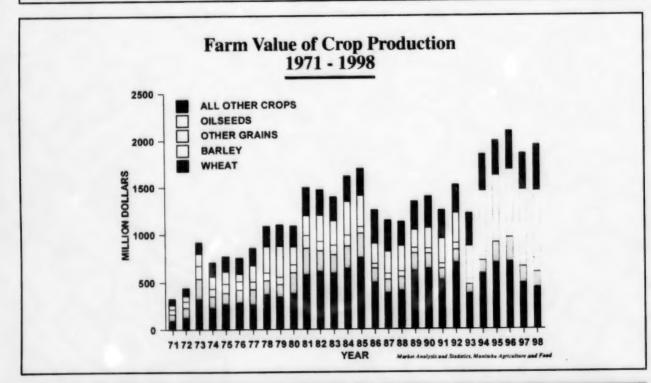
"The cost of living versus larger centres offers a competitive advantage in attracting quality people. The unbeatable lifestyle is very community-oriented and makes keeping people a lot easier," says McIntosh.

All in all, Manitoba is the place that has more of everything for companies and investors looking to be at the centre of economic opportunity and prosperity.

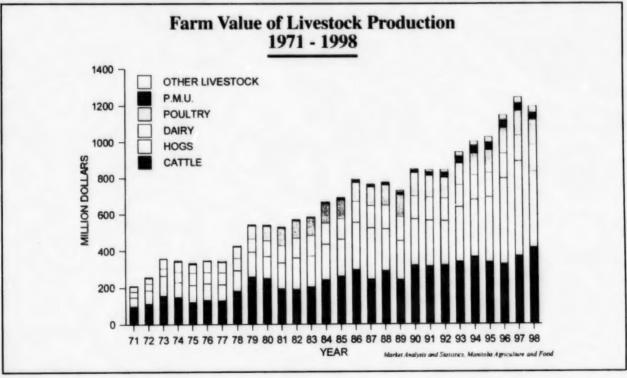


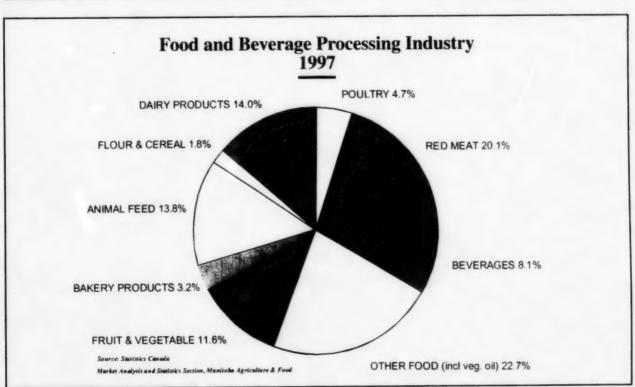
MANITOBA AGRICUL TURE STATISTICS



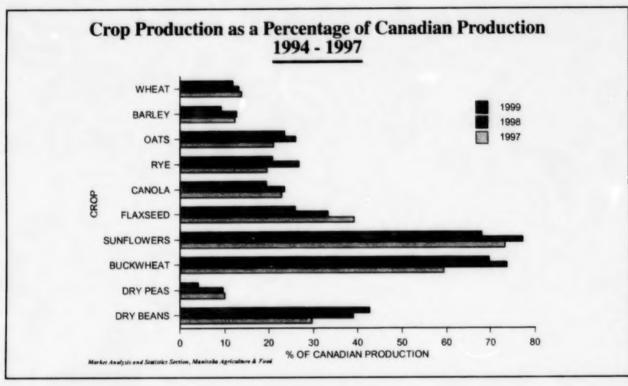


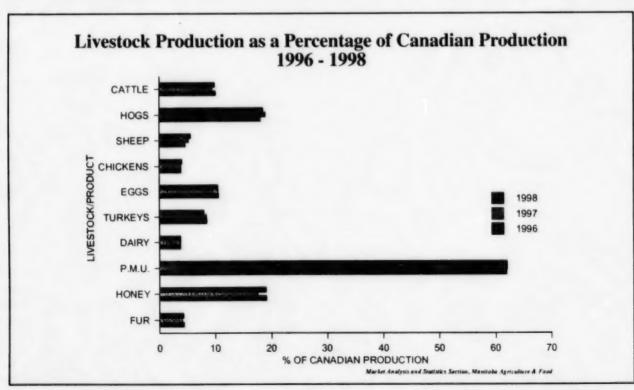




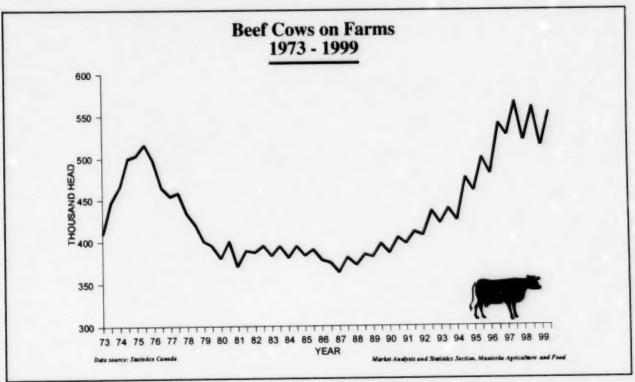


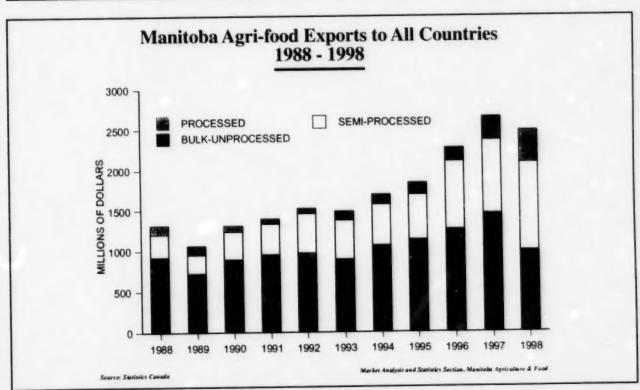




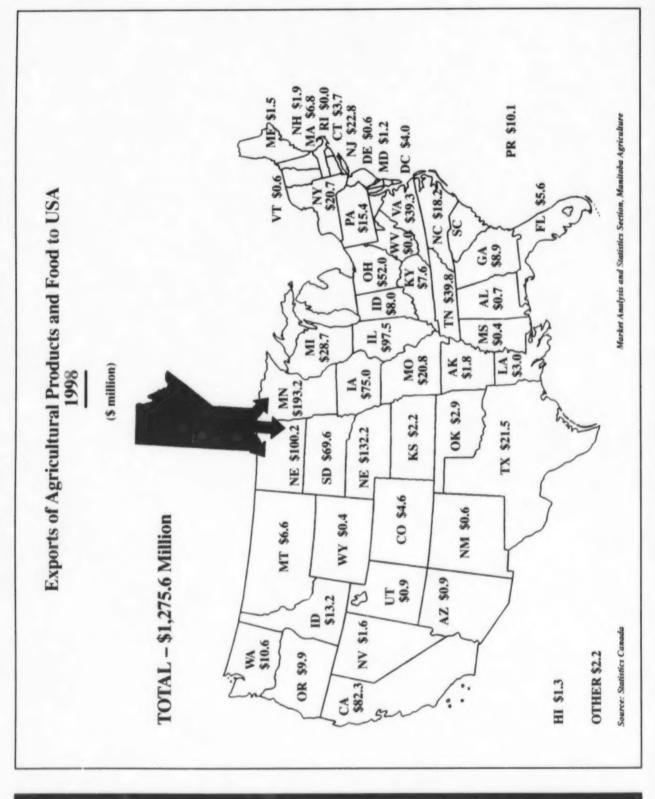






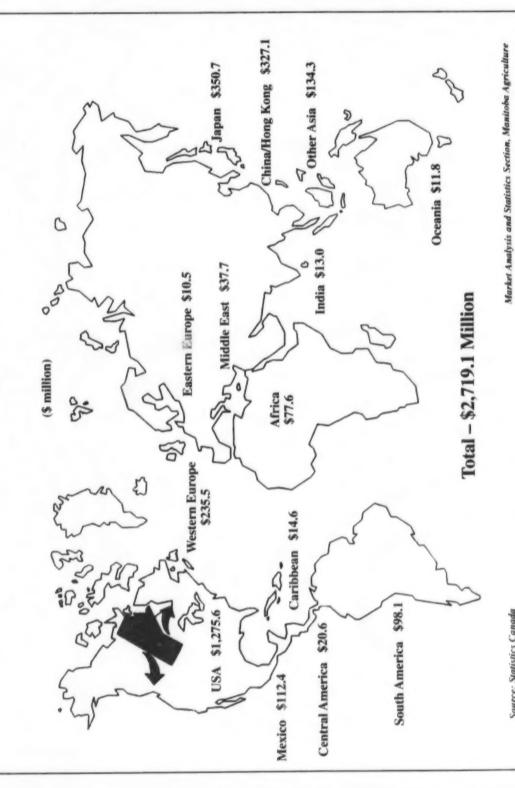








Exports of Agricultural Products and Food 1998



Source: Statistics Canada



MANITOBA

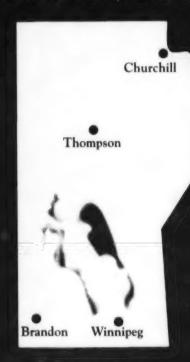
POPULATION 1.1 million

Area 638,466 km²/ 246,512 sq. miles

CAPITAL CITY Winnipeg: population 680,000

OTHER MAJOR CITIES Brandon, Portage la Prairie, Thompson

CULTURAL GROUPS Canada's most culturally diverse province (over 100 languages spoken)



LAND SUITABLE
FOR AGRICULTURAL
PRODUCTION
5 million hectares

NUMBER OF FARMS nearly 30,000 grain livestock and mixed farms

AGRICULTURE generates over \$4 billion in annual economic activity

Manitoba agriculture & food products exported to more than 100 countries

EMPLOYMENT 1 in 9 jobs in Manitoba depends on agriculture



Clean air, pure water and wide open spaces – the perfect setting for Manitoba's diverse and dynamic agriculture and food industry. Located in the heart of Canada, Manitoba produces thousands of high quality food products for satisfied customers all over the world.

DISCOVER A WORLD OF OPPORTUNITY IN MANITOBA'S AGRI FOOD INDUSTRY. FIND OUT HOW TO MAKE YOUR IDEAS GROW AND PROSPER. PLEASE CONTACT US:

